

Belle Liang, PhD

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Appointments

Professor, Boston College, Counseling, Developmental, and Educational Psychology (2017-present)
Associate Professor, Boston College, Counseling, Developmental, and Educational Psychology (2006-2017)
Assistant Professor, Boston College, Counseling, Developmental, and Educational Psychology (2001-2006)
Assistant Professor (permanent, non-tenure track), Wellesley College, Department of Psychology (1998-2001)
Research Associate, Harvard Medical School (1995-2001)
Research Scientist, Wellesley College, Dean's Office of Institutional Research (1999-2001)
Research Scientist, Wellesley College, Stone Center (1997-2001)
Director of Quality Improvement, Wayside Youth & Families Network (1996-1997)

Education

Postdoctoral Fellowship in the Victims of Violence Program, Harvard Medical School, Department of Psychiatry (1994-1995)
Predoctoral Clinical Internship (Clinical Fellow in Psychology), The Cambridge Hospital/Harvard Medical School, Department of Psychiatry (1993-1994)
Ph.D. in Clinical Psychology, Michigan State University, East Lansing, MI (1994)
M.A. in Clinical Psychology, Michigan State University, East Lansing, MI (1991)
B.S. in Psychology & Chemistry, Indiana University, Bloomington, IN (1989)

Peer-Reviewed Journal Publications

(* indicates authored when student)

- [1] White, A. *, Lincoln, B. *, Liang, B., Sepulveda, J. *, Matyjaszczyk, V. *, Kupersmith, C. *, Hill, N., & Perella, J. (2020). "My mentor thinks that I can be someone amazing": Drawing out youths' passions and purpose. *Journal of Adolescent Research*. <https://doi.org/10.1177/0743558420942481>

- [2] Hailes, H. *, Ceccolini, C. *, Gutowski, E. *, & **Liang, B.** (2020). Ethical Guidelines for Social Justice in Psychology. *Professional Psychology: Research and Practice*. <https://doi.org/10.1037/pro0000291>
- [3] Price, M. *, Polk, W. *, Hill, N., **Liang, B.**, & Perella, J. (2019). The intersectionality of adolescent discrimination and identity-based bullying: A person-centered examination of mental health and academic functioning in a U.S. High School. *Journal of Adolescence*, *76*, 185-196. <https://doi.org/10.1016/j.adolescence.2019.09.002>
- [4] Lund, T., **Liang, B.**, Mousseau, A., Matyjaszczyk, V. *, & Fleurizard, T. * (2019). The Will and the Way?: Associations between purpose and grit among students in three U.S. universities. *Journal of College Student Development*, *60*, 361-365.
- [5] Lund, T., **Liang, B.**, Konowitz, L. *, White, A., & Mousseau, A. (2019). Quality over Quantity?: Mentoring Relationships and Purpose Development Among College Students. *Psychology in Schools*, *6*(9), 1472-1481. (doi:<http://dx.doi.org.proxy.bc.edu/10.1002/pits.22284>)
- [6] Price, M. *, **Liang, B.**, Hill, N., & Perella, J. (2019). Teacher relationships and adolescents experiencing identity-based victimization what matters for whom among stigmatized adolescents. *School Mental Health*. (doi:<http://dx.doi.org.proxy.bc.edu/10.1007/s12310-019-09327-z>)
- [7] Klein, T., **Liang, B.**, Sepulveda, J. *, & White, A. * (2019). MPower: An empirically-based youth purpose intervention. *Journal of Character Education*, *15*(2), 103-113.
- [8] Kenny, M., Blustein, D., **Liang, B.**, Klein, T., & Etchie, Q. (2019). Applying the psychology of working theory for transformative career education. *Journal of Career Development*, *46*(6), 623–636.
- [9] Savitz-Romer, M. Nicola, T., Jensen, A., Hill, N.E., **Liang, B.** & Perella, J. (2019). Data-Driven School Counseling: The Role of the Research–Practice Partnership. *Professional School Counseling*, *22*(1), 1-9.
- [10] Hill, N., **Liang, B.**, Liu, P. P. *, Price, M. *, Perella, J., & Savitz-Romer, M. (2018). Envisioning a meaningful future and academic engagement: The role of parenting practices and school-based relationships. *Psychology in the Schools*, *55*, 595-608.
- [11] Hill, N. E., **Liang, B.**, Bravo, D. Y. *, Price, M. *, Polk, W. *, Perella, J., & Savitz-Romer, M. (2018). Adolescents' perceptions of the economy: Its association with academic engagement and the role in school-based and parental relationships and academic engagement. *Journal of Youth and Adolescence*, *47*(5), 895-915. (doi: [10.1007/s10964-017-0802-5](https://doi.org/10.1007/s10964-017-0802-5))
- [12] Gutowski, E. *, White, A. *, **Liang, B.**, Diamonti, A. J. *, & Berado, D. * (2018). How stress influences purpose development: The importance of social support. *Journal of Adolescent Research*, *33*.
- [13] Polk, W. *, Hill, N., Price, M. *, **Liang, B.**, Perella, J., & Savitz-Romer, M. (2018). Adolescent profiles of marginalization and connection at school: Relations with academics and mental health. *Journal of Research on Adolescence*. (DOI: [10.1111/jora.12460](https://doi.org/10.1111/jora.12460))

- [14] Liu, P.* , Savitz-Romer, M., Perella, J., Hill, N., & **Liang, B.** (2018). Representational Models of Teacher-Student Relationships: Self-Determination, Affinity, and Negativity in Student Perceptions. *Contemporary Education Psychology*, 54, 281-296.
- [15] Williams, K.* , Lund, T.J., **Liang, B.**, Mousseau, A.M.D., & Spencer, R. (2018). Associations between stress, psychosomatic complaints, and parental criticism among affluent adolescent girls. *Journal of Child and Family Studies*, 27(5), 1384-1393.
- [16] **Liang, B.**, White, A.* , Rhodes, H.* , Strodel, R.* , Gutowski, E.* , Mousseau, A.* , & Lund, T. (2017). Pathways to purpose among impoverished youth from the Guatemala City Dump Community. *Community Psychology in Global Perspective*, 3(2), 1-21.
- [17] **Liang, B.**, Chung, A.* , Diamonti, A.J.* , Douyon, C.M.* , Gordon, J.* , Joyner, E.* , Meerkins, T.M.* , Rene, K.* , Sienkiewicz, S.* , Weber, A.* , White, A.* , Wilson, E.* (2017). Ethical social justice: Do the ends justify the means? *Journal of Community and Applied Social Psychology*, 27, 298-311.
- [18] **Liang, B.**, Lund, T. J., Mousseau, A., White, A.* , Spencer, R., & Walsh, J.* (2018). Adolescent girls finding purpose: The role of parents and pro-sociality. *Youth & Society*, 50(6) 801–817. (<https://doi.org/10.1177/0044118X17697850>)
- [19] West, J.* , **Liang, B.**, & Spinnazola, J. (2017). Trauma Sensitive Yoga as a complementary treatment for posttraumatic stress disorder: A qualitative descriptive analysis. *International Journal of Stress Management*, 24(2), 173-195. (doi: 10.1037/str0000040)
- [20] **Liang, B.**, & Ketcham, S. G. (2017). Emerging Adults Perceptions of their Development of Faith-Related Purpose. *Psychology of Religion and Spirituality*, 9, 22-31. (<http://dx.doi.org/10.1037/rel0000116>)
- [21] **Liang, B.**, White, A.* , Mousseau, A., Hasse, A.* , Knight, L.* , Berado, D.* , & Lund, T. (2016). The four P's of purpose among College Bound students: People, propensity, passion, and pro-social benefits. *Journal of Positive Psychology*, 12(3), 281-294. (<http://dx.doi.org/10.1080/17439760.2016.1225118>).
- [22] **Liang, B.**, Lund, T., Mousseau, A., & Spencer, R. (2016). The mediating role of engagement in mentoring relationships and self-esteem among affluent adolescent girls. *Psychology in the Schools*, 53(8), 848-860.
- [23] Spencer, R., Walsh, J.* , **Liang, B.**, Mousseau, A., & Lund, T. (2016). Having it all?: A qualitative examination of affluent adolescent girls perceptions of stress and their quests for success. *Journal of Adolescent Research*, 33(1), 3-33. (doi:10.1177/0743558416670990)
- [24] Mousseau, A., Lund, T., **Liang, B.**, Spencer, R., & Walsh, J.* (2016). Stress and losing sleep: Sleep duration and perceived stress among affluent adolescent females. *Peabody Journal of Education*, 9(5), 628-644. (<http://dx.doi.org/10.1080/0161956X.2016.1227186>)

- [25] West, J. *, Duffy, N., & **Liang, B.** (2016). Creating SPACE through Africa Yoga Project: A qualitative study. *International Journal of Yoga Therapy, 26*(1), 73-82. (doi:10.17761/1531-2054-26.1.73)
- [26] Schwartz, S. *, Rhodes, J., **Liang, B.**, Sanchez, B., Spencer, R., Kremer, S. *, & Kanchewa, S.* (2014). Mentoring in the digital age: Social media use in adult-youth relationships. *Child and Youth Services Review, 47*, 205-213.
- [27] Lund, T., Chan, P. *, & **Liang, B.** (2014). Depression and relational health in Asian American and European American college women. *Psychology in the Schools, 51*, 493-505.
- [28] Blattner, M.C. *, **Liang, B.**, Lund, T., & Spencer, R., (2013). Searching for a sense of purpose: The role of parents and effects on self-esteem among female adolescents. *Journal of Adolescence, 36*, 839-848.
- [29] **Liang, B.**, Spencer, R., West, J. *, & Rappaport, N. (2013). Expanding the reach of youth mentoring: Partnering with youth for personal growth and social change. *Journal of Adolescence, 36*(2), 257-67.
- [30] **Liang, B.**, Tummala-Narra, P., & West, J.* (2011). Revisiting community work from a psychodynamic perspective. *Professional Psychology: Research and Practice, 42*(5), 398-404.
- [31] **Liang, B.** & West, J.* (2011). Relational health, alexithymia, and psychological distress in college women: Testing a mediator model. *American Journal of Orthopsychiatry, 81*, 246-254.
- [32] **Liang, B.**, Tracy, A., Kenny, M., Brogan, D. *, & Gatha, R.* (2010). The Relational Health Indices for youth: An examination of reliability and validity aspects. *Measurement and Evaluation in Counseling and Development, 42*(4), 255 – 274.
- [33] **Liang, B.**, Commins, M. *, & Duffy, N.* (2010). Using social media to engage youth: Education, social justice, & humanitarianism. *The Prevention Researcher, 5*, 13-16.
- [34] Rhodes, J., **Liang, B.**, & Spencer, R. (2009). First do no harm: Ethical guidelines for youth mentoring relationships. *Professional Psychology, 40*, 452-458.
- [35] Spencer, R. & **Liang, B.** (2009). “She gives me a break from the world”: Formal youth mentoring relationships between adolescent girls and adult women. *Journal of Primary Prevention, 30*, 109-130.
- [36] **Liang, B.**, Spencer, R., Brogan, D. *, & Corral, M.* (2008). Mentoring relationships from early adolescence through emerging adulthood: A qualitative analysis. *Journal of Vocational Behavior, 72*, 168-182.
- [37] **Liang, B.**, Tracy, A., Kenny, M., & Brogan, D.* (2008). Gender differences in the relational health of youth participating in a social competency program. *Journal of Community Psychology, 36*, 499-515.
- [38] Bogat, G.A., & **Liang, B.** (2008). Stages of mentoring: An analysis of an intervention for pregnant and parenting adolescents. *Child & Adolescent Social Work Journal, 25*, 325-341.

- [39] Grossman, J.* & **Liang, B.** (2008). Discrimination distress among Chinese American adolescents. *Journal of Youth and Adolescence*, *37*, 1-11.
- [40] **Liang, B.** & Rhodes, J. (2007). Cultivating the vital element of youth mentoring. *Applied Developmental Science*, *11*, 104-107.
- [41] **Liang, B.**, Tracy, A., Glenn, C.* , Burns, S.* , & Ting, D. (2007). The Relational Health Indices: Confirming factor structure for use with men. *Australian Community Psychologist*, *19*, 35-52.
- [42] **Liang, B.**, Grossman, J.* , & Deguchi, M.* (2007). Chinese American middle school youths' experiences of discrimination and stereotyping. *Qualitative Research in Psychology*, *4*, 187-205.
- [43] **Liang, B.**, Tummala-Narra, P., Bradley, R.,* & Harvey, M.R. (2007). The Multidimensional Trauma Recovery and Resiliency Instrument: Preliminary examination of an abridged version. *Journal of Aggression, Maltreatment and Trauma*, *14*, 55-74.
- [44] Tummala-Narra, P., **Liang, B.**, & Harvey, M.R. (2007). Aspects of safe attachment in the recovery from trauma. *Journal of Aggression, Maltreatment and Trauma*. *14*(3), 1-18.
- [45] Rhodes, J., Spencer, R., Keller, T., **Liang, B.**, & Noam, G. (2006). A model for the influence of mentoring relationships on youth development. *Journal of Community Psychology*, *34*(6), 691-707.
- [46] **Liang, B.**, Tracy, A., Kauh, T.* , Taylor, C., & Williams, L. (2006). Mentoring Asian and Euro-American college women. *Journal of Multicultural Counseling and Development*, *34*, 143-154.
- [47] **Liang, B.**, Williams, L., & Siegel, J. (2006). Relational outcomes of childhood sexual trauma in female survivors: A longitudinal study. *Journal of Interpersonal Violence*, *21*, 42-57.
- [48] **Liang, B.**, Goodman, L., Tummala-Narra, P., & Weintraub, S.* (2005). A theoretical framework for understanding help-seeking processes among survivors of intimate partner violence. *American Journal of Community Psychology*, *36*, 71-84.
- [49] Marray, E.* & **Liang, B.** (2005). Peace talk: A relational approach to group negotiation among Arab and Israeli youths. *International Journal of Group Psychotherapy*, *55*, 481-506. (Lead Article)
- [50] **Liang, B.**, Glenn, C.* , & Goodman, L. (2005). Feminist ethics in advocacy relationships: A relational vs. rule-bound approach. *The Community Psychologist*, *38*, 25-39. (Lead Article)
- [51] Goodman, L., **Liang, B.**, & Helms, J., Latta, R.* , & Sparks, E. (2004). Training counseling psychologists as social justice agents: Feminist and multicultural principles in action. *The Counseling Psychologist*, *32*, 793-836. (Major Contribution)
- [52] Goodman, L., **Liang, B.**, Weintraub, S.* , Helms, J., & Latta, R.* (2004). Warts and all: Personal reflections on social justice in counseling psychology. Reply to Kiselica

- (2004), Palmer (2004), Thompson & Shermis (2004) and Watts (2004). *The Counseling Psychologist*, 32, 886-899.
- [53] Harvey, M., **Liang, B.**, Harney, P., Koenan, K. *, Tummala-Narra, P., & Lebowitz, L. (2003). A multidimensional approach to the assessment of trauma impact, recovery and resiliency: Initial psychometric studies. *Journal of Aggression, Maltreatment, and Trauma*, 6, 87-109.
- [54] **Liang, B.**, Tracy, A., Taylor, C., Williams, L., Jordan, J., & Miller, J. B. (2002). The Relational Health Indices: A study of women's relationships. *Psychology of Women's Quarterly*, 26, 25-35. (Lead Article)
- [55] **Liang, B.**, Tracy, A., Taylor, C., & Williams, L. (2002). Mentoring college-age women: A relational approach. *American Journal of Community Psychology*, 30(2), 271-288.
- [56] Taylor, C. A., **Liang, B.**, Tracy, A. J., Williams, L. M., & Seigel, P. (2002). Gender differences in middle school adjustment, physical fighting, and social skills: Evaluation of a social competency program. *Journal of Primary Prevention*, 23(2), 259-272.
- [57] **Liang, B.**, & Bogat, G. A. (1994). Culture, control, and coping: New perspectives on social support. *American Journal of Community Psychology*, 22, 123-147.
- [58] **Liang, B.**, Bogat, G. A., & McGrath, M. P. (1993). Differential learning of sexual abuse prevention concepts among preschoolers. *Child Abuse and Neglect*, 17, 641-650.
- [59] Bogat, G. A., **Liang, B.**, Caldwell, R. A., Davidson, W. S. II, Bristor, M., Phillips, M., & Suurmeyer, M. (1993). Alternative schools: A school transition for adolescent mothers. *Prevention in Human Services*, 10, 151-168.

Book Chapters

- [60] Kenny, M., **Liang, B.**, Blustein, D., Konowitz, L. *, Meerkins, T. *, White, A. *, Medvide, M.B., Gao, X. *, & Shuqom, A. * (in press). Coping with inequity and uncertainty: Cultivating youth purpose through innovations in work-based learning experiences. In K. Maree (Ed.) *Innovating Career Counseling Theory, Research, and Practice: In Search of Promoting Inclusion and Sustainable Employment for All*. N.Y., N.Y.: Springer.
- [61] **Liang, B.** (2018). Racial Constructs in Youth Mentoring: Reconsidering Race and Ethnicity. In A. Hoffman (Ed.) *The Role of Community Development in Reducing Extremism and Ethnic Conflict*. NY, NY: Palgrave MacMillan.
- [62] **Liang, B.**, Rhodes, J., & Spencer, R. (2017). Ethical issues in youth mentoring. In C. Jurkiewicz (Ed.) *The Global Encyclopedia of Public Administration and Public Policy*. N.Y., N.Y.: Springer.

- [63] **Liang, B.** (2017). Race and ethnicity in out-of-school learning. In K. Peppler (Ed.) *The SAGE Encyclopedia of Out-of-School Learning*. Thousand Oaks, CA: Sage Publications. <http://dx.doi.org/10.4135/9781483385198.n248>
- [64] Goodman, L., **Liang, B.**, Tummala-Narra, P., Borges, A. *, Claudius, M. *, & Woulfe, J. * (2013). A model for integrating social justice roles in psychology doctoral training: A case study of counseling psychology. In C. Johnson, H. Friedman, J. Diaz, B. Nastasi, & Z. Franco (Eds.), *Handbook of social justice and psychology*. (pp. 249-266). Westport, CT: Praeger.
- [65] **Liang, B.**, Bogat, G.A., & Duffy, N. * (2013). Gender in mentoring relationships. In D. DuBois, & M. Karcher (Eds.), *Handbook of youth mentoring, 2nd Edition*. (pp. 159-174). Sage, CA.
- [66] **Liang, B.**, Duffy, N. *, & Commins, M. * (2013). The online world, the internet, social class, and counseling. In W.M. Liu (Ed.) *The Oxford handbook of social class and counseling*. (pp. 260-274). Oxford University Press.
- [67] Rhodes, J., Spencer, R., & **Liang, B.** (2013). Ethical issues in youth mentoring. In D. DuBois, & M. Karcher (Eds.), *Handbook of youth mentoring, 2nd Edition*. (pp. 511-522). Sage, CA.
- [68] Castricum, S., & **Liang, B.** (2012). GenerationPulse: Web-based service-learning in psychology courses. In C. Cheal, J. Coughlin, & S. Moore (Eds.) *Transformation in teaching: Social media strategies in higher education*. (pp. 115-137). Santa Rosa, California: Informing Science Institute.
- [69] **Liang, B.** & Grossman, J. (2007). Diversity and youth mentoring. In T. Allen, & L. Eby (Eds.) *Blackwell handbook of mentoring: A multiple perspectives approach*. (pp. 239-258). Malden, MA, US: Blackwell Publishing.
- [70] Bogat, G. A., & **Liang, B.** (2005). Gender in mentoring relationships. In D. DuBois, & M. Karcher (Eds.), *Handbook of youth mentoring*. (pp. 205-217). Sage, CA.
- [71] Bogat, G. A., **Liang, B.**, Caldwell, R. A., Davidson, W. S. II, Bristor, M., Phillips, M., & Suurmeyer, M. (1993). Alternative schools: A school transition for adolescent mothers. In Jason, L. A., Danner, K. E., & Kurasaki, K. S. (eds), *Prevention and school transitions* (pp. 151-168). New York: The Haworth Press, Inc. (Reprint)

Book Reviews

- [72] Tummala-Narra, P. & **Liang, B.** (2009). Battered women know best. *Journal of Community Psychology, 37*, 418-421.
- [73] Gatha, R. * & **Liang, B.** (2006). Time for some action. *The Community Psychologist, 39*, 10-12.
- [74] **Liang, B.** (2005). The roots of relational health. *Psychology of Women Quarterly, 29*, 224-225.

Books

- [75] Hoffman, A. J., Alamilla, S., & **Liang, B.** (2018). *The Role of Community Development in Reducing Extremism and Ethnic Conflict*. NY, NY: Palgrave MacMillan.

Other Publications

- [76] **Liang, B.** & West, J.* (2007). Youth mentoring: Do race and ethnicity really matter? *Research in Action Series, 9*.
- [77] Spencer, R., **Liang, B.**, Rhodes, J., West, J.*, & Singer, R.* (2007). Boundaries in youth mentoring relationships. *The Community Psychologist, 35*, 35-37.
- [78] **Liang, B.**, Glenn, C.*, & Goodman, L. (2005). Feminist ethics in advocacy relationships: A relational vs. rule-bound approach. *The Community Psychologist, 38*, 25-39. (Lead Article)
- [79] **Liang, B.**, Taylor, C., Williams, L., Tracy, A., Jordan, J., & Miller, J. B. (1999). *The Relational Health Indices: An exploratory study*. Work in Progress 293. Wellesley, MA: Center for Research on Women Working Paper Series.
- [80] Colgan, C.A. *, Hoskova, B. *, Aube, S. *, Kiernan, S. *, **Liang, B.**, & Lai, B.S. (2020). Colleges and the COVID-19 crisis: Students. https://sites.google.com/bc.edu/lai-lab-boston-college/colleges-and-the-covid-19-crisis/preliminary-results_1?authuser=0
- [81] Hoskova, B. *, Colgan, C.A. *, Kang, A. *, Konowitz, L. *, **Liang, B.**, & Lai, B.S. (2020). Colleges and the COVID-19 crisis: Faculty and Academic Advisors. https://sites.google.com/bc.edu/lai-lab-boston-college/colleges-and-the-covid-19-crisis/preliminary-results_1?authuser=0

Manuscripts Under Review

- Bravo, D. *, Hill, N., **Liang, B.**, Perella, J. (revise and resubmit). Attributions of Discrimination and Longitudinal Links to Adolescent Adjustment. *Child Development*.
- Lincoln, B*, Wood, W., Reed, M., **Liang, B.**, Hill, N., Perella, J. (under view). MPower shows me who I want to be": A qualitative study of a youth purpose program. *School Psychology Journal*.

Book in Progress

- Liang, B.** & Klein, T. (in progress). *(Purpose Mindset: The New Science of Navigating School, Career, & Life)*. NY, NY: St. Martin's Press.

Presentations

Aubé, S., Kiernan, S., DeLoreto, K., Hoskova, B., Riobueno-Naylor, A., Colgan, C.A., Liang, B., & Lai, B.S. (2020, October). *College Students and COVID-19: Mental Health & Common Stressors*. Boston College Advancing Research and Scholarship Day: Responding to COVID-19, online, Chestnut Hill, MA.

Reed, M., Lincoln, B., Konowitz, Barnett, M., Blustein, D., & Liang, B. (2020, October). *Creativity, Curiosity, and Science Engagement for Marginalized Youth*. Diversity Challenge, online, Chestnut Hill, MA.

Liang, B. & Klein, T. (2020, May 7). *Navigating an uncertain: Applying the new science of purpose in school, career & life*. Buckingham, Browne, & Nichols School, Cambridge, MA.

Liang, B. & Klein, T. (2020, April 23). *Purpose mindset: Applying the new science of purpose in school, career & life*. Belmont High School, Belmont, MA.

Liang, B. & Klein, T. (2020, April 2). *Navigating the new educational landscape in the age of Covid-19 with purpose*. Newton North High School, Newton, MA.

White, A., Liang, B., Barnett, G., & Doyle, S. (2019, August). *Making stem meaningful: The infusion of purpose in STEM curriculum*. Paper presented in D. Blustein (Chair), New Directions in STEM Career Development: Interrogating Assumptions. Symposium conducted at the American Psychological Association, Chicago, IL.

Liang, B., Braun, H., Shirley, D., & Wortham, S. (2018, March). *Whole Child for the Whole World: Educating for Meaning and Purpose*, ACSD Empower Conference. Boston, MA.

Liang, B. & Shirley, D. (2017, October). *An Education for Meaning and Purpose: The Journey Ahead*. Whole Person Whole Child Summit, Boston College ACSD. Boston, MA.

Liang, B., (2017, September). *Purpose*. Invited Speaker at Harvard University Graduate Commons Forum. Harvard University, Cambridge.

Liang, B. (2017, July). *Youth in the Civic Space: From Transforming Youth to Transforming Society*. Invited Research Fellow at Summer Institute on Mentoring, Portland State University.

- Liang, B. (2017, July). *Mentoring Youth Toward Passion, Power, and Purpose*. Invited Research Fellow at Summer Institute on Mentoring, Portland State University.
- Mousseau, A., Liang, B., Sepulveda, J., White, A., Hill, N., Savitz-Romer, M., Perella, J., & Lund, T. (2017, April). *Mapping the Path to Purpose: Advancing Qualitative Methods in Research on Youth*. Paper presented in B. Liang (Chair), Cultivating a Generation of Purposeful Youth: Transforming Lives at Home and School. Symposium conducted at the Society for Research on Child Development, Austin, TX.
- Lund, T., Liang, B., Mousseau, A., Spencer, R. (2017, April). *Parenting Youth Toward Prosocial Purpose*. Paper presented in B. Liang (Chair), Cultivating a Generation of Purposeful Youth: Transforming Lives at Home and School. Symposium conducted at the Society for Research on Child Development, Austin, TX.
- Liang, B. (2017, March). *Enhancing the Human Condition: Diverse Strands of Education for Meaning and Purpose*. Invited Presentation for Faculty Scholars, Boston College, MA.
- Liang, B., Perella, J., & Klein, T. (2016, April). *Transforming Purpose at Medford High School*. Invited Presentation for Collaborative Fellows, Boston College, MA.
- Liang, B. (2017, January). *Aligning Wellbeing and Achievement*. Invited presentation at Buckingham, Browne & Nichols, Head Speaker's Series, Cambridge, MA
- Liang, B. (2016, October). *Youth Mentoring*. Invited presentation at Diversity Challenge, ISPRC, Boston College, Chestnut Hill, MA
- Liang, B. (2016, December). *Adolescent girls finding purpose: The role of parents and prosociality*. Association of Moral Education 2016 Conference, Cambridge, MA.
- Liang, B., Mousseau, A., & Lund, T. (2016, March). *Pathways to Purpose Among Youth from the Guatemala City Dump Community*, SRA Biennial Conference, Baltimore, MD.
- Liang, B., Lund, T., Mousseau, A., & Spencer, R. (2016, March). *Mentoring Girls on Purpose*, SRA Biennial Conference, Baltimore, MD.
- Mousseau, A., Liang, B., & Lund, T. (2016, March). *4 P's of Purpose*, SRA Biennial Conference, Baltimore, MD
- Liang, B. (2015, October). *Sources and strategies regarding stress among adolescent girls*. Invited presentation at Conversations on Stress and Girls, Dana Hall and Wellesley College, Wellesley, MA.

- White, A., Sernoffsky, J., Liang, B., Mousseau, A., Hasse, A., Knight, L., Berado, D. & Lund, T. (2015, August). *Hopes for the future: A qualitative examination of College Bound Students' perceptions of purpose*. Presented at American Psychological Association Convention, Toronto, Canada.
- Liang, B. & Spencer, R. (2013, October). *Girls, stress, and well-being: What parents need to know*. Invited presentation at Center for Research on Girls Symposium: 21st Century Athenas, Laurel School, Shaker Heights, OH.
- Liang, B. Spencer, R., Lund, T., Mousseau, A. D., & Walsh, J. (2013, October). *Purpose and relationships*. Plenary session presented at Center for Research on Girls Symposium: 21st Century Athenas, Laurel School, Shaker Heights, OH.
- West, J., Duffy, N., Liang, B. (2013, June). *Creating S.P.A.C.E. through yoga: Africa Yoga Project teachers promote personal transformation, peaceful communities, and purpose-filled service*. Poster presented at Symposium of Yoga Research, Boston, MA
- Frederick, A. F., Harvey, K., & Liang, B. (2013, May). *Because I said so: The effects of perceived parental expectations on female adolescents' development of purpose*. Poster presented at Association for Psychological Science, Washington, D.C.
- Nam, S., Frederick, A.F., Unzueta, E., Lee, A., & Liang, B. (2012, August). *It takes two: A qualitative examination of mentoring relationships*. Poster presented at American Psychological Association Convention, Orlando, FL.
- Liang, B. (2010, May). *GenerationPulse: Social networking for social justice*. Invited speaker at Boston College e-Teaching Conference.
- Liang, B. (2010, May). *Ethical issues in youth mentoring*. Quality in Action Webinar Series.
- Liang, B. (2009, October). *Does race matter in youth mentoring?* Research In Action Webinar Series.
- Liang, B. (2009, October). *Does race and ethnicity matter in youth mentoring?* Invited Speaker at the Diversity Challenge Conference, Boston College.
- Liang, B. (2008, July). *Developmental mentoring*. Guest Speaker at Summer Institute on Mentoring, Portland State University.
- Liang, B. (2007, July). *Relational health and spirituality*. Key Note Speaker at Annual Youth

Leaders' Conference 2007, Malawi, Africa.

Liang, B. (2007, March). *Mentoring youth*. Invited Speaker at Grace Chapel, Lexington, MA.

Liang, B. (2006, September). *Top ten lessons learned from youth mentoring research*. Invited Speaker for Mentor Research and Policy Council, Boston, MA.

Liang, B. (2006, May). *GenerationPulse: Innovations in technology and pedagogy*. Invited Speaker at Boston College Technology Conference, Chestnut Hill, MA

Liang, B. (2006, May). *Relational mentoring across the developmental stages of adolescence*. Paper presented in T. Allen & L. Eby (Co-Chairs), Diversity and Mentoring. Symposium to be conducted at the Society for Industrial & Organizational Psychology Annual Conference (APA Div. 14), Dallas, TX.

Liang, B., Glenn, C., & Grossman, J. (2005, August). *The Relational Health Indices: Confirming factor structure for use with men*. Poster presented at American Psychological Association Convention, Washington, D.C.

Gatha, R., and Liang, B. (2005, August). *Relational health, perceived discrimination, and assertion in Asian American youths: Towards an understanding of voice in Asian American boys*. Poster presented at American Psychological Association Convention, Washington, D.C.

Grossman, J., and Liang, B. (2005, August). *Discrimination distress among Asian American adolescents*. Poster presented at American Psychological Association Convention, Washington, D.C.

Liang, B. (2004, July). *Assessment of mentoring relationships: Multicultural and gendered perspectives*. Invited Paper presented in S. Jenkins (Chair), Division 12, Section IV Presidential Symposium, "Gender, Culture, and Clinical Assessment: Celebrating Best Practices: New Directions in Assessment of Women's Psychological Development. American Psychological Association Convention, Honolulu, Hawaii.

Liang, B. (2003, October). *Youth mentoring relationships: How do we assess them?* Invited Speaker at the National Research Summit on Mentoring. Kansas City, MO.

Liang, B. (2003, August). *Complexities in the nature and process of Asian social support*. Paper presented in B. Liang (Chair), Culture, Control and Coping: Asian American Relational Health. Symposium conducted at the Asian American Psychological Association, Boston, MA.

- Liang, B. (1999, August). *Relational Health Indices*. Paper presented in B. Liang & D. Tolman (Co-Chairs), New Directions in Assessment of Women's Psychological Development. Symposium conducted at the American Psychological Association, Boston, MA.
- Liang, B. & Kauh, T. (1999). Young women's mentoring relationships. Invited Speaker at the American Association of University Women Conference.
- Liang, B. (1998, November). *Childhood trauma and adult attachments*. Paper presented in L. Williams & M. Harvey (Co-Chairs), An Ecological Perspective of Adult Relational Outcomes among Trauma Survivors. Symposium conducted at the International Society of Traumatic Stress Studies Conference, Washington, DC.
- Liang, B. & Williams, L. (1998, July). *The impact of childhood sexual trauma on marital relationships*. Paper presented at the Sixth annual National Colloquium of the American Professional Society on the Abuse of Children, Chicago, IL.
- Liang, B., Harney, P., Tummala-Narra, P., & Shorin, J. (1998, May). *Assessing trauma recovery and resiliency*. Workshop conducted at the Learning from Women Conference (sponsored by Stone Center, Wellesley College and Harvard Medical School), Boston, MA.
- Liang, B. (1997). *Stage by dimension model of trauma resiliency*. Paper presented in P. Harney (Chair), Clinical Dilemmas in the Assessment and Treatment of Trauma: A Stages X Dimensions Model. Symposium conducted at the International Society of Traumatic Stress Studies Conference, Montreal, CA.
- Liang, B. (1996, November). *The new multidimensional trauma recovery and resiliency instrument: preliminary findings*. Paper presented in M. Harvey (Chair), An Ecological Perspective of Recovery and Resiliency in Trauma Survivors. Symposium presented at the International Society of Traumatic Stress Studies Conference, San Francisco, CA.
- Liang, B. (1996, September). *A multidimensional approach to the measurement of trauma recovery and resiliency*. Paper presented in M. Harvey (Chair), Recovery and Resiliency in Trauma Survivors: Toward an Understanding of Adaptation and Coping. Symposium presented at the American Psychological Association Women's Health Conference, Washington, D.C.
- Burke, L., Liang, B., & Bogat, G. A. (1994, June). *Children's perceptions of authority in*

sexually abusive and non-sexually abusive situations. Paper presented at the American Psychological Association Annual Convention, Los Angeles, CA.

Bogat, G.A., Liang, B., Caldwell, R.A., & Davidson, W.S. (1993, June). *Applying developmental theory to a mentoring program for pregnant adolescents.* Paper presented at the 4th Biennial Conference on Community Action and Research, Williamsburg, VA.

Liang, B., Bogat, G.A., Davidson, W.S., & Caldwell, R.A. (1993, April). *Evaluating a social support versus education intervention for pregnant teenagers.* Paper presented at the Midwestern Psychological Association Conference, Chicago, IL.

Liang, B. (1992, November). *West meets East: A cultural-theological exegesis on adolescent development.* Paper presented at the 2nd International Congress on Christian Counseling, Atlanta, GA.

Liang, B., Burke, L., Bogat, G.A., & White, A. (1992, October). *Research collaborations in an alternative school for pregnant teens and a day care center--The nature of site specific and general challenges to the researcher/site relationship.* Paper presented at the Annual Midwestern Ecological/Community Conference, MI.

Liang, B., & Phillips, M. (1991, October). *Child abuse prevention programming.* Workshop conducted at the Annual Legislative Conference of the Children's Trust Fund of Michigan, Lansing, MI.

Liang, B., & Bogat, G. A. (1992, August). *Culture, control, and coping: A comprehensive model of social support.* Paper presented at the American Psychological Association Annual Convention, Washington, D.C.

Liang, B., & Le, P. L. (1992, April). *Empowering the Asian Pacific American woman.* Paper presented at the Asian Pacific American Annual Midwestern Conference, East Lansing, MI.

Liang, B., & Smith, E. (1991, October). *Before another generation is lost: A parent education and support model for teen mothers.* Paper presented at the Michigan Association Concerned with School-Aged Parents Annual Conference, East Lansing, MI.

Liang, B., Caldwell, R., & Mills, D. (1991, October). *Child abuse prevention.* Invited Speaker at the Annual Michigan State University Social Sciences Convention: Windows on our Global Future, East Lansing, MI.

Liang, B., & McGrath, M. P. (1991, August). *How well do children learn child sexual abuse prevention concepts?* Paper presented in M. P. McGrath (Chair), New perspectives on sexual abuse education for preschoolers. Symposium conducted at the American Psychological Association Annual Convention, San Francisco, CA.

Consultation and Professional Services

- 2016-present Advisory Board Member, Western Europe Young Life
- 2014-2017 Advisory Board Member, Considine Foundation, B4Kids
- 2009-2012 Advisory Board Member, The Center for Advancement of Mentoring's National Cadre of Mentoring Researchers
- 2006-present Member, MENTOR/National Mentoring Partnership Research and Policy Council
- 2008-2012 Consulting Editor, Journal of Counseling Psychology
- 2004-present Conference Reviewer, APA Div. 27
- 2004-2005 Conference Reviewer, Asian American Psychological Association
- 2002-present Ad-hoc Reviewer, *Sex Roles, Cultural Diversity and Ethnicity, The Counseling Psychologist, Violence and Victims, Violence Against Women, American Journal of Community Psychology, Psychology of Women Quarterly, American Journal of Orthopsychiatry, Journal of Adolescence, Journal of Vocational Behavior, Journal of Counseling Psychology*
- 2003-2005 Consultant, Writer's Express, Lexington, MA.
- 2003-2005 Consultant, CityDance, Inner-city Project of Boston Ballet, Boston, MA.
- 2002-2003 Steering Committee Member, Northeastern Society of Group Psychotherapy Conference, Wellesley, MA.
- 2002-2003 Consultant, Progressive Chinese Association, Boston, MA.
- 1998-2003 Consultant, Open Circle Social Competency Program, Wellesley, MA.
- 1994-2005 Consultant, Victims of Violence, Harvard Medical School, Cambridge, MA.
- 1998-1999 Consultant, Better Homes Fund, Newton, MA.
- 1995-1996 Member, Community Crisis Response Team, Cambridge, MA.
- 1990-1993 Consultant and Grant Reviewer, Children's Trust Fund, Lansing, MI.
- 1991-1993 Steering Committee Member, East Lansing Community Lay Counseling, East Lansing, MI.
- 1991-1992 Consultant and Educator, Multi-Ethnic Counseling Center, MSU.

University Service

Boston College

Department/Program

2013-2017 Director of Training, Ph.D. Counseling Psychology Program
2011-2012 Member, Master's Program Advisory Group
2008-2011 Program Coordinator, M.A. Mental Health Program (60-90 students per cohort)
2008-2010 Faculty Advisor/Co-Facilitator, Program Diversity Committee
2000-2014 Clinical Supervisor, Doctoral Student Training

Lynch School of Education

2016- Member, Faculty Awards Committee
2015-2017 Member, Nominations Committee
2012-2015 Member, Promotion and Tenure Committee
2012-2013 Member, Faculty Search Special Education
2011-2012 Member, Faculty Search for Teacher Education Social Studies
2008-2010 Member, Faculty Search Committee for ERME
2008-2009 Member, Faculty Search for Higher Education
2008-2009 Member, Faculty Search for Counseling Psychology
2005-present Member, Technology Advisory Committee
2004-2006 Member, Educational Policy Committee
2006-present Representative, Lynch School Open House for Prospective Students

University

2018- Member, Institutional Review Board
2015- Collaborator/Consultant, Thea Bowman AHANA and Intercultural Center
2014- Consultant, Center of Health Promotion
2013- Consultant, Women's Resource Center
2012-2015 Member, Institutional Review Board
2007-2009 Member, University Grievance Committee
2006-present Faculty Advisor, Intersections, Half-time, and Senior Consilium
2001-2002 Consultant/Faculty Advisor, WebCT Development
2001-present Invited workshop presenter, Annual Academic Technology Conference

Wellesley College

1999-2001 Member, Policy Review Committee for Academic Dean's Office
1999-2001 Member, Health Center Services Evaluation
1999-2001 Member, Campus Center Design and Evaluation
1999-2001 Member, Academic Technology Committee

Accreditation

1996-present Licensed Psychologist (#7014), Commonwealth of Massachusetts

Grants and Contracts

Melkus Foundation, *True North*. \$200,000. Principal Investigator: Belle Liang (funded 2019-2021).

Boston College Research on Formative Education Grant, *Formative Education: The Role of Purpose and Critical Consciousness in College Students*. \$15,000. Principal Investigator: Belle Liang (funded 2019-2020).

National Science Foundation, *Change Makers: Urban Youth Food Justice Ambassadors*. \$1,998,290. Co-Principal Investigators: Mike Barnett, Belle Liang, David Blustein (funded 2017-2020).

National Science Foundation, ITEST, *Strategies: Seeding the Future of STEM researchers through emerging agricultural technologies*. \$1,197,756. Principal Investigators: Mike Barnett, Co-Investigators Belle Liang, David Blustein (funded, 2018-2022).

National Science Foundation, Advancing Informal STEM Learning (AISL). *Broadening Participation by Middle-School Students in STEM via Integrating Hands-on Experiences in Science Learning*. \$299,780. Co-Investigators: Meghan E. Hill, Belle Liang, Helen Zhang, & Mike Barnett (funded 11/2/18 – 10/31/20).

Catalyzing a Human Centered Approach to International STEM Education: A Partnership between Boston College and the Agastya International Foundation in India. Co-Investigators: Helen Zhang, & Mike Barnett (funded). Consultant: Belle Liang.

Lawrence O'Toole Award, *MAPP: Digitizing Habits of the Mind, Heart, and Imagination*. \$15,000. Co-Principal Investigators: Belle Liang & Tim Klein (funded 2017-2018).

Collaborative Fellows Grant. Co-Investigators: Maureen Kenny, Belle Liang, David Blustein. \$35,000 per year (funded 2017-2020).

Academic Technology Innovation Grant, Boston College. *MAPP: Purpose Profiles*. \$40,000 (funded 2017-2019).

Research Expense Grant, Boston College. \$2,000 (funded 2017-1018).

MediaKron, Boston College. *A TAB Special Project: Global Classroom*. \$2,500 (funded 2016-7).

Collaborative Fellows Grant, Boston College: *Transforming Stress and Storm to Power and Purpose*. \$30,000 per year (funded 2013-2016).

Research Incentive Grant, Boston College. *Youth mentoring and College-Bound students*. \$7,500 (funded 2013-4).

Center for Research on Girls Grant, Laurel School. *21st Century Athenas: Aligning achievement and well-being*. \$250,000 (funded 2010-2013).

Academic Technology Innovation Grant, Boston College. *Generationpulse: Global classroom*. \$42,000 (funded 2008-2011).

Teaching, Advising and Mentoring Grant (TAM), Boston College. *Web teens of New Orleans: Restoring the community of youth*. \$12,000 (funded 2006-2007).

State Farm Good Neighbor Service-Learning Grant. *Building community for the teens of New Orleans*. \$1,000 (funded 2006-2007).

Robert S. and Grace W. Stone Primary Prevention Initiatives Grant: Empowering Children for Life. *The relational health indices: A study of girls' and boys' relationships*. \$80,000 (funded 2003-2005).

Research Expense Grant, Boston College. *The ethical dilemmas in youth mentoring study*. \$2,000 (funded 2005).

CityDance, Boston Ballet. *The impact of CityDance intervention on relational health and body image in inner-city girls' and boys'*. \$2,000 (funded 2004-2005).

Research Incentive Grant, Boston College. *Relational health and social competency in Asian-American youths*. \$15,000 (funded 2003 – 2004).

Research Expense Grant, Boston College. *The relational health study*. \$1,500 (funded 2002).

Project Initiation Grant, Institute for Children, Youth, and Families, Michigan State University. *Parenting styles and children's notions of authority: Factors related to success in sexual abuse prevention programs* with G. A. Bogat. \$5,000 (funded 1992-1993).

Children's Trust Fund, Lansing, Michigan. *Young parents educational development: Mentors of mothers Project*, Lansing School District. \$35,000 (plus \$5,000 research stipend) (funded 1991-1994).

Awards/Honors

Distinguished Alumni Award (Inaugural Distinguished Asian Alumni Award), Indiana University Alumni Association.

Boston College Corcoran Center Community Engagement Award for BC MentorOn - St. Columbkille School Collaboration.

Inaugural Many Faces of Counseling Psychology Award, International Counseling Psychology, for innovations in strength-based, developmental, and preventive approaches to psychological issues.

Lawrence O'Toole Award. Innovative Practices in Education Award.

American Psychological Association Fellow, Division 17, for unusual and outstanding contributions to research and the field of Counseling Psychology.

Finalist, *SPSSI Outstanding Teaching & Mentoring Award.*

Commitment to Change Award, Boston College, to my research team for outstanding contributions in and demonstrated commitment to social change.

Summa Cum Laude Award, Teaching with New Media Award at Boston College for exemplary uses of technology in teaching.

Magnum Cum Laude Award, Teaching with New Media Award at Boston College for exemplary uses of technology in teaching.

Finalist, *The Counseling Psychologist Outstanding Contribution Award* for major contribution, "Training Counseling Psychologists as Social Justice Agents: Feminist and Multicultural Principles in Action."

American Psychological Association Convention, Division 27 Best Paper Award for "Culture, control, and coping: A comprehensive model of social support."

Courses/Subjects Taught

Adolescence in the Digital Age (Undergraduate core course)

Applied Psychology Practicum (Undergraduate)

Adolescent Psychology (Undergraduate)
Introduction to Psychology (Undergraduate)
Research Methods (Undergraduate)
Psychological Research Practicum (Undergraduate and Post-doc)
Cross-Cultural Psychology: Clinical Applications Seminar (Undergraduate)
Group Work and Group Theory (M.A.)
Applied Adolescence (M.A.)
Advanced Counseling Practicum (Ph.D.)
Supervision and Consultation (Ph.D.)
Counseling Theories (Ph.D.)
Professional & Ethical Issues (Ph.D.)
Dissertation Seminar (Ph.D.)

Professional Affiliations

1997-2000 Member, American Professional Society on the Abuse of Children
1995-present Member, American Psychological Association
2001-2006 Member, Northeastern Group Psychotherapy Association
2003-2007 Member, Asian American Psychological Association
2003-2008 Member, Society for Research on Child Development
2008-present Member, Division 17.
2010-present Member, SPSSI
2015-present Member, Society for Research on Adolescence