

**JANIS M. VALMOND, MS, MPH, DrPH, CHES®**

P.O. Box 7969  
Christiansted VI 00923  
Curriculum Vitae  
May 2019

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Government of the Virgin Islands  
Department of Health  
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**EDUCATION:**

DrPH	University of Texas School of Public Health, Houston, TX Health Promotion & Behavioral Sciences	08/2008-08/2014
MPH	University of Texas School of Public Health, Houston, TX Community Health Practice	08/1985-05/1989
MS	University of Michigan, Ann Arbor, MI Biology	09/1982-08/1985
BA	College of the Virgin Islands, St. Thomas, USVI Biology (Honors)	01/1979-05/1982

**RESEARCH INTERESTS:** adolescent healthy lifestyle promotion; adolescent obesity prevention; evaluation; health disparities; community based participatory research (CBPR); community coalitions; population health

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**ADDITIONAL EDUCATION**

Johns Hopkins University Summer Institute in Epidemiology  
Graduate Certificate in Epidemiology

Summer 2002

University of North Carolina-Chapel Hill  
Summer Academic Advancement Program (Science)

Summer 1982

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**ACADEMIC TRAINING POSITIONS**

**Graduate Research Assistant** 08/2010-05/2014

Division of Health Promotion and Behavioral Sciences, Houston

- Teaching Assistant-Health Promotion Theory and Methods I&II (masters and doctoral levels)
- Teaching Assistant-Social and Behavioral Determinants of Health (Summer 2011, 2012, 2013)
- Extensive training and work in Blackboard, course development and faculty support
- Contribute to continuous improvement of course modules

**Graduate Research Assistant** 08/2011-05/2014

Michael & Susan Dell Center for Healthy Living, Houston

- Participant recruitment, Instrument testing and development, data collection, data management, *Lunch is in the Bag* intervention;
  - Recruitment, data collection, *Shape-up Houston* project
  - Provide research support to key faculty and research staff, to include literature searches and manuscript submissions
  - Contribute in development of manuscripts for publication
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## WORK EXPERIENCE

<b>Deputy Commissioner-Health Promotion and Disease Prevention</b> Department of Health, St. Croix USVI	04/2019-Present
<b>Research Coordinator</b> -Caribbean Exploratory Research Center University of the Virgin Islands, St. Croix, USVI	05/2014-04/2019
<b>Part-time Faculty</b> -College of Liberal Arts and Social Sciences University of the Virgin Islands	01/2015-Present
<b>Research Assistant</b> -Afro-Caribbean and African-American Women's Study, University of the Virgin Islands-Caribbean Exploratory Research Center, St. Thomas, USVI.	06/2009-12/2009
<ul style="list-style-type: none"><li>Conducted recruitment and data collection for NIH-funded research project</li></ul>	
<b>Program Specialist III</b> -Nursing Workforce Diversity Grant University of the Virgin Islands.	08/2005-06/2007
<ul style="list-style-type: none"><li>Provided grant management duties, to include administration of grant funds and programs</li><li>Co-presenter at 2006 annual conference in Austin, Texas.</li></ul>	
<b>Consultant</b> -State Systems Development Initiative Maternal and Child Health Division-Department of Health.	06/2005-06/2006
<ul style="list-style-type: none"><li>Conducted data analysis (SPSS) of territory-wide needs assessment of children with special health care needs and their families</li><li>Assisted in development of survey instruments as part of Comprehensive Needs Assessment.</li></ul>	
<b>Math Skills Instructor</b> (Part-Time Faculty) – Math and Science Division University of the Virgin Islands (St. Croix).	08/2000-06/2007
<b>Chief Researcher/Acting Chief of Staff</b> Office of Senator Russell-Senate Vice-President 25 <sup>th</sup> Legislature of the Virgin Islands, Lagoon Street Complex, St. Croix USVI	02/2003-05/2004
<ul style="list-style-type: none"><li>Supervised all operations and staff of both offices on two main island districts</li><li>Participated in drafting and development of legislation related to education and youth</li><li>Coordinated senate meetings, sessions and public hearings</li></ul>	
<b>Government of the Virgin Islands</b> , Department of Health.	08/1989-01/2003
<ul style="list-style-type: none"><li>Held positions of increasing responsibility as Health Planer, Assistant Director of Health Planning, Administrator/Executive Director of Section 330 Community Health Center.</li><li>Active participation in compilation of <i>Healthy Virgin Islands, 2010</i></li></ul>	

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## PUBLICATIONS

**Valmond, JM**, Michael, N, Paul, C & Williams, A. (2019). *USVI 2017 Youth Risk Behavior Survey Report*. St. Croix, USVI: Caribbean Exploratory Research Center, School Of Nursing, University of the Virgin Islands. *In Progress*.

Michael, N, **Valmond, JM**, Ragster, LE, Brown, DE, & Callwood, GB (2019). *Community needs assessment: Understanding the needs of vulnerable children and families in the US Virgin Islands Post Hurricanes Irma and Maria*. St. Thomas, USVI: Caribbean Exploratory Research Center, School of Nursing, University of the Virgin Islands

Michael, N, **Valmond, JM**, Callwood, G, Francis, EA & Brown, D. (2016) *Human services programs in the US Virgin Islands: Environmental scan report*. St. Thomas, Caribbean Exploratory (NIMHD) Research Center, School of Nursing, University of the Virgin Islands.

Michael, N, **Valmond, JM**, Ragster, L, Callwood, G, Penn CP & Smith, M. (2015) *Comprehensive Community Health Needs Assessment Report*. St. Thomas, Caribbean Exploratory Research Center, University of the Virgin Islands.

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**Valmond JM**, Diamond, PM, Evans, A, Byrd, T, Hoelscher, DM. (2014) Water consumption, body mass index among a 8<sup>th</sup> and 11<sup>th</sup> grade students in Texas, USA. *Dissertation*.

Byrd-Williams C, **Valmond JM**, Chen NE, Sweitzer S, Roberts-Gray C, Briley M, Hoelscher DM Assessing the nutrition environment of child care centers in Texas, USA using the Environmental and Policy Assessment and Observation (EPAO) adapted for centers with parent-provided food. *In preparation*.

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## PRESENTATIONS

Presentation: "Prevalence and related determinants of overweight and obesity among public school students on the east end of St. Thomas, USVI: Implications for intervention"

CYFAR Advisory Council

03/2017

Presentation: "Mental Health in the US Virgin Islands"

04/2016

American Counseling Association-USVI

Guest lecturer: Health Disparities

02/2012

Houston Community College-John B Coleman School of Health Sciences, Community Health Workers

Training Program

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## CONFERENCE/POSTER PRESENTATIONS

**Valmond, J.M.**, Michael, N., James, J.J., Penn, C.P., & Smith, M. (June 2018). Weight status and related risk factors among public school students on the east end of St. Thomas, USVI. 62<sup>nd</sup> Annual Meeting of the Caribbean Public Health Association (CARPHA), St. Kitts, BWI June 14-16<sup>th</sup>, 2018.

Michael, N., **Valmond, J.M.**, Ragster, L. & Callwood, G. (2018). Health determinants and health outcomes for low income adults living in public housing communities: Focus on overall health, dental health, and obesity. 62<sup>nd</sup> Annual Meeting of the Caribbean Public Health Association (CARPHA), St. Kitts, BWI June 14-16<sup>th</sup>, 2018.

**Valmond, JM**, & Michael, N. (November 2017) Establishing a Surveillance System to Track Childhood and Adolescent Obesity in the USVI: A Public Health Imperative. 145<sup>th</sup> Annual Meeting of the American Public Health Association (APHA), Atlanta, GA, November 4-8<sup>th</sup>, 2017.

Michael, N & **Valmond, JM**. (November 2017) Assessing Family Health through a Comprehensive Community Health Needs Assessment: Implications for Public Health Nursing. 145<sup>th</sup> Annual Meeting of the American Public Health Association (APHA), Atlanta, GA, November 4-8<sup>th</sup>, 2017.

**Valmond, JM** (July 2017) The "why", "how", and success of utilizing a community based participatory research framework to engage the human services research partnership in the USVI. 2017 National Association on Welfare Research and Statistics (NAWRS) Workshop, Pittsburgh, PA, July 31<sup>st</sup>-August 2<sup>nd</sup>, 2017.

**Valmond, JM**, Michael, N, James, JJ, Penn, CP & Smith, M. (June 2017) Overweight and obesity and dietary behaviors among public school students in the US Virgin Islands. Poster presented at the International Society of Behavioral Nutrition and Physical Activity Annual Meeting (ISBNPA), Vancouver, Canada, June 6<sup>th</sup>-9<sup>th</sup>, 2017.

Michael, N, **Valmond, JM**, Ragster, L, Callwood, G, Penn CP & Smith, M. (June 2016) Assessing Family Health through a Comprehensive Community Health Needs Assessment: Focus on Qualitative Findings. Poster presented at the 61<sup>st</sup> Annual Caribbean Public Health Agency Health Research Conference, Turks & Caicos, BWI.

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**Valmond, JM.** Callwood, GB, Michael, N, (August 2015) Health Disparities Research in the US Virgin Islands: A Multi-disciplinary Approach. Caribbean Exploratory Research Center Symposium-National Black Nurses Association 43rd Annual Conference, Atlanta, GA.

**Valmond, JM.** (August 2014). Reproducibility of the School Physical Activity and Nutrition (SPAN) Survey for adolescents in the US Virgin Islands. Caribbean Exploratory Research Center Symposium-National Black Nurses Association 42<sup>nd</sup> Annual Conference, New Orleans, LA.

Byrd-Williams, C, **Valmond, J**, Chen, N, Sweitzer, S, Sharma, S, Hoelscher, D. (2014, May). What guidance do childcare centers give parents about packing for their preschoolers? A content analysis of documentation given to parents. Poster presented at the International Society for Behavioral Nutrition and Physical Activity Annual Meeting in San Diego, CA.

**Valmond JM**, Byrd-Williams C, Chen NE, Sweitzer S, Roberts-Gray C, Briley M, Hoelscher DM (2012, May) Assessing the nutrition environment of child care centers in Texas, USA using the Environmental and Policy Assessment and Observation (EPAO) adapted for centers with parent-provided food. International Society of Behavioral Nutrition and Physical Activity Annual Conference, Austin TX.

**Valmond, JM.**(2010, October) “Mental Health in the US Virgin Islands” (Break-out session) Caribbean Exploratory Research Center-University of the Virgin Islands, 4<sup>th</sup> Annual Health Disparities Conference, St. Thomas, USVI.

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#### **RESEARCH AWARDS**

Co-Project Director-Community Needs Assessment Post Hurricanes Irma and Maria	02/18-8/18
Project Director-Youth Risk Behavior Survey & Community Readiness Assessment	11/17-11/18
Co-Investigator-Cooperative Agreement-Human Service Research Partnership: USVI	09/14-09/17
Co-Principal Investigator-St. Thomas East end Cooperation Community Needs Assessment	03/14-09/15
Principal Investigator- Feasibility Study: Implementation of the School Physical Activity and Nutrition (SPAN) Survey among 8th Graders in St. Croix, USVI	03/12-03/13

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#### **OTHER AWARDS AND HONORS**

April 2016	Health Disparities Research Scholar, Annie E Casey Foundation, MGH, MA
September 2014	Grant-writing Workshop Travel Award, NIH/CARPHA/PAHO, Grenada, WI
June 2012	Workshop Scholarship Award, ISBNPA Annual Conference, Austin, TX
September 1982-May 1985	Minority Graduate Fellowship, University of Michigan

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#### **AFFILIATIONS/BOARDS**

Certified Health Education Specialist ( CHES®, 2017)  
State Epidemiological Outcomes Workgroup (SEOW), co-Chair (2015)  
Chronic Disease Advisory Council, Healthy Lifestyle Committee, Chair  
Caribbean Museum Center for the Arts, Board President  
Society of Public Health Educators (SOPHE)  
International Society of Behavioral Nutrition and Physical Activity (ISBNPA)  
American Public Health Association (APHA)  
Founding Member/Board President, BrightSpark, Inc.

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**REFERENCES**-Furnished upon request.

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