

Katrina M. Conen

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Education

University of South Florida

Doctorate in Industrial/Organizational Psychology (In Progress)

Concentration in Occupational Health Psychology

California State University, Monterey Bay (CSUMB)

Bachelor of Arts in Psychology; Minor in Statistics (Graduated May, 2019)

Overall GPA: 3.88 | Major GPA: 3.97 | Dean's List (Fall 2015 – Spring 2019)

Research Interests

Burnout

Emotion Episodes

State vs. Trait Experience of Burnout

Development, Use, and Validation of Scales and Instruments in Workplace Settings

Distinctions

NIOSH Pilot Project Research Training Grant Awardee

- Awarded a grant to conduct research on burnout and the exacerbation of chronic and acute stressor experienced by disaster response workers during the COVID-19 pandemic

College of Arts, Humanities and Social Sciences Commencement Student Speaker (2019)

- Invited to speak to the graduating class of CAHSS students, faculty, and their families.

College of Arts, Humanities, and Social Sciences Dean's Medalist (2019)

- Selected by the CAHSS Dean to represent students under this college to present to CSUMB President Eduardo Ochoa for the President's Award in Academic Excellence.

Distinction in the Psychology Major

- Selected by CSUMB faculty as an outstanding graduate of the psychology major

Barry Goldwater Scholarship & Excellence in Education Foundation, Honorable Mention (2018)

- Selected as Honorable Mention for a highly competitive award for highly qualified college students pursuing research careers in STEM fields.
- Of 1,280 applicants, 211 were selected as Scholars and 281 were selected for Honorable Mention, with three total awardees representing the field of psychology.

Undergraduate Research Opportunities Center (UROC) Scholars Program (2017– 2019)

- Invited to join a selective CSUMB program that provides support through professional development, funding, mentored research, and rigorous, seminar-based coursework for students who will pursue doctoral level research.

Teaching Experience

Graduate Teaching Assistant – Research Methods (January 2021 – Present)

University of South Florida

- Instruct students in a virtual synchronous class on concepts related to research methods in psychology
- Grade written and in class assignments

Graduate Teaching Assistant - Introduction to Psychological Science (August 2019 – December 2020)

University of South Florida

- Instruct students on a weekly basis on a number of psychological concepts in Introduction to Psychological Science (PSY 2012)
- Grade various written and in class assignments
- Assist the instructor on record with various tasks to aid in class development and student reviews

Guest Lecturer (November 6, 2019)

University of South Florida

- Lead a guest lecture for Introduction to Psychological Science (PSY 2012)
- LECTURED on Organizational Psychology to a class of 300 students

Research Experience

Graduate Researcher (June 2020 – Present)

Memory Affective Dynamics (MAD) Lab

Institution: University of South Florida

Advisor: Kelsey Merlo, Ph.D.

- Study burnout and emotions in work
- **MAD Lab Projects:**
 - Assessed burnout, role stress, and affective events in disaster response and emergency management personnel

Graduate Researcher (August 2019 – June 2020)

Psychometrics Lab

Institution: University of South Florida

Advisor: Stephen Stark, Ph.D.

- **Distress Tolerance Meta-Analysis**
 - Coded articles on distress tolerance for a meta-analysis on various outcomes and measures of distress tolerance

Research Assistant (July 2018 – June 2019)

Armed Services Vocational Aptitude Battery – Career Exploration Program (ASVAB-CEP)

Institution: Office of People Analytics, Department of Defense

Mentor: Shannon Salyer, Ph.D.

- Studied the ASVAB-CEP, an aptitude test, interest inventory, and career exploration tool for high school students to learn about their strengths and interests in order to map out their post-secondary plans.
- Presented information on the ASVAB-CEP to school counselors, principals, and school faculty in an informational booth at the 2018 American School Counselors Association conference.
- **ASVAB-CEP Projects:**
 - Created a scale to measure the social desirability of work values and how to best present the concept of work values to high school students participating in the ASVAB-CEP.

Research Assistant (January 2017 – May 2019)

Clinical and Forensic Evaluation (CAFE) Laboratory

Institution: California State University, Monterey Bay

Mentor: Danielle Burchett, Ph.D.

- Study the use, validation, and reliability of the *Minnesota Multiphasic Personality Inventory-2-Restructured Form (MMPI-2-RF)* in a forensic inpatient sample.
- **CAFE Lab Projects:**
 - Assessed the internal structure comparability and predictive utility of shorter and longer booklet administrations on MMPI-2-RF scales.
 - Ran descriptive and inferential analyses to compare the reliability of raw scores to Uniform T scores when using the MMPI-2-RF to conduct research and use scores for clinical application.

Research Assistant (August 2017 – May 2019)

Trauma Outcomes and Recovery (TOAR) Laboratory

Institution: California State University, Monterey Bay

Mentor: Christine Valdez, Ph.D.

- Study various aspects of trauma and trauma-related outcomes in a sample of former gang members.
- **TOAR Lab Projects:**
 - Transcribed phone interviews conducted with former gang members.
 - Coded qualitative data using phenomenology and grounded theory.
 - Conducted descriptive and inferential analyses on quantitative data.
 - Collected data regarding physiological responses to stimuli using BioRadio software. after participants completed a questionnaire related to trauma history.

Academic Presentations

Conen, K. M., & Merlo, K. (2021, January). *Burnout, Resilience, and Turnover Intentions Among Disaster Response Workers*. Poster presented virtually at the Southeast Regional Research Symposium (SEERS/SouthOn).

Conen, K. M. & Denison, A. J. (2019, November). *Introduction to Industrial-Organizational Psychology*. Introduction to Psychology, Tampa, FL.

Valdez, C. E., Fields, L., **Conen, K. M.**, Whitney, K. (2018, November). *Posttraumatic distress and barriers to treatment among former gang members: Implications for improving access to traumatic stress resources in marginalized populations*. Oral paper presented at the International Society for Traumatic Stress studies 34th Annual Meeting, Washington, D.C.

Whitney, K., Stevens, T., **Conen, K. M.**, Fields, L., & Valdez, C. E. (2018, November). *Posttraumatic distress and posttraumatic growth: Narratives and correlates of trauma and community violence exposure in a sample of former gang members*. Poster presented at the International Society for Traumatic Stress studies 34th Annual Meeting, Washington, D.C.

Whitney, K., Totaan, J., **Conen, K. M.**, Fields, L., & Valdez, C. E. (2018, November). *What ex-gang members say about joining and leaving gangs: Impacts of societal conditions that create and perpetuate trauma, and potential for prosocial advocacy*. Poster presented at the International Society for Traumatic Stress studies 34th Annual Meeting, Washington, D.C.

Conen, K. M., Whitney, K., Fields, L., & Valdez, C. E. (2018, August). *Investigating trauma, mental health, and posttraumatic growth among ex-gang members*. Poster presented at the American Psychological Association, San Francisco, CA.

- Paper also presented at the Psychology Department Capstone Festival (2019, May), Seaside, CA [Presenter: **K. Conen**]

Conen, K. M., Burchett, D., & Glassmire, D. M. (2018, March). *Impact of MMPI-2 versus MMPI-2-RF booklet administration on the internal structure and predictive utility of MMPI-2-RF scales in a forensic inpatient setting*. Poster presented at the American Psychology-Law Society, Memphis, TN.

- Poster also presented at the Hartnell Community College STEM Internship Day (2019, July), Salinas, CA. [Presenter: **K. Conen**]
- Poster also presented at the California State University, Monterey Bay Math Department Colloquium (2018, October), Seaside, CA. [Presenter: **K. Conen**]
- Paper also presented at the California State University Student Research Competition (2018, May), Sacramento, CA. [Presenter: **K. Conen**]
- Paper also presented at the California State University, Monterey Bay Spring Research Showcase (2018, March) Seaside, CA. [Presenter: **K. Conen**]
- Poster also presented at the California State University, Monterey Bay Summer Symposium (2017, August), Seaside, CA. [Presenter: **K. Conen**]

Valdez, C. E., Kalantar, E., Hebert, C., **Conen, K. M.**, Whitney, K., & Lemus, C. (2017, November). *Modes of processing traumatic experiences: Self-compassion buffers affective guilt*. Poster presented at the International Society for Traumatic Stress Studies, Chicago, IL.

Burchett, D., Luna, J., **Conen, K. M.**, Tarescavage, A. M., & Glassmire, D. M. (2017, March). *Impact of using raw versus uniform T scores in Minnesota Multiphasic Personality Inventory-2 Restructured Form descriptive and inferential research*. Poster presented at the Society for Personality Assessment, San Francisco, CA.

- Paper also presented at the California State University, Monterey Bay TEDdy Talk (2017, May), Seaside, CA. [Presenters: J. Luna & **K. Conen**]
- Paper also presented at the California State University Student Research Competition (2017, May), San Luis Obispo, CA. [Presenters: J. Luna & **K. Conen**]
- Paper also presented at the California State University, Monterey Bay Spring Research Showcase (2017, March), Seaside, CA. [Presenters: J. Luna & **K. Conen**]

Leadership and Service

Undergraduate Mentor (October 2020 – Present)

University of South Florida

- Mentor two undergraduate psychology students
- Advise and plan for future goals with students

Brown Bag Chair (August 2019 – December 2020)

University of South Florida

- Selected speakers for Psychology Department Brown Bag speaker series
- Organized in person and virtual (Spring and Fall 2020) department gatherings
- Introduced speakers to the department

Conference Volunteer (January 2020)

National Institute on Teaching in Psychology (NITOP) Conference 2020

- Directed conference goers for where to go, information on upcoming sessions, etc.
- Created conference packets for registered attendees
- Checked badges at sessions and provided assistance to speakers when needed.

Panelist for Honors Seminar (September 2019)

University of South Florida

- Provided information and insight to graduate school applications for undergraduate students
- Answered questions from students regarding different paths and careers in psychology

Writing Fellow (January 2019 – May 2019)

California State University, Monterey Bay Undergraduate Research Opportunities Center

- Provided feedback on writing for students in the UROC Scholar's Program
- Facilitated three sessions of two students for an hour each week to encourage constructive criticism and feedback
- Lead discussion sessions about writing techniques and tips on working with students

Coach (September 2018 – May 2019)

California State University, Monterey Bay Water Polo Club Team

- Created workouts and practices for a collegiate club team.
- Managed time for drills and coach team members on technique and skills.
- Communicated with a diverse group of people with varying backgrounds and skill levels.

Advocate (October 2017 – May 2019)

Monterey County Rape Crisis Center

- Completed 47 hours of training regarding sexual assault, intervention, and the forensic and medical evaluation process.
- Answer phone calls on the 24-hour Crisis Center Hotline.
- Answer SART (Sexual Assault Response Team) calls, which involves going to the hospital to serve as a survivor's advocate during medical and forensic examinations.

Co-Facilitator (August 2017)

California State University, Monterey Bay Common Read Program

- Collaborated with faculty members to prepare material for a discussion on the novel, *The Distance Between Us*.
- Led insightful discussions with around 70 incoming freshmen about the book read prior to the meeting.

Committee Member (August 2016)

Student-Athlete Hiring Committee

- Interviewed potential new coaches for the California State University, Monterey Bay women's water polo team as part of a panel of student-athletes.
- Evaluated potential hires with the panel and Athletic Director.

Graduate Level Coursework

Personnel Psychology

- Instructor: Dr. Benton Wiernik

Regression and ANOVA

- Instructor: Dr. Michael Brannick

Psychometrics

- Instructor: Dr. Stephen Stark

Organizational Psychology

- Instructor: Dr. Kelsey Merlo

Seminar on Ethics and Professional Problems

- Instructor: Dr. Walter Borman

Structural Equation Modeling

- Instructor: Dr. Eunsook Kim

Seminar on Careers

- Instructor: Dr. Tammy Allen

Organizational Research Methods

- Instructor: Dr. Stephen Stark

Longitudinal Data Analysis

- Instructor: Dr. Getachew Dagne

Personality and Individual Differences

- Instructor: Dr. Brenton Wiernik

Research Software Proficiency

R Programming Language

Mplus

Statistical Package for the Social Sciences (SPSS) 24

SAS

Excel

Amazon Mechanical Turk

SONA Systems

Certifications and Trainings

Workplace Violence Prevention and Intervention Programs: Critical Elements (September 2018)

Using NVivo as a Research Tool (January 2018)

Question Persuade Refer (QPR) Suicide Prevention Certification (March 2017)

Collaborative Institutional Training Initiative (CITI Program) Certification (January 2017)

Monterey County Rape Crisis Center Advocate Certification (October 2017)

Professional Organizations

Society for Industrial/Organizational Psychology Student Affiliate (2018 – Present)

American Psychology Association Member (2018 – Present)

Psi Chi International Honor Society Lifetime Member (2017 – Present)

California Scholarship Federation Lifetime Member (2014 – Present)