

Barbora Hoskova

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EDUCATION

- Ph.D.** **Boston College**, Chestnut Hill, MA
Expected: 2025
Counseling Psychology, APA-Accredited Program
- Interim M.A.** **Boston College**, Chestnut Hill, MA
Expected: 2021
Counseling Theories
- Graduate Course** **Harvard Extension School**, Cambridge, MA
2018
Course Title: Psychology of Trauma and PTSD
- B.A.** **Tufts University**, Medford, MA
2016
Anthropology and Psychology Double Major; *magna cum laude*
Studied abroad in France (Summer 2013, Spring 2015) and Senegal (Fall 2014)

RESEARCH EXPERIENCE

- Graduate Research Assistant** **Lai Lab**, Boston College, Chestnut Hill, MA
2019 – present
Supervisor: Betty Lai, Ph.D.
- Research the effects of large scale disasters (e.g., COVID-19, hurricanes, wildfires) on children's, adolescents', and young adults' mental health symptoms, physical health symptoms, and school/social functioning
 - Lead data collection for a longitudinal mixed-methods study assessing the psychological impacts of the COVID-19 crisis on undergraduate college students, faculty, and academic advisors
 - Collaborate with a research team of doctoral, masters, and undergraduate students
 - Mentor masters and undergraduate students regarding lab procedures, research projects, and professional development
 - Complete data cleaning and analyses in SPSS, conduct literature reviews, and prepare abstracts, posters, and manuscripts for submission
- Clinical Research Coordinator** **Pediatric Psychopharmacology and Adult ADHD**, Massachusetts General Hospital, Boston, MA
2017 – 2019
Supervisors: Gagan Joshi, M.D. and T. Atilla Ceranoglu, M.D.
- Coordinated several research studies concerning the efficacy of medical treatments for children and adults with high-functioning Autism Spectrum Disorder
 - Prepared and submitted IRB materials for active and inactive studies, completed study-specific phone screens to determine eligibility and triage potential participants, and coordinated and performed study visits (incl. obtaining informed consent for minimal risk protocols, venipuncture, blood processing, vital signs, 12-lead ECGs, and urine drug and pregnancy screens)
 - Assisted with data preparation and analysis, literature searches, writing, and editing for manuscripts, presentations, and posters
 - Supervised and assisted interns and junior research coordinators

**Independent Honors
Thesis Research**
2015 – 2016

Department of Anthropology, Tufts University, Medford, MA

Advisors: Amahl Bishara, Ph.D. and Sarah Pinto, Ph.D.

Thesis Title: The Road to Freedom: An Exploration of Alternative Healing and Spirituality in the Context of the Post-Socialist Transition in the Czech Republic

- Conceptualized, prepared, and submitted research proposal and materials to the Tufts University IRB
- Employed qualitative research methods (participant-observation and recorded semi-structured interviews) to collect data from interested participants in the Czech Republic
- Provided peer reviews of written work and discussed thesis projects as part of a monthly thesis-exchange group
- Wrote a 72-page thesis paper and presented its conclusions during an open thesis defense

**Independent Study
Project**
2014

School for International Training, Dakar, Senegal

Advisor: Stephanie Cryer, LICSW

Research Report Title: Disability at Association Colombin: Conceptualization, Perceptions and Reintegration

- Conceptualized, prepared, and submitted research proposal and materials written in French to the Université Cheikh Anta Diop de Dakar IRB
- Employed qualitative research methods (participant-observation and recorded semi-structured interviews) to collect data from interested participants in Dakar, Senegal
- Conducted a preliminary literature review in preparation for writing a study report
- Wrote a 44-page study report and presented its findings during an informal student symposium

PEER-REVIEWED PUBLICATIONS

1. Joshi, G., Wilens, T., Firmin, E.S., **Hoskova, B.**, Biederman, J. (in press). Pharmacotherapy of attention deficit/hyperactivity disorder in individuals with autism spectrum disorder: A systematic review of the literature. *Journal of Psychopharmacology*.
2. Joshi, G., DiSalvo, M., Wozniak, J., Ceranoglu, T.A., Yule A., Surman, C., Fried, R., Galdo, M., **Hoskova, B.**, Belser, A., Biederman, J. (2019). A prospective open-label trial of long-acting liquid methylphenidate for the treatment of attention deficit/hyperactivity disorder in intellectually capable adults with autism spectrum disorder. *World Journal of Biological Psychiatry*, 1-42.
3. Joshi, G., Fitzgerald, M., Faraone, S.V., Wozniak, J., Fried, R., Galdo, M., Belser, A., **Hoskova, B.**, Dallenbach, N.T., De Leon, M.F., Biederman, J. (2019). Predictive utility of autistic traits in youth with ADHD: A controlled 10-year longitudinal follow-up study. *European Child & Adolescent Psychiatry*, 1-11.
4. Ceranoglu, T.A., Wozniak, J., Fried, R., Galdo, M., **Hoskova, B.**, Fong D.M., Biederman, J., Joshi, G. (2019). A retrospective chart review of buspirone for the treatment of anxiety in psychiatrically referred youth with high functioning autism spectrum disorder. *Journal of child and adolescent psychopharmacology*, 29(1), 28-33.

PUBLICATIONS UNDER REVIEW

1. Lai, B.S., **Hoskova, B.**, Riobueno-Naylor, A., Colgan, C.A., Aubé, S.S., Liang, B. (Under review). College students and COVID-19: Mental health and purpose formation.

2. Ceranoglu, T.A., Cassano, P., **Hoskova, B.**, Green, A., Dallenbach, N., DiSalvo, M., Biederman, J., & Joshi, G. (Under review). Efficacy of transcranial photobiomodulation in adults with high-functioning autism spectrum disorder: A prospective, open-label study of a novel approach.

OTHER PUBLICATIONS

1. Killenberg, P., **Hoskova, B.**, Lai, B.S. (2020). Evaluating a Coordinated Perinatal Mental Health Care Model: Intersectional-Feminist Insights for Clinical Practice. *Academy on Violence and Abuse Research Review*.
2. **Hoskova, B.**, Colgan, C. A., & Lai, B.S. (2020). How to become an informed research consumer: Evaluating journal impact factors and their alternatives. *Psi Chi Journal*, 25(4).
3. **Hoskova, B.**, Medzhitova, J., Colgan, C., Liang, B., & Lai, B.S. (2020) "Time 1 Interview Protocol on Colleges and COVID-19", in *Colleges and the COVID-19 Crisis*. DesignSafe-CI. <https://doi.org/10.17603/ds2-erzs-j690>.
4. **Hoskova, B.**, Colgan, C.A., Kang, A., Konowitz, L., Liang, B., & Lai B.S. (2020). *Colleges and the COVID-19 Crisis: Faculty and Academic Advisors*. https://sites.google.com/bc.edu/lailab/colleges-and-the-covid-19-crisis/preliminary-results_1?authuser=0
5. Colgan, C.A., **Hoskova, B.**, Aube, S., Kiernan, S., Liang, B., & Lai, B.S. (2020). *Colleges and the COVID-19 Crisis: Students*. https://sites.google.com/bc.edu/lailab/colleges-and-the-covid-19-crisis/preliminary-results_1?authuser=0.
6. Lai, B.S., Cooper, C., Guastaferrero, K., **Hoskova, B.**, Colgan, C., Krishna, R., Rohrbeck, C., & Gillis, R. (2020) Mental health research agenda-setting paper. CONVERGE COVID-19 Working Groups for Public Health and Social Sciences Research. https://converge.colorado.edu/v1/uploads/images/mentalhealth_covid_19crisis-1595363541463.pdf.

PRESENTATIONS

1. Lai, B. S., **Hoskova, B.**, Riobueno-Naylor, A., Colgan, C., Aubé, S., & Liang, B. (2021, August). COVID-19 Among Emerging Adults: Impact on Mental Health Symptoms and Purpose. In La Greca, A. M. (Chair), *Impact of COVID-19 Stressors on Youth and Family Mental Health and Implications for Intervention* [Symposium]. American Psychological Association 2021 Convention.
2. Aubé, S. S., Riobueno-Naylor, A., **Hoskova, B.**, Kang, A., Liang, B., & Lai, B. (2021, August). *COVID-19 Stressors Facing U.S. Minoritized College Students* [Poster presentation]. American Psychological Association 2021 Convention.
3. Aubé, S., Kiernan, S., DeLoreto, K., **Hoskova, B.**, Riobueno-Naylor, A., Colgan, C.A., Liang, B., & Lai, B.S. (2020, October). *College Students and COVID-19: Mental Health & Common Stressors* [Poster presentation]. Boston College Advancing Research and Scholarship Day: Responding to COVID-19, online, Chestnut Hill, MA.
4. **Hoskova, B.**, Colgan, C.A., Riobueno-Naylor, A., La Greca, A.M., Kelley, M.L., Lai, B.S. (2020, November 4-14). *Lessons from Hurricane Katrina: How post-disaster parent coping styles affect child coping styles and post-traumatic stress symptoms* [poster session]. International Society for Traumatic Stress Studies 36th Annual Meeting, online, United States.

5. Lai, B.S., La Greca, A.M., Cooper, D., Guastaferrro, K., **Hoskova, B.**, & Kelley, M.L. (2020, November). *Validating the Hurricane Related Traumatic Experiences Measure: Understanding disaster exposure among children* [conference presentation]. International Society for Traumatic Stress Studies 36th Annual Meeting, online, United States.
6. Aubé, S., Kiernan, S., DeLoreto, K., **Hoskova, B.**, Riobueno-Naylor, A., Colgan, C.A., Liang, B., & Lai, B.S. (2020, October). *College Students and COVID-19: Mental Health & Common Stressors* [poster]. Boston College Advancing Research and Scholarship Day: Responding to COVID-19, online, Chestnut Hill, MA.
7. **Hoskova, B.**, Colgan, C.A., Medzhitova, J., Liang, B., Lai, B.S. (2020, July 15-16). *Learning a lesson: The psychological impact of COVID-19 on college students* [conference presentation]. 2020 Researchers Meeting, online, United States.
8. **Hoskova, B.**, Colgan, C.A., Medzhitova, J., Killenberg, P., Riobueno-Naylor, A., Esnard, A.M., Lai, B.S. (2020, July 12-13). *Supporting schools in the disaster context: How policies shape recovery resources* [Poster session]. 45th Annual Natural Hazards Research and Applications Workshop, online, United States.
9. Ceranoglu, T.A., **Hoskova, B.**, Cassano, P., DiSalvo, M., Ok, H., Biederman, J., Joshi, G. (2019, October). *Efficacy of Transcranial Near-Infrared Light Treatment in Autism Spectrum Disorder: Update on Open-Label Proof of Concept Study of a Novel Approach* [poster]. The 66th Annual Meeting of the American Academy of Child & Adolescent Psychiatry (AACAP), Chicago, IL.
10. Joshi, G., **Hoskova, B.**, DiSalvo, M., Ceranoglu, A.T., Wozniak, J., Yule, A., Fried, R., Galdo, M., Dallenbach, N., Biederman, J. (2019, January). *A Prospective Open-Label Trial of Methylphenidate Extended-Release Liquid Formulation for the Treatment of ADHD in Adults with High-Functioning Autism Spectrum Disorder* [poster]. The 2019 Annual Meeting of the American Professional Society of ADHD and Related Disorders (APSARD), Washington, D.C.
11. Joshi, G., Dallenbach, N., DiSalvo, M., Faraone, S.V., Wozniak, J., Fried, R., Galdo, M., **Hoskova, B.**, Biederman, J. (2019, January). *Predictive Utility of Autistic Traits in Youth with ADHD: A Controlled 10-year Longitudinal Follow-Up Study* [poster]. The 2019 Annual Meeting of the American Professional Society of ADHD and Related Disorders (APSARD), Washington, D.C.
12. Ceranoglu, T.A., Wozniak, J., Fried, R.S., Galdo, M., **Hoskova, B.**, Dallenbach, N., Fong M.D., Biederman, J., Joshi, G. (2018, October). *Bupirone for the Treatment of Anxiety in Psychiatrically Referred Youth With ASD: A Retrospective Chart Review* [poster]. The 65th Annual Meeting of the American Academy of Child & Adolescent Psychiatry (AACAP), Seattle, WA.
13. Ceranoglu, T.A., **Hoskova, B.**, Cassano, P., Biederman, J., Joshi, G. (2018, October). *Efficacy of Transcranial Near-Infrared Light Treatment in ASD: Interim Analysis of an Open-Label Proof of Concept Study of a Novel Approach* [poster]. The 65th Annual Meeting of the American Academy of Child & Adolescent Psychiatry (AACAP), Seattle, WA & the 16th Annual Clinical Research Day at the Massachusetts General Hospital, Boston, MA.
14. Joshi, G., Gonenc, A., Belser, A.H., **Hoskova, B.**, Fong M.D., McDougle, C., Biederman, J. (2018, March). *MR Spectroscopic Glutamate Activity in High-Functioning Autism Spectrum Disorder Adolescents with and without Emotional Dysregulation* [poster]. The 26th European Congress of Psychiatry, Nice, France.

15. Joshi, G., **Hoskova, B.**, Fitzgerald, M., Ceranoglu, T.A., Yule A., Surman, C., Fried, R.S., Galdo, M., Belser, A.H., Tornberg, H., Biederman, J. (2017, October). *A Prospective Open-Label Trial of Extended-Release Liquid Methylphenidate for the Treatment of Attention Deficit/Hyperactivity Disorder (ADHD) in Adults With High-Functioning Autism Spectrum Disorder: An Interim Analysis* [poster]. The 64th Annual Meeting of the American Academy of Child & Adolescent Psychiatry (AACAP), Washington, D. C. & the 15th Annual Clinical Research Day at the Massachusetts General Hospital, Boston, MA.
16. Joshi, G., Belser, A.H., Fitzgerald, M., Fried, R.S., Galdo, M., **Hoskova, B.**, Tornberg, H., Biederman, J. (2017, October). *Correspondence of the Massachusetts General Hospital Autism Spectrum Disorder Symptom Checklist With the Autism Diagnostic Observation Schedule* [poster]. The 64th Annual Meeting of the American Academy of Child & Adolescent Psychiatry (AACAP), Washington, D. C. & the 15th Annual Clinical Research Day at the Massachusetts General Hospital, Boston, MA.
17. **Hoskova, B.** (2016, April). *Bottom of a Barrel: Pathways to Alternative Medicine and Spirituality* [paper presentation]. Spring Student Anthropology Symposium at Tufts University, Medford, MA.

CLINICAL EXPERIENCE

Psychology Practicum **Chelmsford Public Schools, Chelmsford, MA**

Trainee

2020 – present

Supervisor: Susan O'Brien, Ph.D.

- Provide school-based psychotherapy to middle school students (grades 5-8, ages 10-14) with a variety of presenting issues (incl. anxiety, depression, self-harm, suicidal ideation)
- Consult and collaborate with parents, teachers, and other providers to support student mental health and wellbeing
- Administer and appropriately score psychoeducational assessments (incl. WISC-V, CDI-2, RCMAS-2) for special education evaluations
- Prepare summary reports of assessment results for school records and review these reports with the practicum supervisor
- Participate in weekly supervision (individual & group) and didactic meetings

Direct Service Volunteer **Boston Area Rape Crisis Center, Boston, MA**

2017-present

Hotline Peer Supervisor

2020 – present

Supervisors: Lyor Dotan and Jesse Moskowitz

- Perform the work of a hotline counselor (see below) for overflow calls, directly connected calls, and more challenging frequent callers
- Debrief challenging calls (incl. mandated reporting, suicidal ideation, inappropriate callers) with and provide guidance to hotline counselors as needed
- Help facilitate supervision and didactic meetings focused on sexual violence, crisis counseling, and social and cultural awareness

Hotline Counselor

2019 – 2020

Supervisors: Lyor Dotan and Jesse Moskowitz

- Provided confidential counseling regarding sexual assault and its aftermath to survivors of sexual assault, family members, providers, and other community members

- Connected callers to further services (e.g. therapy, legal advocacy, case management) and debriefed calls with peer supervisors as needed
- Participated in a 15-hour hotline-specific training and bi-weekly supervision and didactic meetings focused on sexual violence, crisis counseling, and social and cultural awareness

Medical Advocate (Boston Area Rape Crisis Center – continued)

2017 – 2019 Supervisors: Sandra Gold and Amanda Drapcho

- Counseled (incl. psychoeducation and crisis management) and advocated for sexual assault survivors during post-assault care (incl. evidence collection process) within multiple emergency departments in the Greater Boston area
- Coordinated access to multiple services, including social work, substance use recovery programs, shelter services, and interpreter services, in order to facilitate post-evidence-collection wellness
- Participated in a 40-hour initial training and bi-weekly supervision and didactic meetings focused on sexual violence, crisis counseling, and social and cultural awareness
- Mentored new volunteers for the duration of and immediately after a shadowing experience

Psychometrician

2017 – 2019

Pediatric Psychopharmacology and Adult ADHD, Massachusetts General Hospital, Boston, MA

Supervisor: Ronna Fried, Ed.D.

- Administered, and appropriately scored, select subtests of neuropsychological assessments (incl. WASI-II, WAIS-IV/WISC-V, D-KEFS) to adult and child patients and research participants with various psychiatric disorders and intelligence levels
- Prepared neuropsychological summary reports of assessment results for clinician and patient records and reviewed these reports with the department neuropsychologist
- Verified the coding and entry of cognitive assessments completed by other trained psychometricians

Assistant Counselor

2017 – 2018

Pediatric Psychopharmacology and Adult ADHD, Massachusetts General Hospital, Boston, MA

Supervisor: Thomas Spencer, M.D.

- Assisted with data collection for a classroom simulation study involving children with severe ADHD
- Engaged children in various activities during breaks between class simulations
- Helped calm down children who became too agitated or who became destructive in their activities

Peer Hotline Counselor

2013 – 2016

Ears for Peers, Tufts University, Medford, MA

- Provided peer confidential counseling to Tufts students regarding a variety of topics (incl. coping with college transition, depression, anxiety, questioning of sexual orientation, aftermath of sexual assault, suicidal ideation)
- Participated in monthly volunteer meetings as well as in continuous training by mental health professionals

Teacher's Assistant

2011 – 2012

FRÖBEL-Integrationskindergarten Familiengarten, EU Voluntary Service, Leipzig, Germany

- Worked in an integrative daycare for typically-developing children and children with various developmental disorders (ages 15 months-7 years)
- Provided one-on-one assistance to children with developmental disorders and assisted in the supervision of all children during various structured and unstructured activities
- Conceptualized and executed an educational session for children aged 4+, teaching European geography and Czech customs through interactive and experiential play

- Participated in two training seminars on volunteer work and integration in another culture

TEACHING EXPERIENCE

Teaching Assistant for Intermediate German II **Dept. of German, Russian, and Asian Languages and Literatures, Tufts University, Medford, MA**
2016

- Conceptualized interactive learning tasks and engaged students in German discussions and conversations centered around new concepts and content learned in the course

German Tutor **Academic Resource Center, Tufts University, Medford, MA**
2015 – 2016

- Planned activities for and organized a weekly language conversation group open to all students
- Provided one-on-one assistance to aid students in their comprehension of new grammatical concepts

OTHER WORK EXPERIENCE

Traveler Support Associate **Grand Circle Corporation, Boston, MA**
2017

Program Assistant **English Language and International Programs, Tufts University, Medford, MA**
2016

Summer Intern **Blue Events, s. r. o., Prague, Czech Republic**
2015

Summer Trainee **Hudson Global Resources, s. r. o., Prague, Czech Republic**
2014

Resident Assistant **Office of Residential Life and Learning, Tufts University, Medford, MA**
2013 – 2014

LEADERSHIP EXPERIENCE

Program Representative at Boston College **Student Affiliates of Seventeen, Society of Counseling Psychology, APA**
2019 – 2020

Vice-President **Tufts German Club, Tufts University, Medford, MA**
2015 – 2016

Founder and Leader **La table française/French Table, Tufts University, Medford, MA**
2014

President **Buddhist Sangha at Tufts, Tufts University, Medford, MA**
2013 – 2014

FUNDING, HONORS, AND AWARDS

2020 **Conference Grant, Graduate Education Association, Boston College**

2020 **Conference Funding, Graduate School of Arts & Sciences, Boston College**

2016 **High Thesis Honors, Department of Anthropology, Tufts University**

2012-2016 **Dean's List, Tufts University**

2013 **Seymour Simches Scholarship Award, Tufts European Center, Tufts University**

PROFESSIONAL AFFILIATIONS

2019 – present	American Psychological Association
2019 – present	Society of Counseling Psychology – APA Division 17
2019 – present	Society for Couple and Family Psychology – APA Division 43
2019 – present	Trauma Psychology – APA Division 56
2019 – present	International Psychology – APA Division 52

SKILLS AND CERTIFICATIONS

Language Skills:

- Fluent: Czech (native), English
- Conversational: German, French
- Beginner: Wolof
- Able to communicate with Slovak-speakers

Certifications: CITI (latest: August 2019), IATA Shipping, Good Clinical Practice

Computer Skills: SPSS Statistics Software, REDCap Software, 4th Dimension Client Database (4D), StudyTRAX Electronic Data Capture System, RAVE Electronic Data Capture System, EndNote, Mendeley