

BRIDGETTE M. SCHRAM

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EDUCATION

Georgia State University – Atlanta, GA **2018 – present**
Doctor of Philosophy in Public Health
Concentration: Health Promotion and Behavior

Oregon State University – Corvallis, OR **2016 – 2018**
Masters of Science
Major/Option: Kinesiology/Adapted Physical Activity
Minor: Public Health
Thesis: Disability model orientation of aquatic program directors and its influence on opportunities in their programming.

University of Colorado at Colorado Springs **2012 - 2016**
Science Prerequisites

Louisiana State University at Shreveport **2009**
Certificate in Nonprofit Management (in partnership with American Humanics)

University of Nebraska at Omaha **2003 - 2007**
Bachelor of Social Work
Practicum: CampFire USA Omaha - Ideas and Methods for incorporating service-learning into after-school programs.

TEACHING & EDUCATION RELATED EXPERIENCE

Georgia State University, School of Public Health

Teaching

Co-Instructor – Perspectives 2001 – The Experience of Disability in America Fall 2018, 2019

Teaching Assistant – Workforce Development Course Spring 2019

Service

Student Representative – Workforce Development Committee 2018 – present

Student Liaison – Disability Section of American Public Health Association 2020 - present

Oregon State University, College of Public Health and Human Services

Teaching

Instructor – KIN 396 - Professional Development in an Aquatic Setting 2017 – 2018

Instructor – Physical Activity Course - Swim I 2017 – 2018

Instructor – Physical Activity Course - Adapted Physical Activity 2016 - 2017

Instructor – Physical Activity Course - Water Aerobics	Fall 2017
Instructor – Physical Activity Course - Swim II	Spring 2017
Instructor – Physical Activity Course - Competitive Swim	Winter 2017
<i>Teaching Assistant</i>	Spring 2017
Graduate Teaching Assistant – HHS 231 - Lifetime Health and Fitness	2016-2017
Graduate Teaching Assistant – KIN 314– Adapted Physical Activity	2017 - 2018
<i>Service Programs</i>	
Impact for Life Program Restructuring Committee Involved in a complete restructuring of the community-based program promoting physical activity for young adults with disability	2017 – 2018
Group Fitness Instructor - Impact for Life program	2017 - 2018
Parent Meeting Organizer – Impact program	2017
Pool Activity Coordinator – Impact Program	2017 – 2018

PROFESSIONAL EXPERIENCE

Program Director <i>Pikes Peak Athletics – Colorado Springs, CO</i>	2011 – 2016
Developed, launched, and presided over the company's Learn to Swim Program. Direct the program's daily operations and strategic direction, leading a 20+-member staff across 5 locations. Delivered both administrative and hands-on leadership, establishing efficient business processes while providing in-water instruction to a diverse client base. Drove the program's growth and oversaw all business functions, including budgeting and payroll, sales and marketing, and human resources. Represented Pikes Peak Athletics brand and corporate values to clients and stakeholders, and built strategic partnerships to better integrate the company into the community.	
Facility Manager <i>LoveSwimming LLC – New Orleans, LA</i>	2010 – 2011
Delivered end-to-end leadership for LoveSwimming's New Orleans location, overseeing both administrative processes and in-water programs. Developed marketing and advertising campaigns in pursuit of sales goals while maximizing internal efficiency and productivity. Hired, trained, and mentored 10-member staff team.	
Americorps – Corporation for National and Community Service House Captain <i>Rebuilding Together - New Orleans, LA</i>	2008 – 2009 2009
Served as a House Captain for RTNO as part of federal AmeriCorps program. Directed volunteer groups and performed repairs on Katrina-damaged homes in some of the city's hardest-hit neighborhoods. Represented RTNO to homeowners and neighborhood residents, and ensured productivity and safety of volunteer groups as large as 100 members	
Corps Member <i>National Civilian Community Corps – Eastern Region</i>	2008
Lived and worked with a 10-person team, traveling and completing service projects across the mid-Atlantic and Gulf Coast region of the U.S. Repaired and restored Katrina-damaged homes with 3 gulf coast nonprofits, conducted prescribed burns for VA Fish and Wildlife Department, eradicated invasive species for	

Charlottesville, VA Parks and Recreation Department, and served as First Responder with the Red Cross during Hurricanes Gustav and Ike.

RESEARCH ARTICLES AND PUBLICATIONS

Case, L., **Schram, B.**, Jung, J., Leung, CW., Yun, JK. (2020) A meta-analysis of the effect of adapted physical activity service-learning programs on college student attitudes toward people with disabilities, *Disability and Rehabilitation*, DOI: 10.1080/09638288.2020.1727575

Vinoski Thomas, E., **Schram, B.M.**, & Crimmins, D. (2020). College as Community for Students with Intellectual Disabilities, *Journal of Legal Medicine*, 40(1).

Case, L., **Schram, B.**, Yun, JK. (2019). Motivating Children with Autism Spectrum Disorder in Gross Motor-skill Assessments. *Journal of Physical Education, Recreation and Dance*, 90:4, 32-38, DOI: 10.1080/07303084.2019.1568933

Jung, J., Leung, W., **Schram, B. M.**, & Yun, J. (2018). Meta-Analysis of Physical Activity Levels in Youth With and Without Disabilities. *Adapted Physical Activity Quarterly*, 35(4), 381-402.

Schram, B. M., Jones, C. B., & Cardinal, B. J. (2018). Nature or nurture? Factors that influence physical activity behavior. [Research into Practice Column]. *Journal of Physical Education, Recreation and Dance*, 89(8), 62. DOI: 10.1080/07303084.2018.1503508

CONFERENCE PRESENTATIONS

Vinoski Thomas, E., **Schram, B. M.**, Bari, S., & Odunlami, R. (submitted). (2020) *The impact of COVID-19 on quality of life among individuals with intellectual and developmental disabilities and direct support professionals*. Poster presentation at the Association of University Centers on Disabilities Annual Conference, Washington, DC.

Salmon, A., Schram, B. M., (submitted). (2020) *Interactive Introduction to Data Visualization and Infographic Development*. Poster presentation at the Association of University Centers on Disabilities Annual Conference, Washington, DC.

Vinoski Thomas, E., Odunlami, R., Bari, S., & **Schram, B. M.** (2020, July). *Exploring the effects of COVID-19 on quality of life among individuals with intellectual and developmental disabilities and direct support professionals*. Presentation at the 45th Annual Natural Hazards Center Workshop and Researchers Meeting, Boulder, CO.

Schram, B., Crimmins, D., Yun, JK. "A survey of participation of children with disabilities in aquatic programs across the United States." Poster at the National conference for Association for University Centers on Disability (AUCD). November 2019. Washington DC.

Ross, S., Jensen, J., McCarty, K., **Schram, B.**, Beamer, J. "Supporting Inclusive Fitness Practices in Our Community: A Needs Assessment." Poster at the National conference for Association for University Centers on Disability (AUCD). November 2019. Washington DC.

Case, L., **Schram, B.**, Jung, J., Leung, W., Yun, J. "Factors of adapted physical activity practicum affecting college students' attitudes." Poster Presentation at the 2019 Society of Health and Physical Educators annual meeting. April 2019. Tampa, FL.

Schram, B., Ross, S., McCarty, K. "Connect, Support, Empower: A framework for inclusive Community-Based Physical Activity" Poster at the National conference for Association for University Centers on Disability (AUCD). November 2018. Washington DC.

Schram, B., Yun, JK. "Aquatic Director Disability Orientation and their Intentions to Provide Opportunities for Children with Disabilities". Poster at North American Federation of Adapted Physical Activity Conference. October 2018. Corvallis, OR.

Case, L., **Schram, B.**, Jung, J., Leung, CW., Yun, JK. "A Meta-Analysis of the Effect of Adapted Physical Activity Service Learning Programs on College Student Attitudes toward Disability". Thematic Poster at North American Federation of Adapted Physical Activity Conference. October 2018. Corvallis, OR.

McCarty, K., Ross, S., **Schram, B.** "Defining inclusive practices and engaging 'untapped' community-based physical activity programs". Building Session at North American Federation of Adapted Physical Activity Conference. October 2018. Corvallis, OR.

Yun, J., **Schram, B.**, Jung, J., Leung, C.W., Case, L., & Hamm, J. "Physical activity engagement and health among children with disabilities." Oral presentation made at the 2018 annual conference of the Society of Health and Physical Educators. March 2018. Nashville, TN.

Schram, B., Case, L. "Reaching Full Potential: Maximizing Testing Performance for Children with Autism Spectrum Disorder in Physical Education" Presentation at 46th National Adapted Physical Education Conference. November 2017. Sacramento, CA.

Simpson, A. & **Schram, B.** "Social Skill Activities for the Inclusive Physical Education Setting". Presented at the National Adapted Physical Education (NAPE). November 2017. Sacramento, CA.

Schram, B., Yun, JK. "Analysis of Effective Methods and Practices used in Service Learning Programs". Work in progress poster presented at SHAPE America National Convention. Boston, MA.

Simpson, A. & **Schram, B.** "Activities to Integrate Social Skills". Presented at the Council for Children's Expanded Physical Education (CCEPE), Beaverton, Oregon. February, 2017. Beaverton, OR.

Simpson, A. & **Schram, B.** "Building Skills from the Ground Up". Presented at the Council for Children's Expanded Physical Education (CCEPE), Beaverton, Oregon. 2017, February 2017. Beaverton, OR.

Harder, J., **Schram, B.**, Cox, S. "Teaching and Learning Social Work Practice Through the Use of Triads" Presentation at Association of Baccalaureate Social Work Program Directors. October 2006. Los Angeles, CA.

FELLOWSHIPS, GRANTS AND FUNDING AWARDS

Recipient of Second Century Initiative (2CI) Doctoral Fellowship at Georgia State University. 2018 – 2022
Health Disparities in Developmental Disabilities cluster. Four year renewal.

Community Engagement Grant (*Support Investigator*). University Center for Excellence in Developmental Disabilities (UCEDD) & the Community Partners Council (CPC). Oregon Health and Sciences University, Portland, OR. Awarded 2018. ***Evaluating newly engaged community-based physical activity partners' adoption of programs inclusive physical activity practices: A needs assessment.***

Principal Investigator: Dr. Jen Beamer

Requested amount: \$1,000

Funded amount: \$1,000

Professional

USA Swimming Make-A-Splash Foundation. Awarded in 2014 and in 2015. Awarded to assist in the development of a community outreach lesson program for children from lower socioeconomic backgrounds in School District 11 of Colorado Springs, CO.

PROFESSIONAL CERTIFICATIONS

USA Swimming Coaches Certification
CPR/AED
First Aid

2012 –
2000 – present
2000 – present

HONORS AND AWARDS

Honored with “People Who Make a Difference” award by the <i>Colorado Springs Gazette</i>	2013
Awarded US Presidential Volunteer Service Award Gold and Silver Level	2008 - 2009
Member of University Nebraska Omaha swim team 5-time All-American 4-year member of National Team	2003-2007