

# CHRISTINE DA ROSA

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MHP | LICSW | CMHS

## EDUCATION

**Portland State University**, Portland, OR **September 2020-Present**  
Ph.D. in Social Work  
**University of Maine** (GPA: 4.0), Orono, ME **May 2017**  
Masters in Social Work; Phi Kappa Phi Honor Society  
2017 Outstanding MSW Student Award; Outstanding Academic Achievement Award  
**Winthrop University** (GPA: 3.7), Rock Hill, SC **December 2012**  
Bachelor of Arts & Science; Cum Laude  
*Major:* Sociology with an Anthropology concentration

## ACADEMIC RESEARCH

**Acknowledge, elevate, and reclaim: A thematic review of critical and decolonial perspectives on contemporary disaster resilience**

Published in *Administrative Theory and Praxis*, published in 2023

**What Motivates the Vote?: Discrimination as a Moderator on Political Interest on Voting**

<https://doi.org/10.1007/s42972-022-00069-y>

Published in *Journal of Policy Practice and Research* in 2022

**BOOK REVIEW: Rooted Resistance: Agrarian Myth in Modern America, by Ross Singer**

<https://doi.org/10.1111/ruso.12422>

Published in *Rural Sociology* in 2021

**Volunteering in the Age of the “Silver Tsunami”: Examining Volunteering Characteristics Among Older Adult Volunteer-based Programs**

Graduate exploratory research project examining volunteer characteristics of two older adult-based programs to prepare programs for the Baby Boomer generation.

Presented at the University of Maine’s Graduate Research Symposium (Bangor, Maine).

Published in the *Spring-Summer 2017 edition of the UMaine Center on Aging Silverwire*

**Down the Rabbit Hole: Teachers of the Children’s Attention Home Charter School**

Undergraduate ethnography studying stress and teaching methods at a children’s emergency shelter.

Presented at the South Carolina Anthropology Student Conference (Clemson, SC) and Big Student Undergraduate Research Symposium (Rock Hill, SC) April 2011

## LICENSURE

Licensed Independent Clinical Social Worker (Licensed as of July 2017 in WA)

Mental Health Professional (Licensed as of September 2017 in WA)

Children Mental Health Specialist (Licensed as of February 2018 in WA)

## **CONTRACT WORK**

### **Oregon State University, Center for Advancing DEI in Business**

**January 2022-Present**

- Collaborating with OSU to conduct DEI assessments using qualitative and quantitative methodology
- Submitting detailed reports of findings to OSU

### **Regional Disaster Preparedness Organization, CELL Project**

**January-October 2022**

- Facilitated seven BIPOC-only focus groups related to preliminary survey findings around disaster preparedness
- Consulted CELL project on finalizing survey

## **WORK EXPERIENCE**

### **Portland State University, Trauma-Informed Oregon**

**September 2021- Present**

*Professor of Practice*

- Lead representative and evaluator for the Disaster Resilience Learning Collaborative
- Partners or leads in evaluation efforts on various research projects
- Develops mixed-methods research designs and obtains data via interviews, focus groups, and surveys
- Utilizes Qualtrics, Excel, and Stata to analyze and present data
- Partners with other research partners to develop publishable journal articles

### **Portland State University, Trauma-Informed Oregon**

**January 2021- September 2021**

*Graduate Research Assistant*

- Partners or leads in evaluation efforts on various research projects
- Develops mixed-methods research designs and obtains data via interviews, focus groups, and surveys
- Utilizes Qualtrics, Excel, and Stata to analyze and present data
- Partners with other research partners to develop publishable journal articles

### **New Narrative, Intake Department**

**September 2020-September 2021**

*Intake Coordinator*

- Provides thorough clinical interviews and assessments using both DSM-5 to determine diagnosis, medical necessity, and service level recommendation.
- Provides audits and recommendations of treatment for active clients
- Responds to community inquiries regarding mental health services and referrals

### **Kitsap Mental Health Services, Access Department**

**September 2017- September 2020**

Mental health clinic, 5455 Almira Dr NE, Bremerton, WA 98311

*Access Supervisor*

*March 2020-Present*

- Hires, trains, and manages staff on the Access team
- Provides supervision for staff of about 12+ with assistance from the Access Program Manager
- Oversees quality of client care of Access staff
- Assists Access Program Manager with developing or refining necessary Access procedures -Collaborates with other internal departments for continuity of care

*Lead Access Clinician*

*August 2018-Present*

- Performed all intake clinician duties
- Able to take over other positions on the Access team including intake clinician, screener, hospital liaison,

CLIP Coordinator, and Access supervisor duties as needed

- Collaborated with multidisciplinary teams, agencies, and other departments for continuity of care -
- Reformulated the training model for onboarding staff using competency-based approach

*Interim Access Supervisor*

*February 2019-May 2019*

- Provide coverage and administrative supervision
- Manage and screens potential outreaches/intakes for the Access team
- Represent Access's role in administrative meetings and coordinates with other teams for cases -Continue to provide coverage for hospital liaisons and intake clinicians

*Intake Clinician*

*September 2017-August 2018*

- Provides thorough clinical interviews and assessments using both DSM-5 to determine diagnosis, medical necessity, and service level recommendation.
- Assists in facilitating a smooth transition into KMHS services or to help ensure a positive KMHS experience for those referred to other providers
- Triage client requests for service for clients who walk-in to the agency. Provide crisis intervention and immediate referral to crisis services for emergent cases, and information and referral sources to those who do not meet entrance criteria.

**Acadia Hospital, Day Treatment Program**

**August 2016-September 2017**

Psychiatric hospital, 268 Stillwater Ave, Bangor, ME 04401

*Summer Treatment Program Psych Tech*

*May 2017-September 2017*

- Directed weekly cognitive behavioral therapy group therapy sessions for patients ages 5-13
- Developed and implemented engaging strengths-based therapeutic activities for children such as identity collages and other self-exploratory activities
- Verbally and physically deescalated aggressive or disruptive behaviors in group therapy sessions for patients ages 5-13 through M.O.A.B (Management of Aggressive Behavior) training
- Organized, wrote, and updated daily notes on patients' behavior and progress towards meeting goals
- Worked individually with patients based on their treatment plan during school hours and in group through practicing coping skills, assisting them in the group, and positive reinforcement

*Clinical MSW Intern, field practicum*

*August 2016-May 2017*

- Directed Second Step cognitive behavioral therapy group therapy sessions for patients ages 5-15
- Conducted biopsychosocial assessments and intakes
- Led and participated in individual therapy sessions and family meetings with patients ages 10-16 -
- Conducted direct clinical interventions with patients and families including teaching and implementing coping skills at home, building communication skills, and creating structure
- Documented progress notes, wrote treatment plans and other assessment documentation with professional, person-first language
- Created progress tracking documents and a 10 weeks long curriculum for the summer program

**Buchanan Alumni House**

**December 2015-May 2017**

*Administrative Aide*

- Created and maintained active files and database records
- Researched and compiled information for administrative staff

**UMO's Sociology Department**

**August 2015-May 2017**

*Instructor's Aide IV*

- Assisted Sociology instructor for Sociology 101 as needed
- Graded papers and class journals

**Wabanaki Health and Wellness**

**August 2015-April 2016**

Care coordination for Wabanaki population, 157 Park St, Bangor, ME 04401 *Case Manager Intern*

- Engaged with youth through art journaling and other art-based activities
- Assisted clients and families with necessary applications for services such as MaineCare, SSI, Lynx, food pantries, and housing facilities
- Documented progress notes, wrote treatment plans and other assessment documentation
- Attended various conferences and workshops related to case management
- Participated in therapy sessions with clients ages 4-17
- Wrote individualized treatment plans and other assessment documentation with professional, personfirst language

**LCI Kids Club**

**April 2013- May 2015**

ESL Academy, 1022-1 Juwol Namgu Gwangju, South Korea

*ESL English Teacher*

- Instructed English vocabulary, basic grammar, elementary science and math to classrooms with 12-16 students ages 3-14.
- Created and implemented daily lesson plans focusing on English, social skills, and self-expression
- Weekly evaluated each students' progress in English and social skills in staff meetings
- Coordinated with parents monthly to foster a love for learning and to meet students' goals -Developed and facilitated two plays which included dancing, singing, and scriptwriting for kindergarteners

**COMMUNITY INVOLVEMENT**

**Kitsap Humane Society**

**January 2020- March 2021**

Animal shelter, 9167 Dickey Rd NW, Silverdale, WA 98383

*Vet Services Volunteer*

- Assisted vet staff as needed including feeding pets in feline cattery probiotics, stocking shelves with supplies, etc.

**Bangor Humane Society**

**April 2016- August 2017**

Animal shelter, 693 Mt Hope Ave, Bangor, ME 04401

*Cats on Laps and Kids Give Back Volunteer*

- Assisted coordinator of the programs with creating art-based activities for children and selecting appropriate animals to engage with older adults
- Educated children and older adults about pet care, the humane society, and spay/neuter programs
- Addressed social isolation with older adults in living-assisted facilities
- Assisted in organizing a fundraising clothing swap event for the Bangor Humane Society including creating advertising posters and raised approximately \$1000.

**Workaway JAPAN, MALYASIA**

**Summer 2015**

*Volunteer*

- Various activities on the farm such as weeding, hoeing, and planting
- Was expected to be prepared for work at 5 am

- Operated various equipment such as the tractor, lift, etc
- Various activities in the orchard such as packaging, harvesting, and weeding
- customer service and housekeeping for customers at hostel

**The Children's Attention Home Charter School**

**August 2011- April 2013**

Emergency children's shelter, 1148 Edgemont Ave, Rock Hill, SC 29730

*Volunteer Art Teacher*

- Partnered with other volunteer teachers and assisted with art lessons weekly and provided guidance to students regarding art from ages 4-12 individually

**Arts and Sciences Curriculum Committee**

**Spring 2012**

*Student Representative*

- contributed to meetings related to the curriculum's improvement and student concerns

**Winthrop University**

**August 2010- December 2012**

University, 701 Oakland Ave, Rock Hill, SC 29733

*Social Work Club - President*

*August 2011- December 2012 -*

Reorganized the club to reach out to the community in a productive manner and encouraged student leadership

- Organized events to provide student volunteer service to organizations such as the Children's Attention Home (CAH), Elderly Daycare, and Blackmon Road
- Built a positive relationship with community organizations and the Social Work Club for future events such as Move Night at CAH, fundraising, and weekly volunteering efforts as needed
- Organized at least one education event on campus per semester raising awareness about cyber bullying
- Fundraised over \$300 for CAH and the CAH Charter School

*The Student Environmental Action Coalition - Co-President*

*August 2010-December 2012 -*

Organized campus events surrounding environmental issues such as mountain top removal and hydraulic fracturing (such as lectures, a trash organization weekend, etc).

- Organized advocacy events regarding environmental degradation and underprivileged populations - Promoted student awareness regarding environmental issues (organized student participation at PEAC and other regional environmental events)