

# RESILIENCE AS A FRAMEWORK FOR SUSTAINABILITY

Cities of the Future, resilience and  
sustainability

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# THREE RECOMMENDATIONS

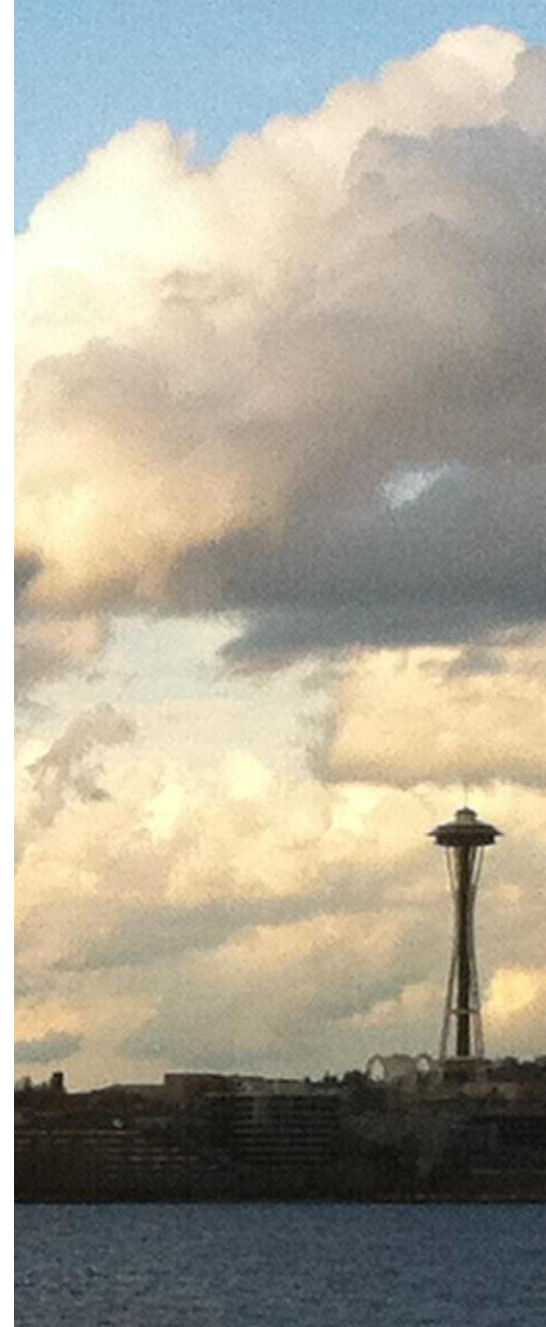
1. Leverage seismic resilience achievements to create city-wide resilience and sustainability
2. Plan for all kinds of change – sudden and long-term, residual risk and “Black Swan” events
3. Add city-wide resilience criteria to all planning and capital investments

# OUTLINE

1. Cities of the Future must adapt
2. Uncertainty is high
3. Shift to incremental investments with a portfolio of options
4. Plan for resilience - both growth and disturbance
5. Learn from good examples and create more
6. Can we create a city that is resilient to all kinds of change?
7. Recommendations

# 1. CITIES OF THE FUTURE

- The world has changed
  - Economic “reset”
  - Urbanization and growth
  - Climate change
  - Energy costs
  - Infrastructure costs
- Need to
  - Stop building brittle infrastructure
  - Start building adaptable and resilient infrastructure at multiple scales
  - Leverage current spending to create more value
  - Be strategic with our long range planning for land use, development and capital spending for infrastructure.



# 800,000

New people last week.

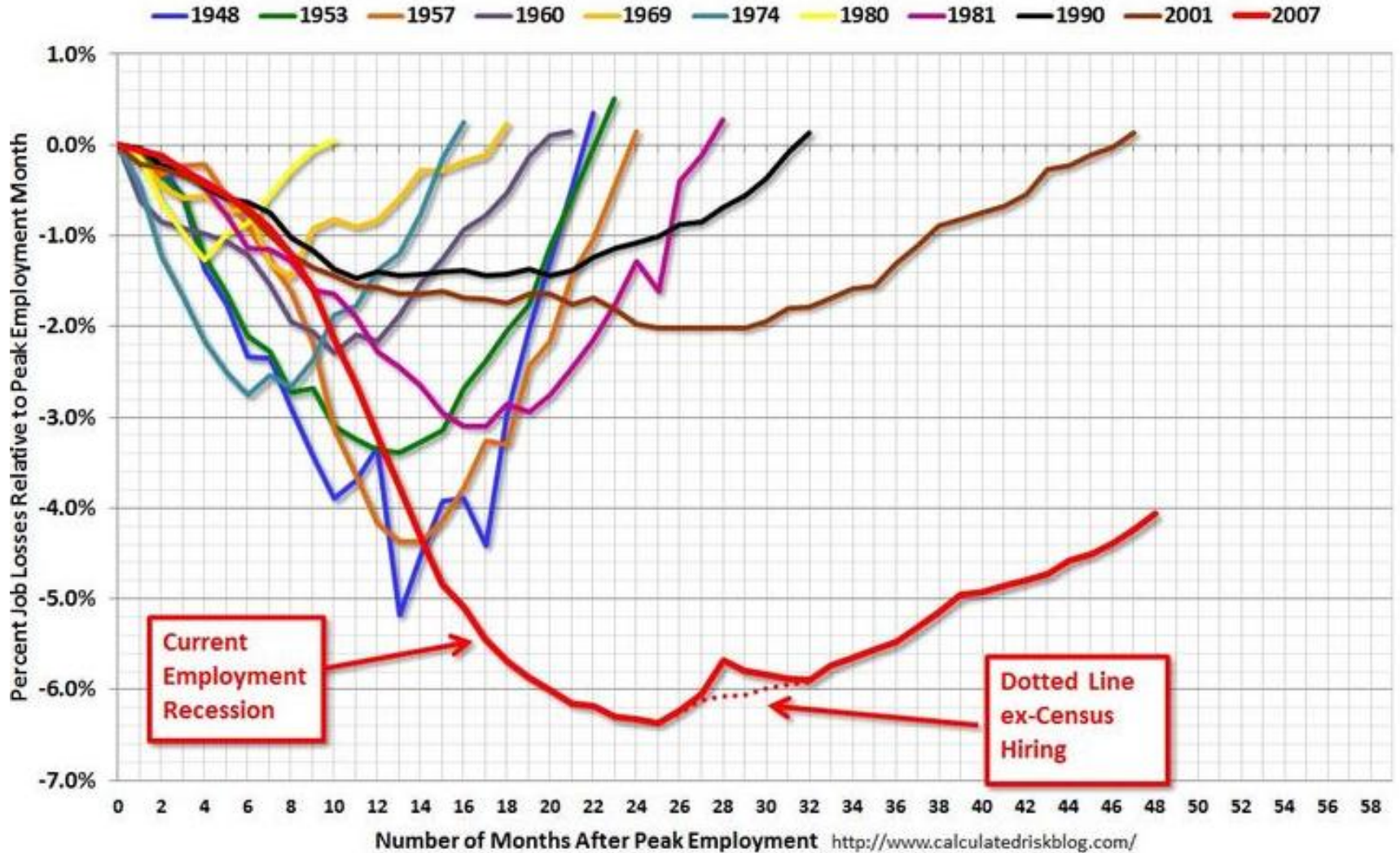
This week.

Next week.

Every week for the next 4 decades.

# ECONOMIC RESET

## Percent Job Losses in Post WWII Recessions



# DOES CLIMATE CHANGE = END OF RELIABILITY?

- Reliability is the standard that we use to design roads, bridges, water supply systems, wastewater systems, stormwater systems
- Reliability is based on the historic weather record
- Climate scientists tell us that the uncertainty of future weather is greater than ever before

## 2. UNCERTAINTY

- Uncertainty is higher than we admit or recognize

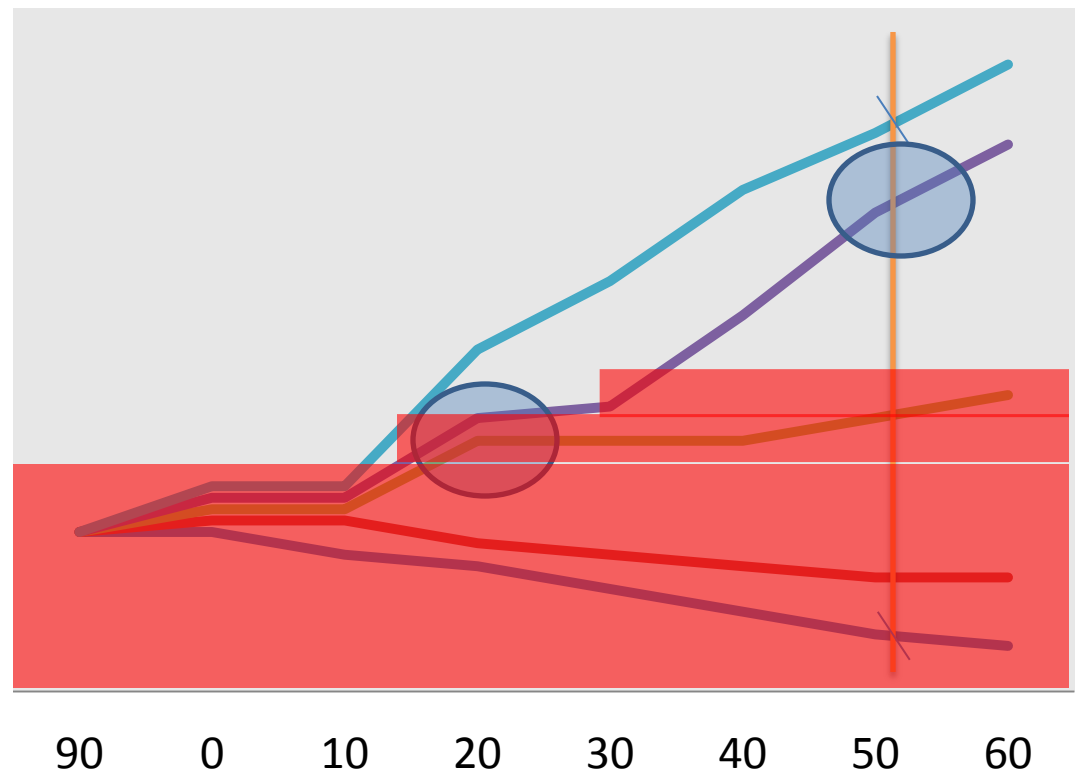




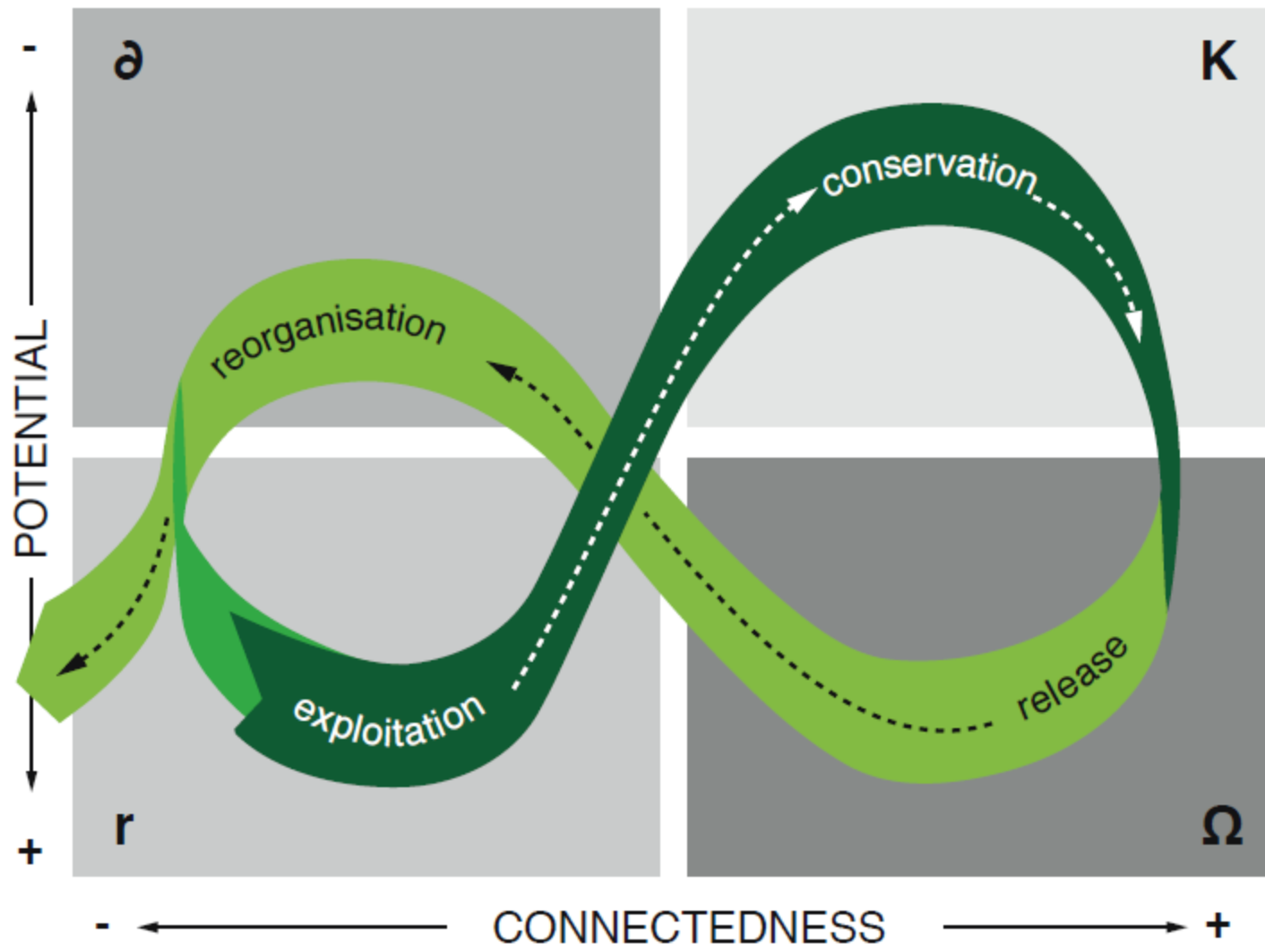
# 3. INCREMENTAL INVESTMENTS

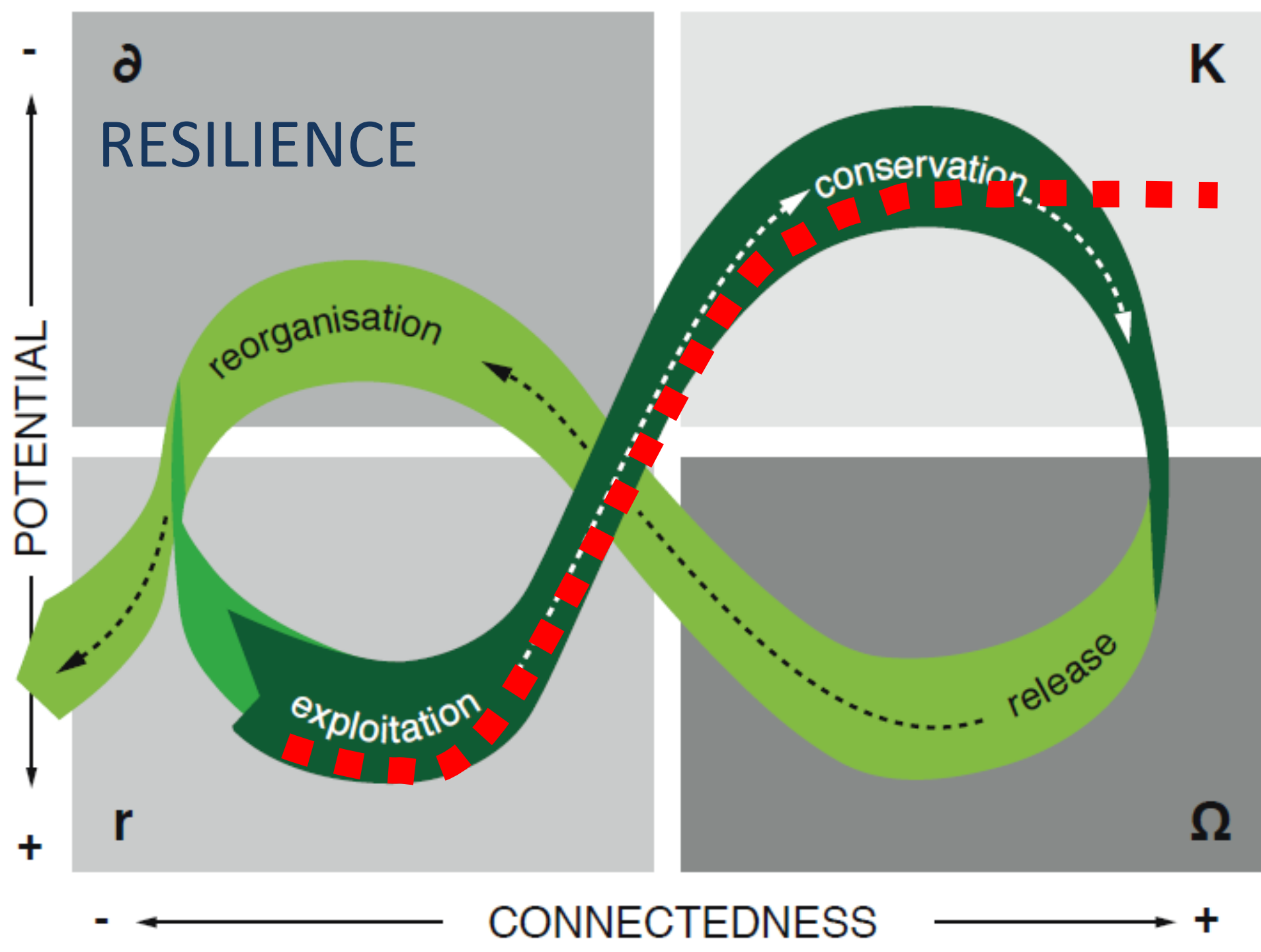
- When the range of possible futures is broad, make incremental investments that create flexibility and adaptability

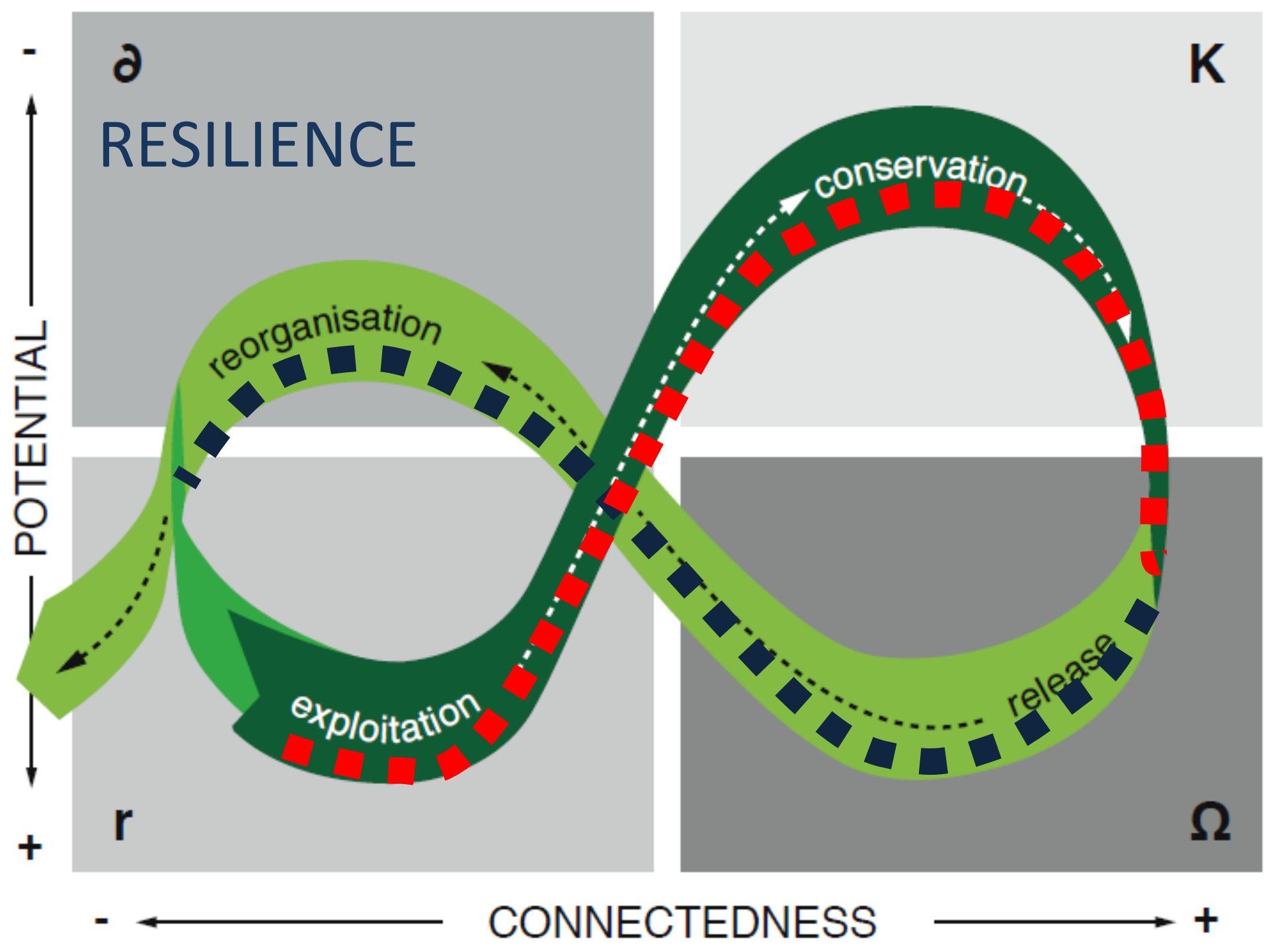
Plausible worst case scenario



# 4. RESILIENCE IS BOTH GROWTH AND DISTURBANCE



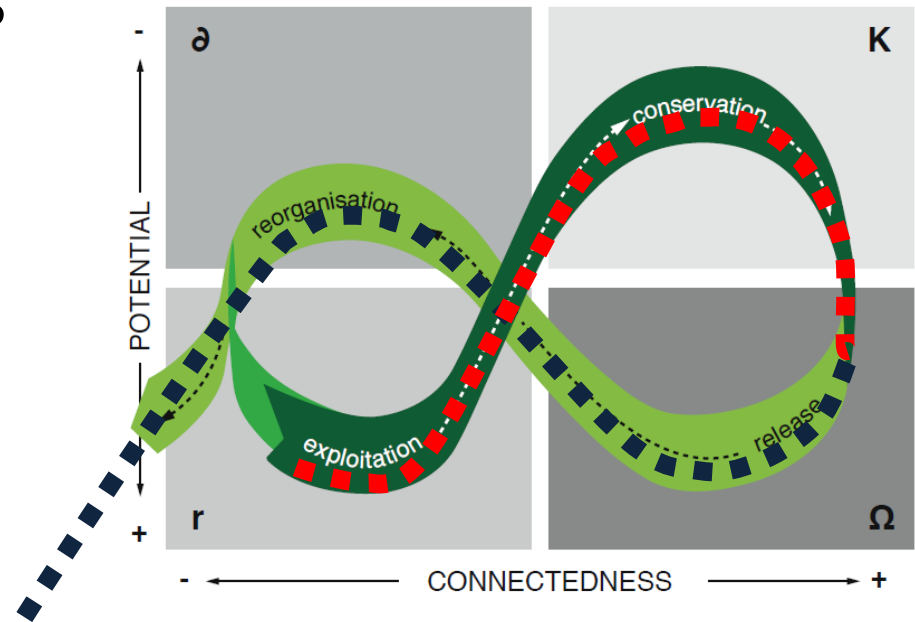




# THE MEASURE OF RESILIENCE?

*How quickly a system recovers*

- Sometimes systems never recover and shift into a new “steady state”



# CHARACTERISTICS OF RESILIENT SYSTEMS

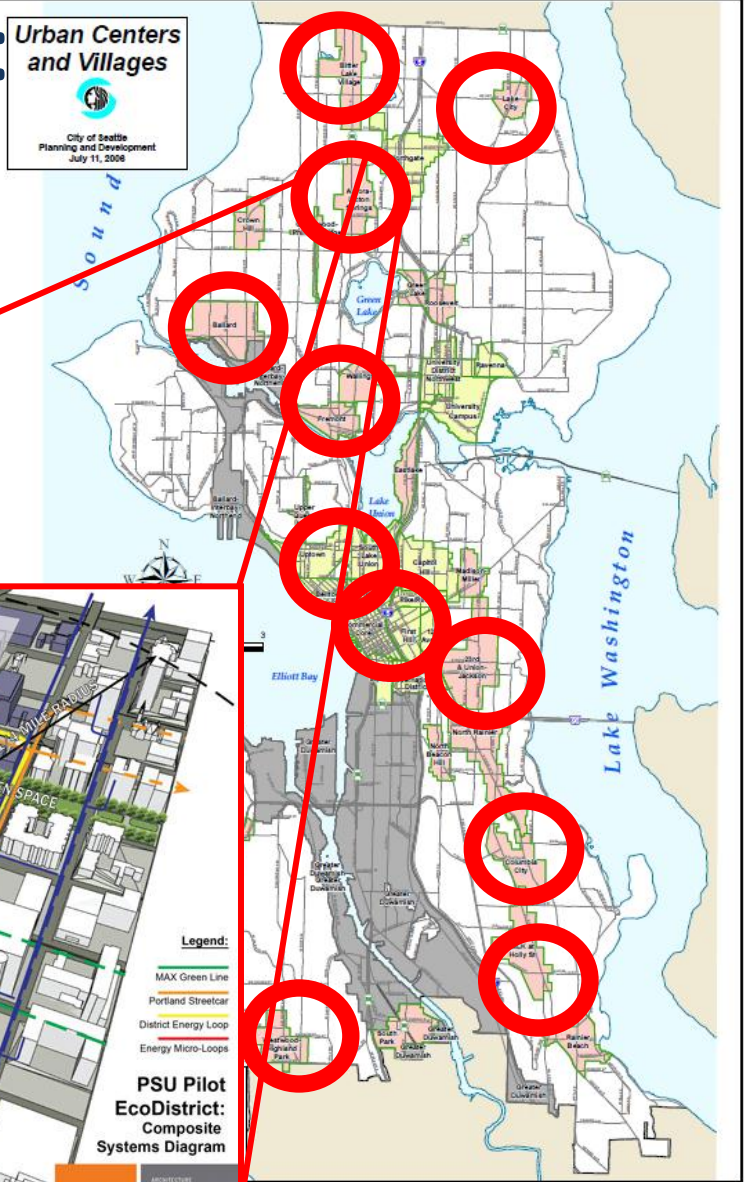
- Multiple scales
- Diversity
- Modularity
- Tightness of feedbacks
- Adapt to “slow variables”
- Portfolio of options



Image: USGS

# CITIES OF THE FUTURE: RESILIENT CITY

- Nested semi-autonomous
  - Buildings
  - Neighborhoods
  - Cities



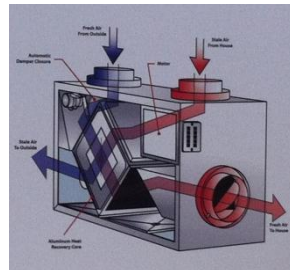
# SEMI-AUTONOMOUS BUILDINGS

- Use renewable resources

- Sun
- Rain
- Soils
- Food
- Shade
- Vegetation
- Wind

- Close loops

- Air to air heat exchangers
- Geo-exchange heat/cool



- Smart systems

- Real time monitoring
- Feedback loops

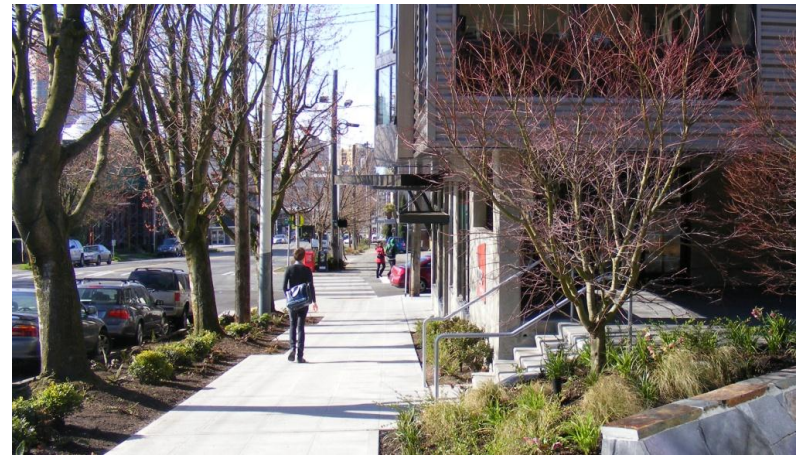


Zhomes, Issaquah photo by Moddemeyer



# SEMI-AUTONOMOUS NEIGHBORHOODS

- Link together green semi-autonomous buildings
- Increase livability and resilience while reducing demand for outside services
- Design for recovery from quick or slow change and risks such as economic shifts, technological change and natural disasters
- Close loops and use onsite renewable resources
  - Sun
  - Rain
  - Soils
  - Shade
  - Vegetation
  - Food
- Install smart systems
  - Real time monitoring
  - Feedback loops
- Design places that people love and will care for over time



# 5. EXAMPLES: COMMONALITIES

- Use resilience as a framework to achieve real sustainability
- Join land use planning with infrastructure planning
- Emphasize multi-scale solutions/strategies
- Blend smart buildings with smart semi-autonomous districts into resilient eco-cities
- Design for multi-modal, multi-scale adaptability that add to resilience during extreme events
- Encourage technologies that create with multiple benefits instead of sector-only benefits

# YESLER TERRACE



# EXAMPLE: YESLER TERRACE

Seattle Housing Authority

38 acres

5,000 apartments

1 million sq ft of office

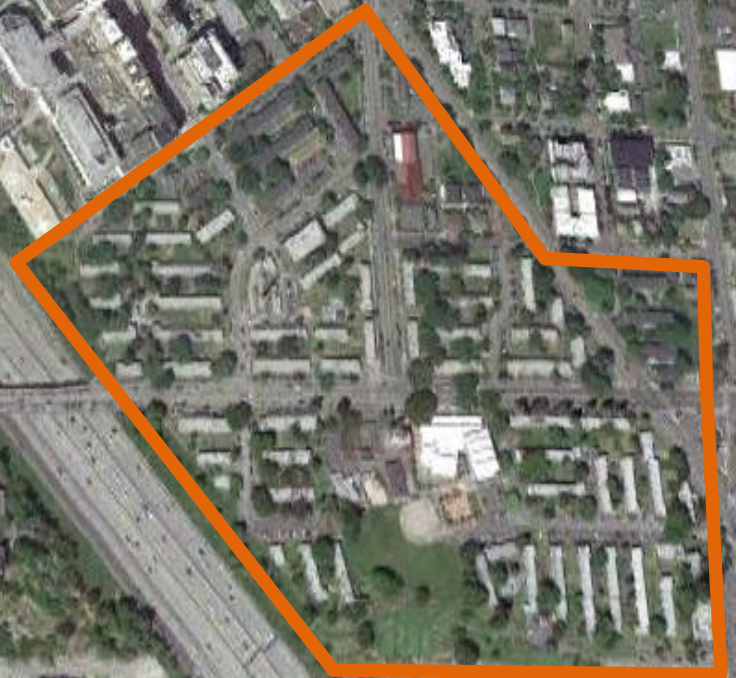
**PROBLEM:** Nearly \$100 million in infrastructure costs

Lots of pressure to be a greenest of green

**SOLUTION:** Look at alternatives that meet or beat levels of service for the same or less cost

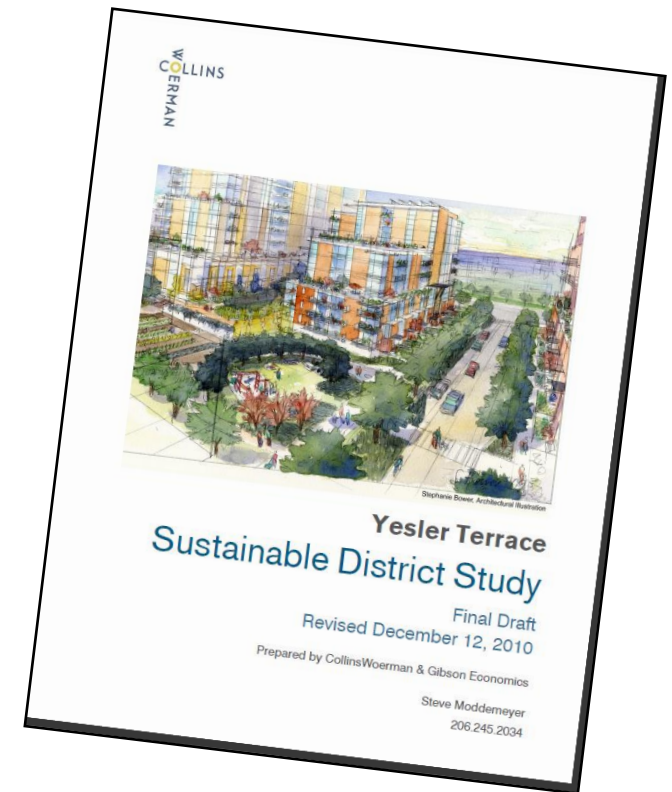
# Seattle, USA Yesler Terrace

Seattle, WA

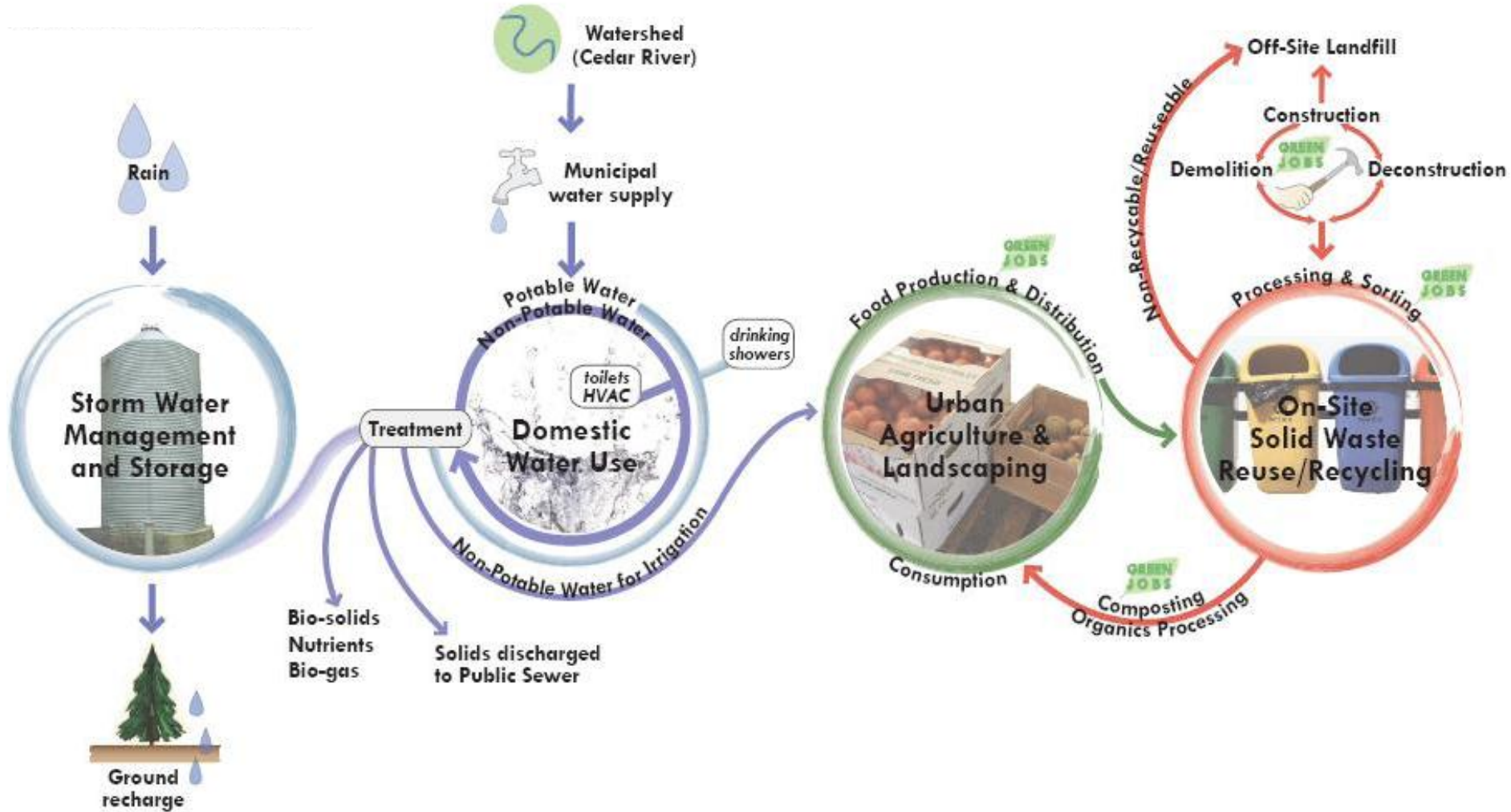


# YESLER TERRACE SUSTAINABLE DISTRICT STUDY

- Evaluated district scale opportunities
- Meet or beat levels of service of business-as-usual ... at the same or lower costs
- Measured benefit/cost and triple bottom line
- Emphasized designs that promote sustainability and resilience.



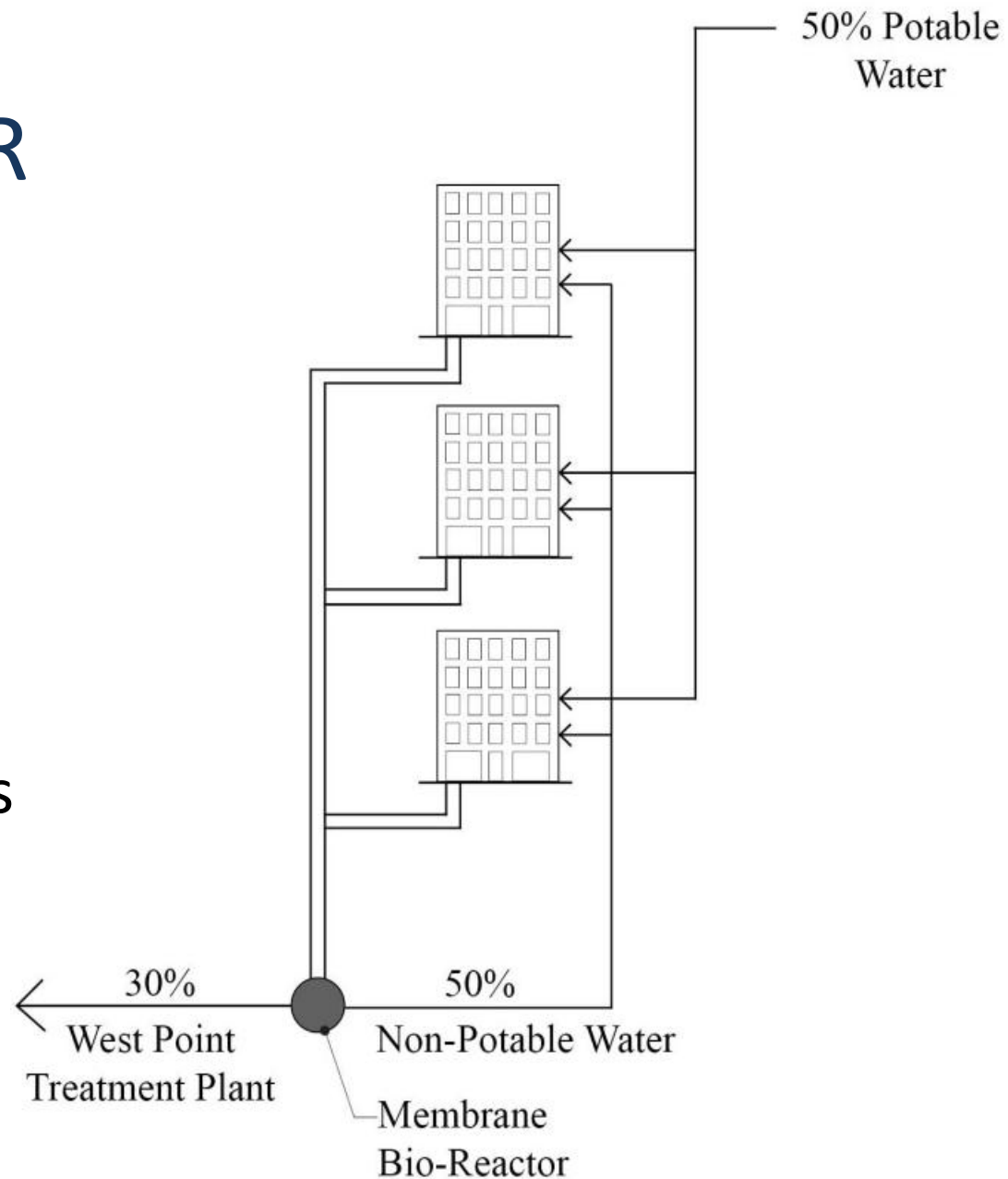
# METABOLIC LANDSCAPE FLOWS



COLLINSWOERMAN SEATTLE, USA

# RESULTS: WATER

- 45% reduction in potable water use
- 70% reduction in wastewater flows
- \$300,000 per year lower than SPU rates
- Private capital available to build infrastructure





RECYCLED WATER  
TO SUPPLY  
TOILET FIXTURES  
COOLING TOWER

MEMBRANE  
BACKWASH  
STORAGE  
TANK

ODOR  
CONTROL  
SYSTEM

 SyncroFlo

ANOXIC



# RESULTS: ENERGY

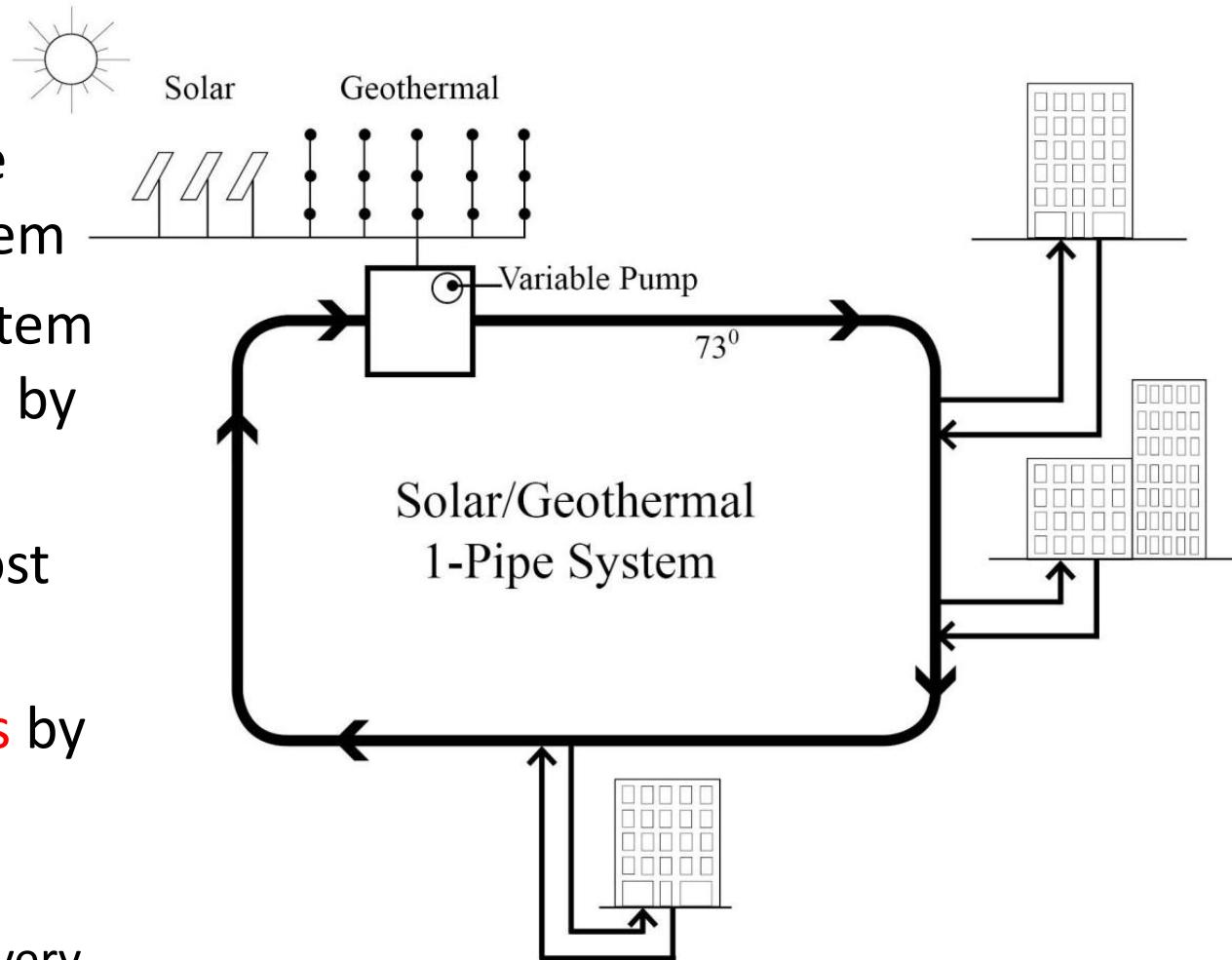
*Geo-Exchange/Solar Hot Water System preferred:*

- Over 90% of energy for heating and cooling from onsite renewable energy
- 25% reduction in energy from the grid
- 40% reduction in peak demand
- 4,200 metric tons reduction of CO<sub>2e</sub>
- Smallest land use requirement
- Least expensive
- Scalable over time



# AMBIENT TEMPERATURE THERMAL LOOP

- Buildings balance uses between them
- Thermal loop system temp maintained by onsite energy
- Same or lower cost
- **Decouple from energy price rises** by using:
  - Solar hot water
  - Sewer heat recovery
  - Geo-exchange



# MORE EXAMPLES

- Seoul
- Stockholm
- Qingdao
- Singapore
- Zhangjiawo, China
- Star City, Seoul

# Chonggyecheon Seoul, Korea



Chonggyechon Seoul, Korea



# Chonggyechon Seoul, Korea







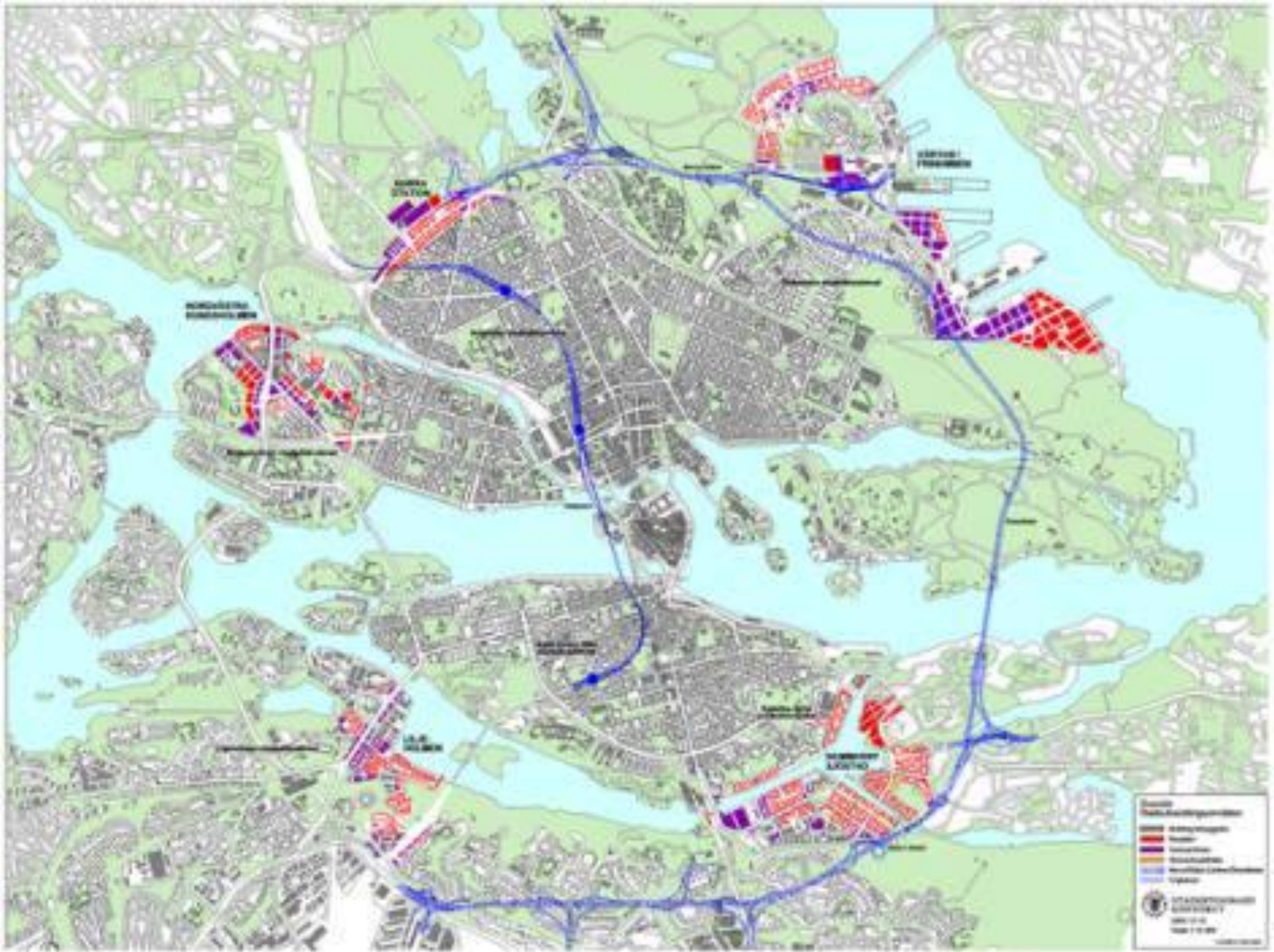


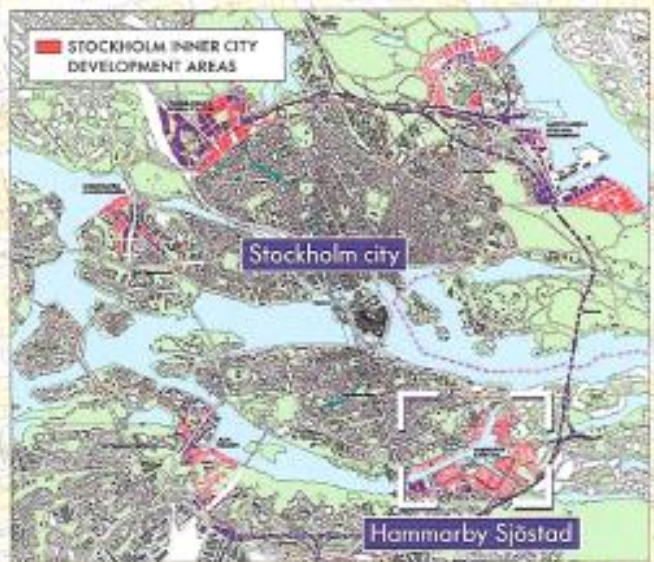
Chonggyecheon Seoul, Korea



# Hammerby Sjostad

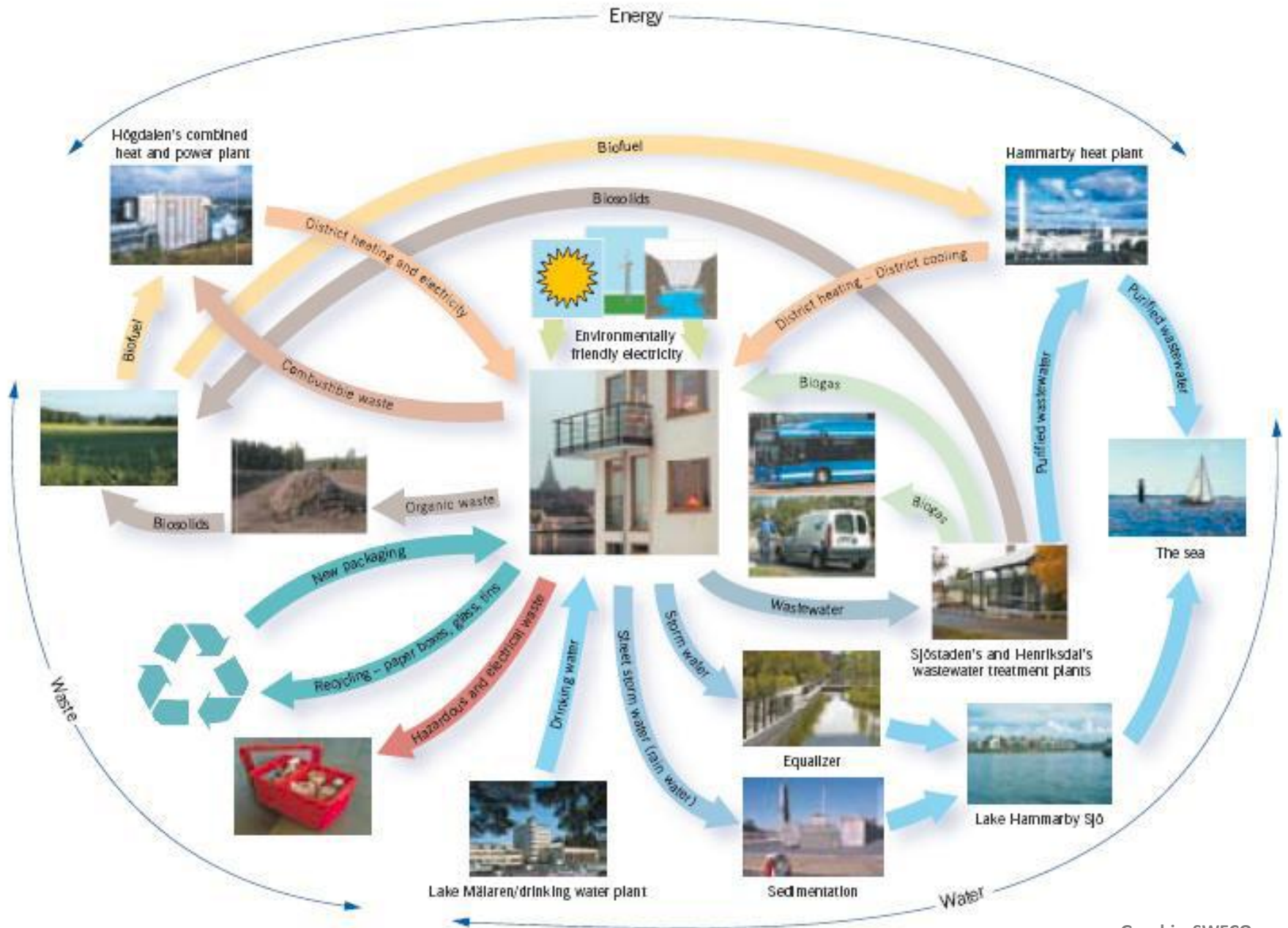








Energy



Graphic: SWECO

# Resilience as a Framework for Sustainability

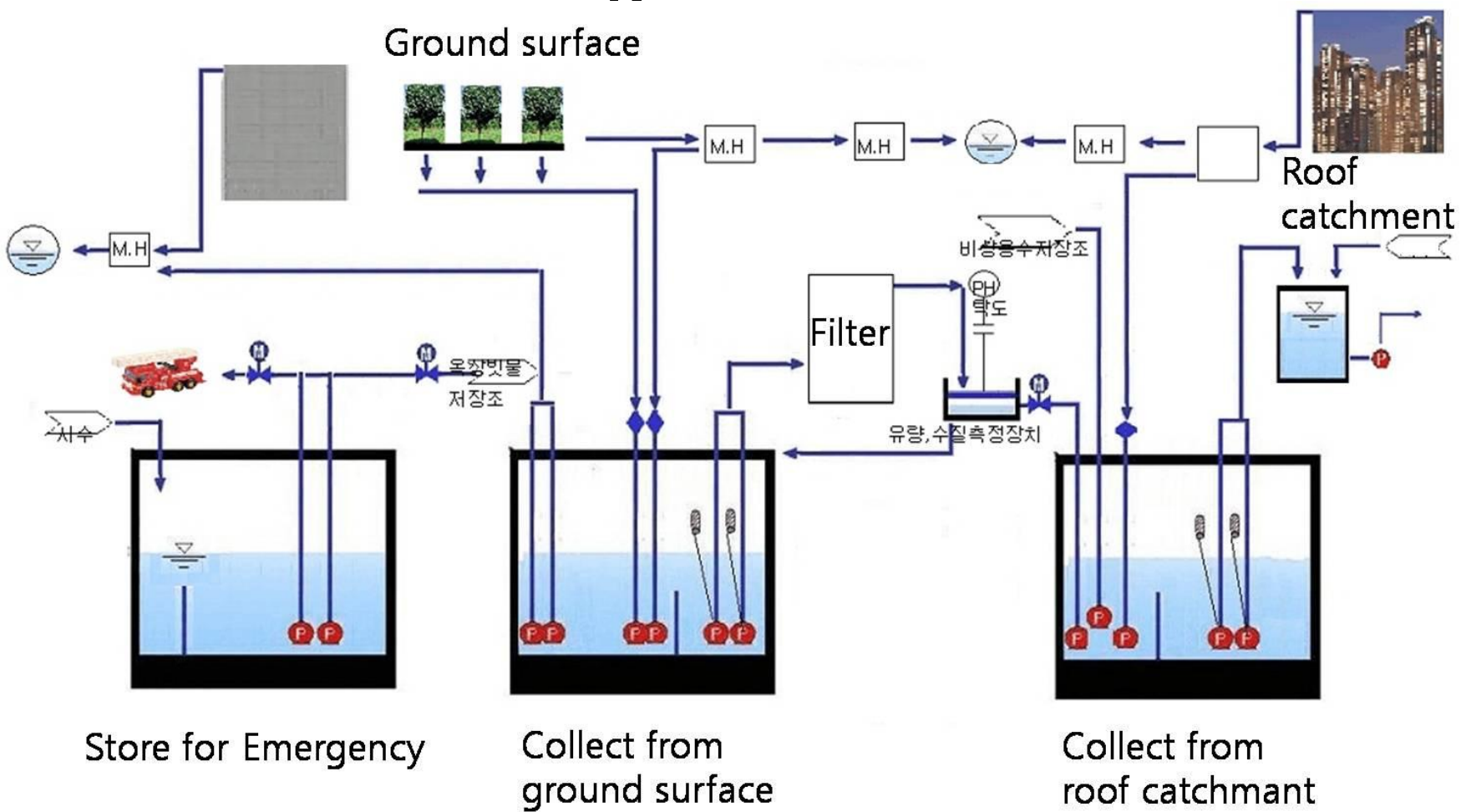




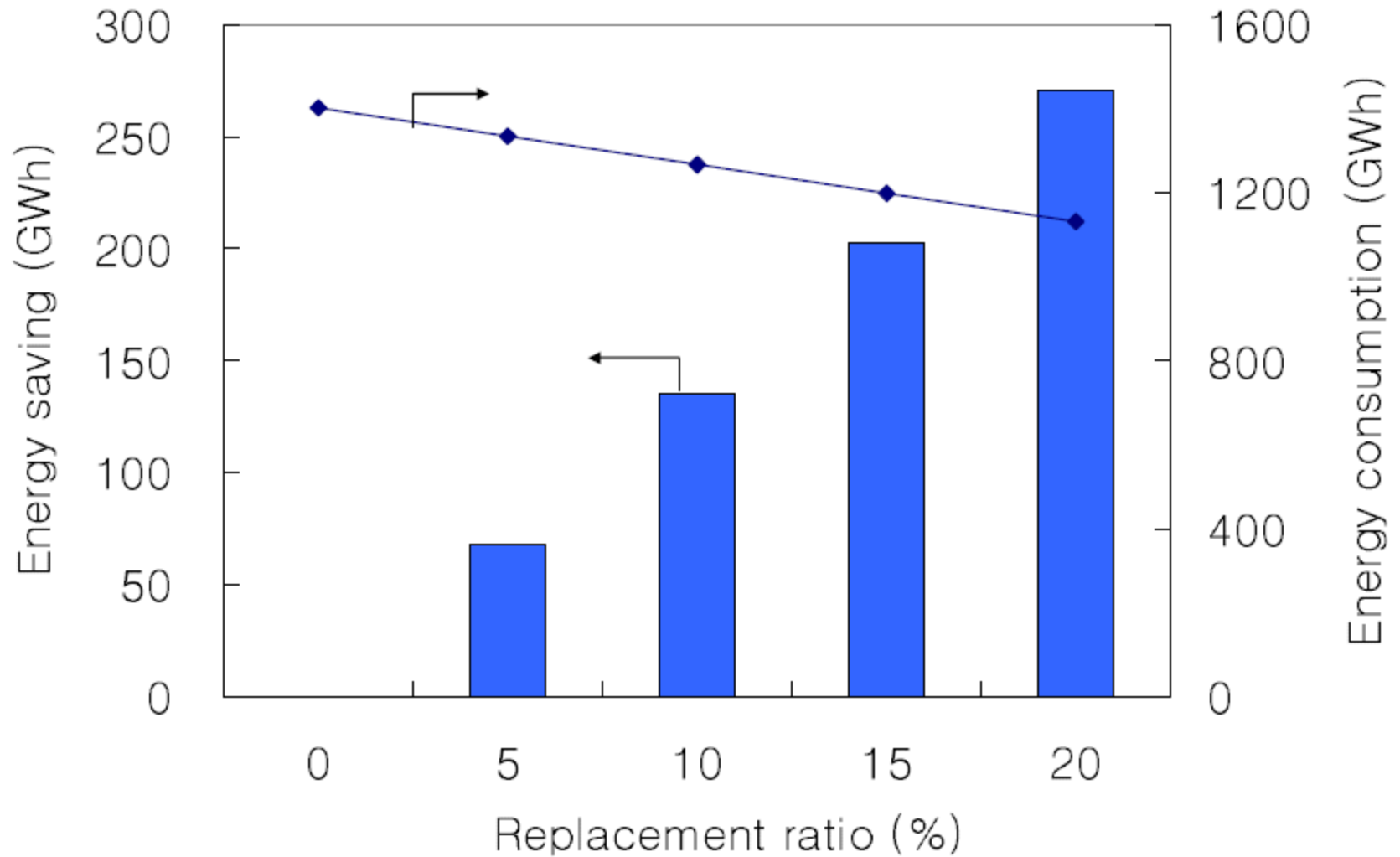
# Star City, Gwangjin-gu, Seoul, Korea



# Star City, Gwangjin-gu, Seoul,

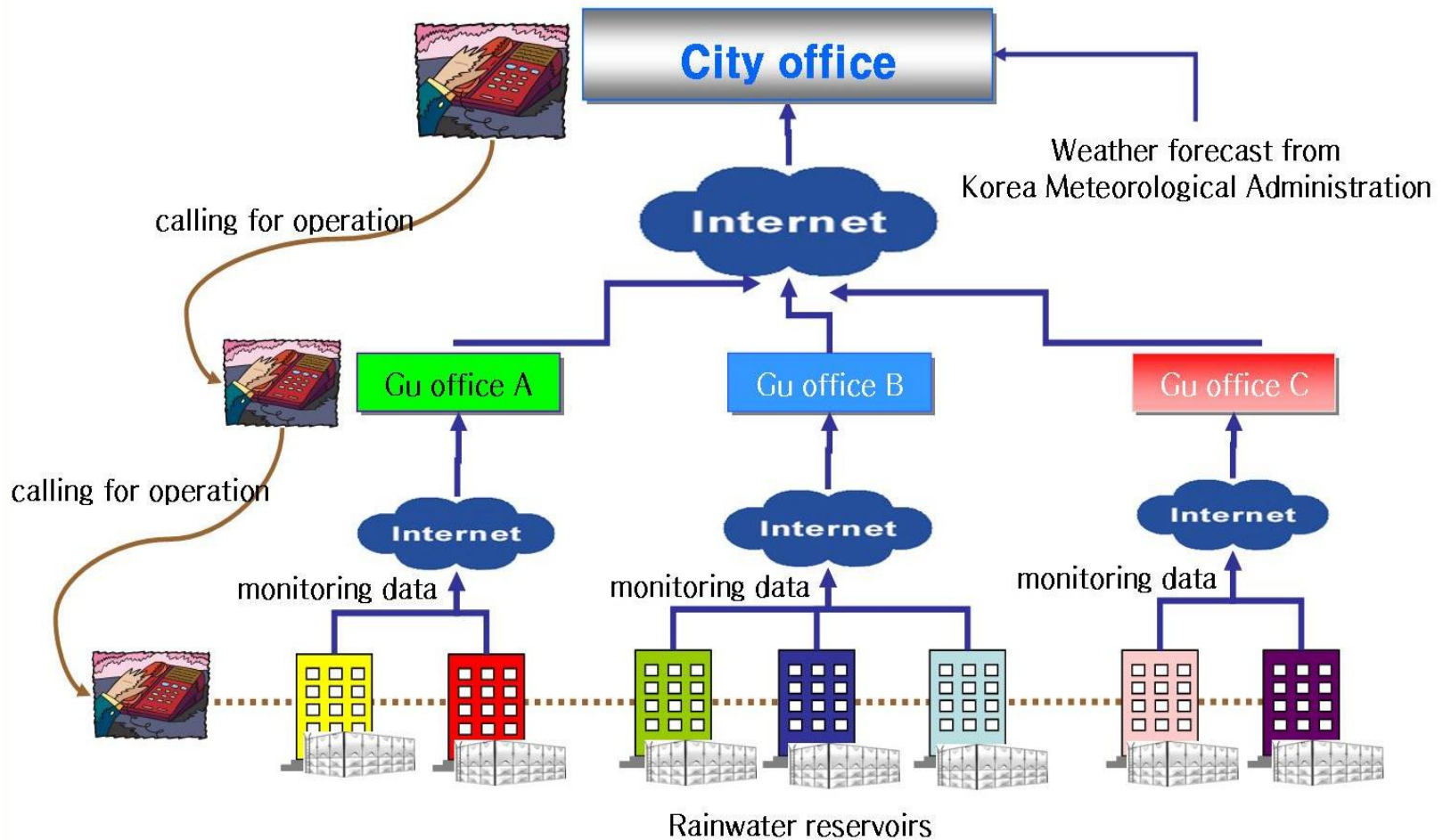


# Star City, Energy Savings



Graphic: Mooyoung Han, Seoul National University

# Star City, Centralized Management of Rainwater Tanks



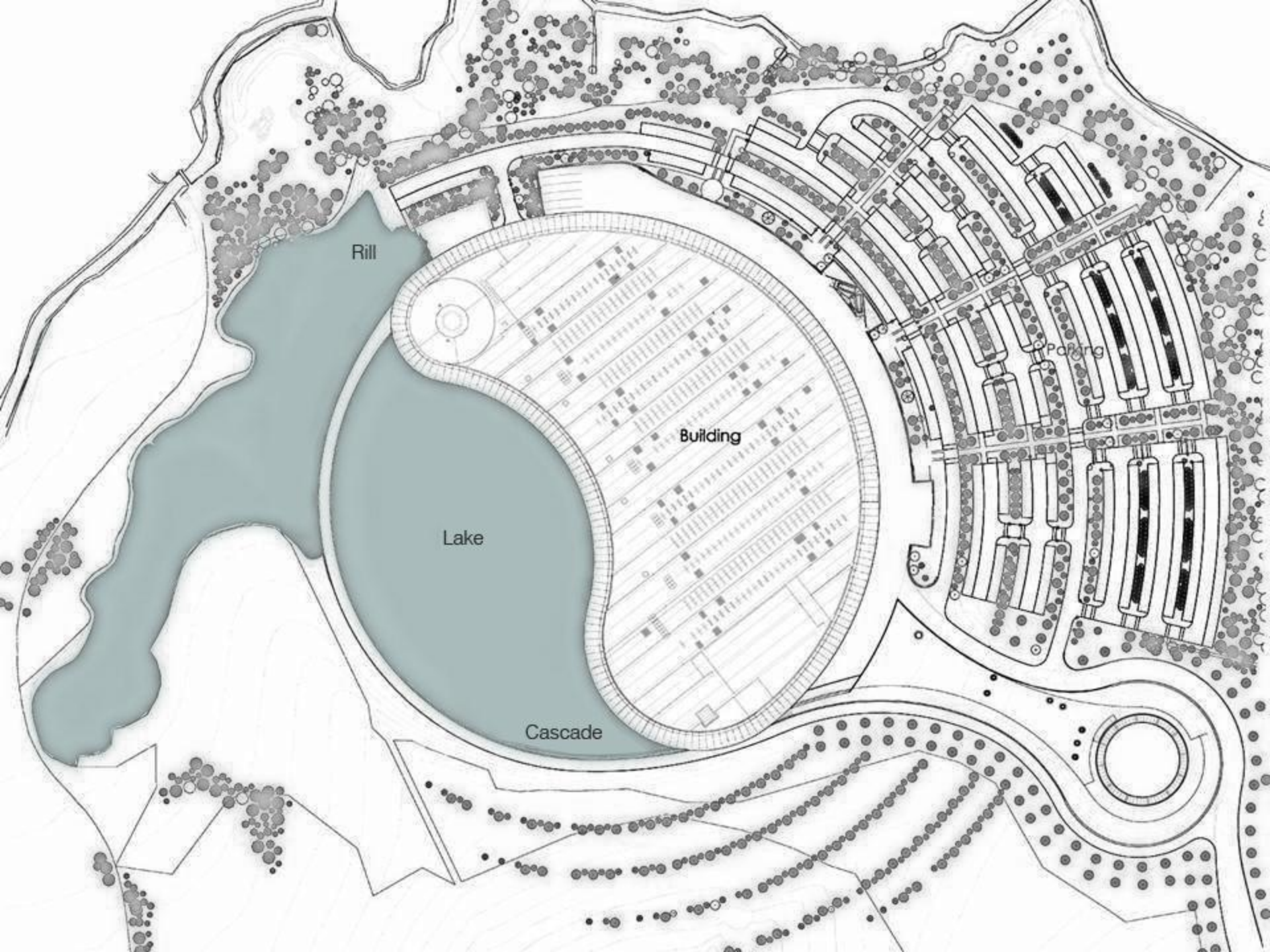
Graphic: Mooyoung Han, Seoul National University

Resilience as a Framework for Sustainability

Paragon research and design center, McLaren, London







Rill

Building

Lake

Cascade

Parking





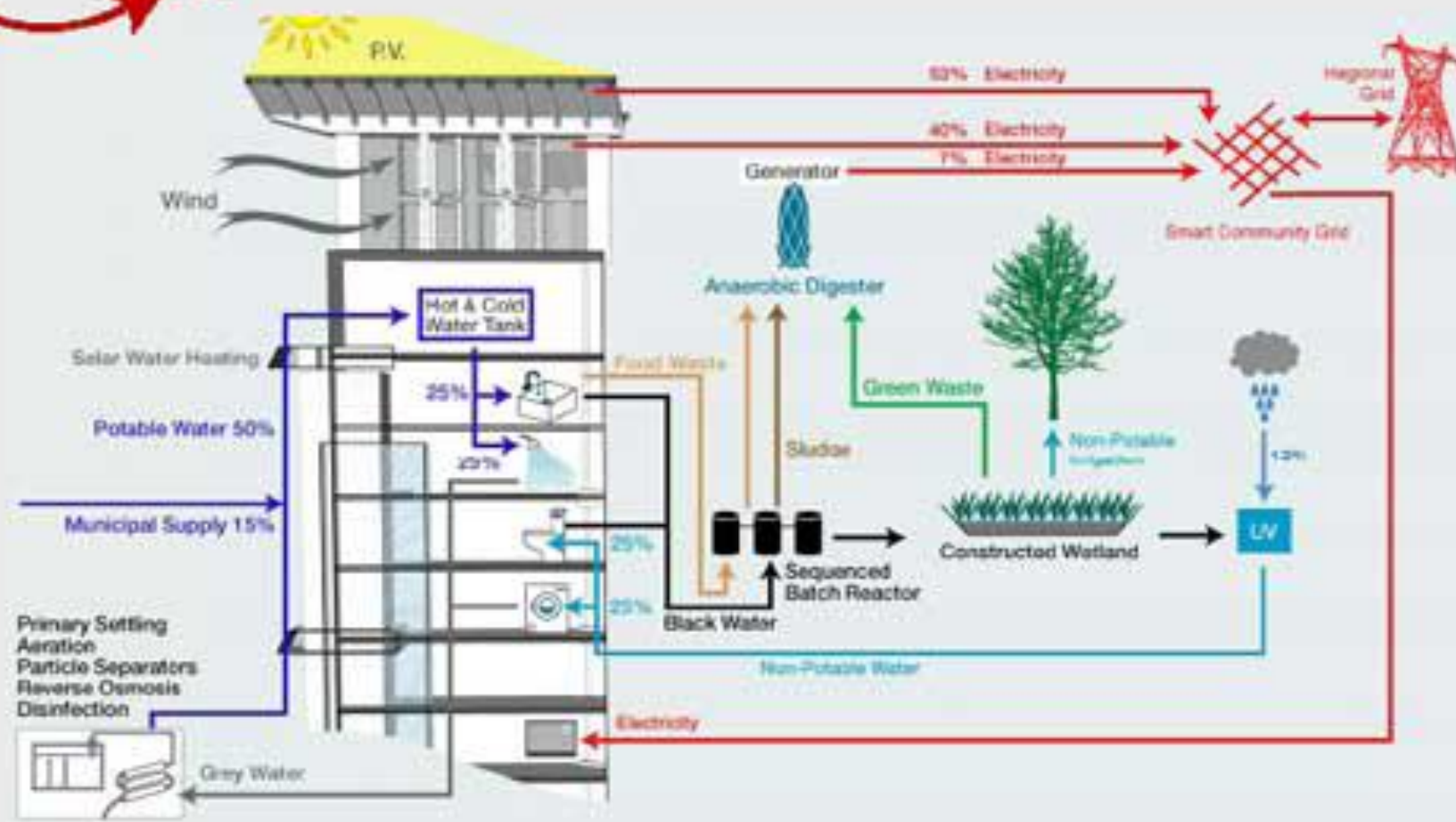


# Qingdao, China (eco-blocks)





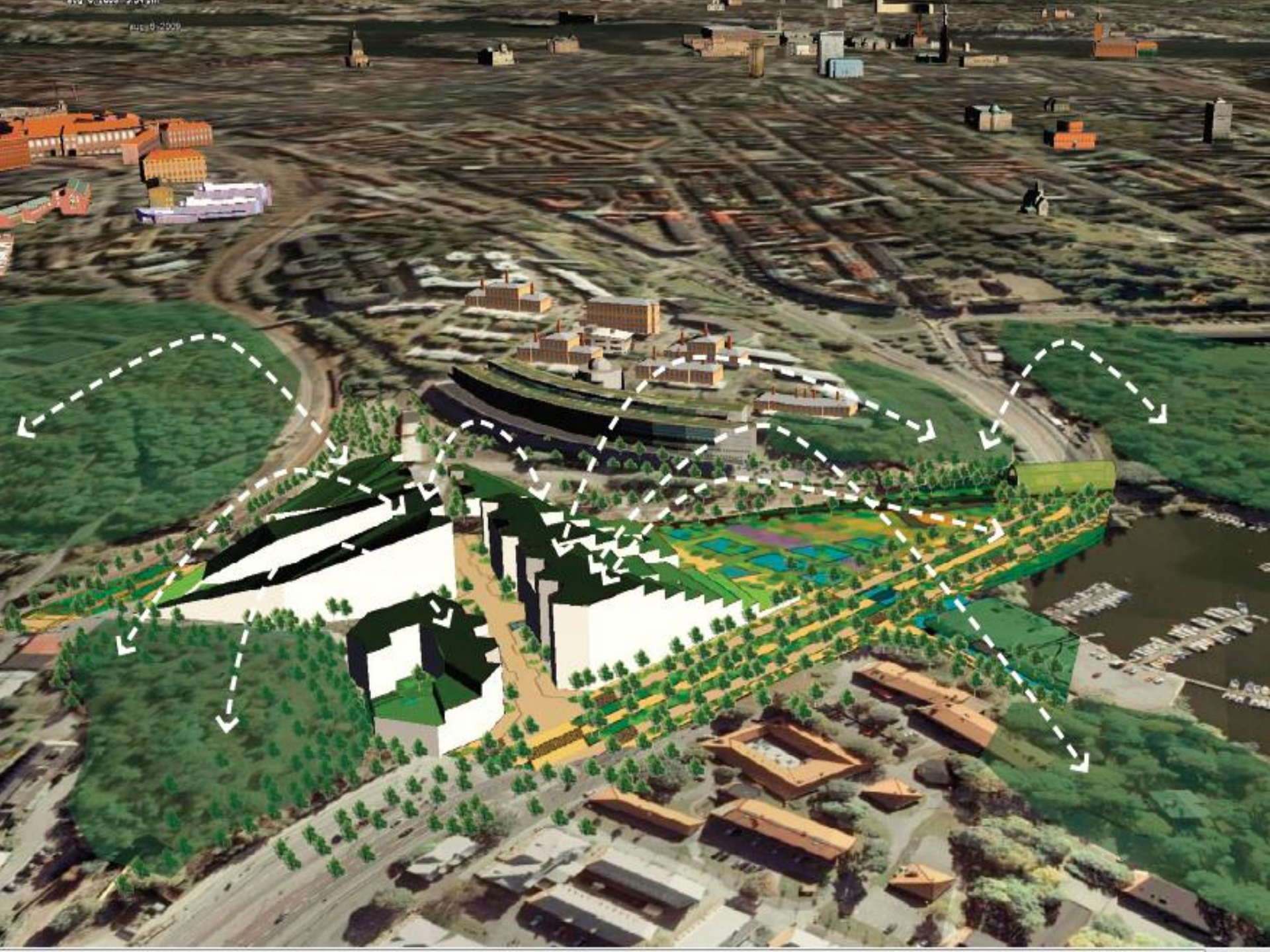
# Whole Systems Design: integrated systems that are mutually beneficial



# STOCKHOLM RESILIENCE CENTRE



image: Q-book Albano 4



# STOCKHOLM RESILIENCE CENTRE



Photo: Q-book Albano 4



Image: Q-book Albano 4

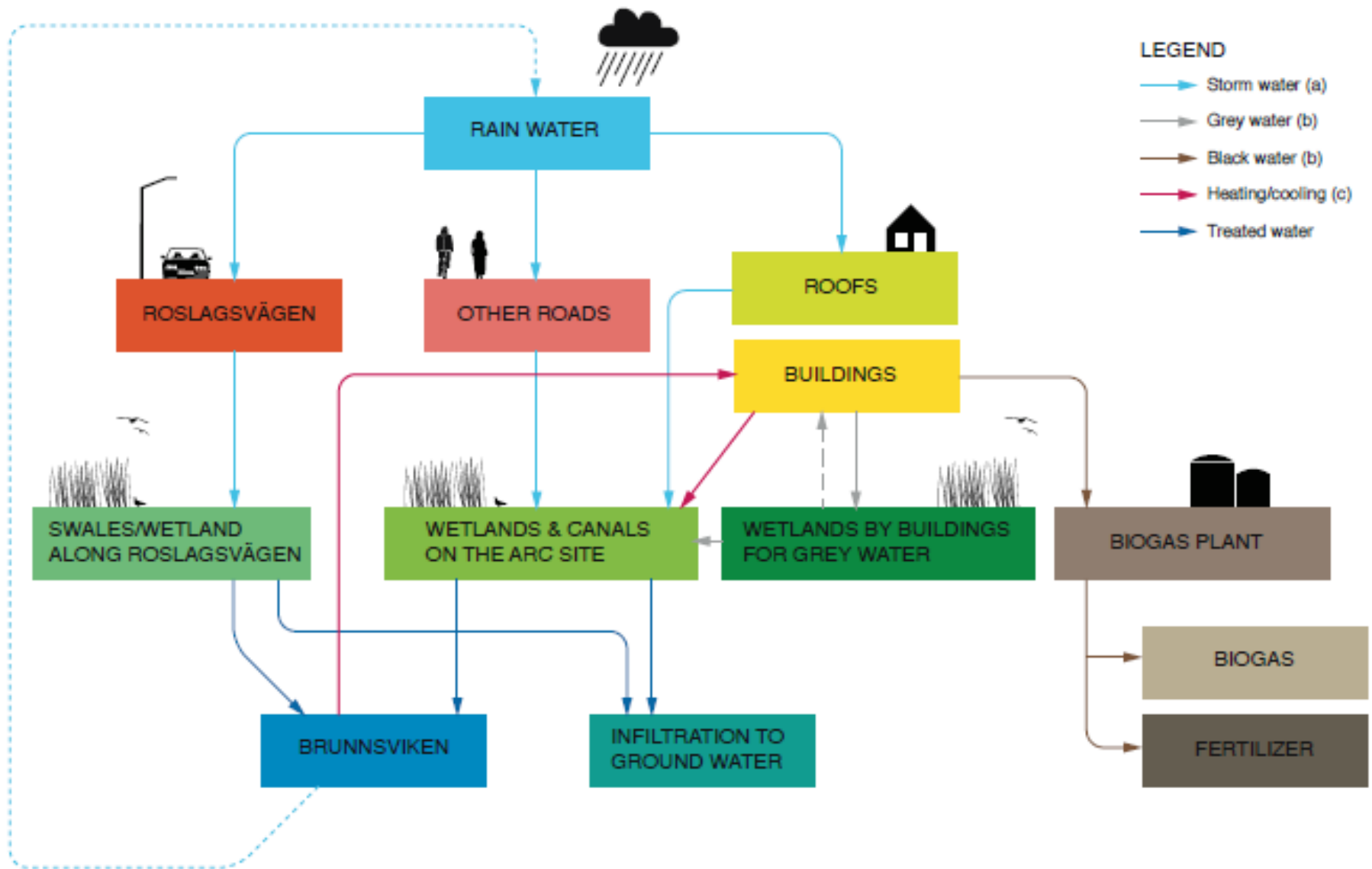


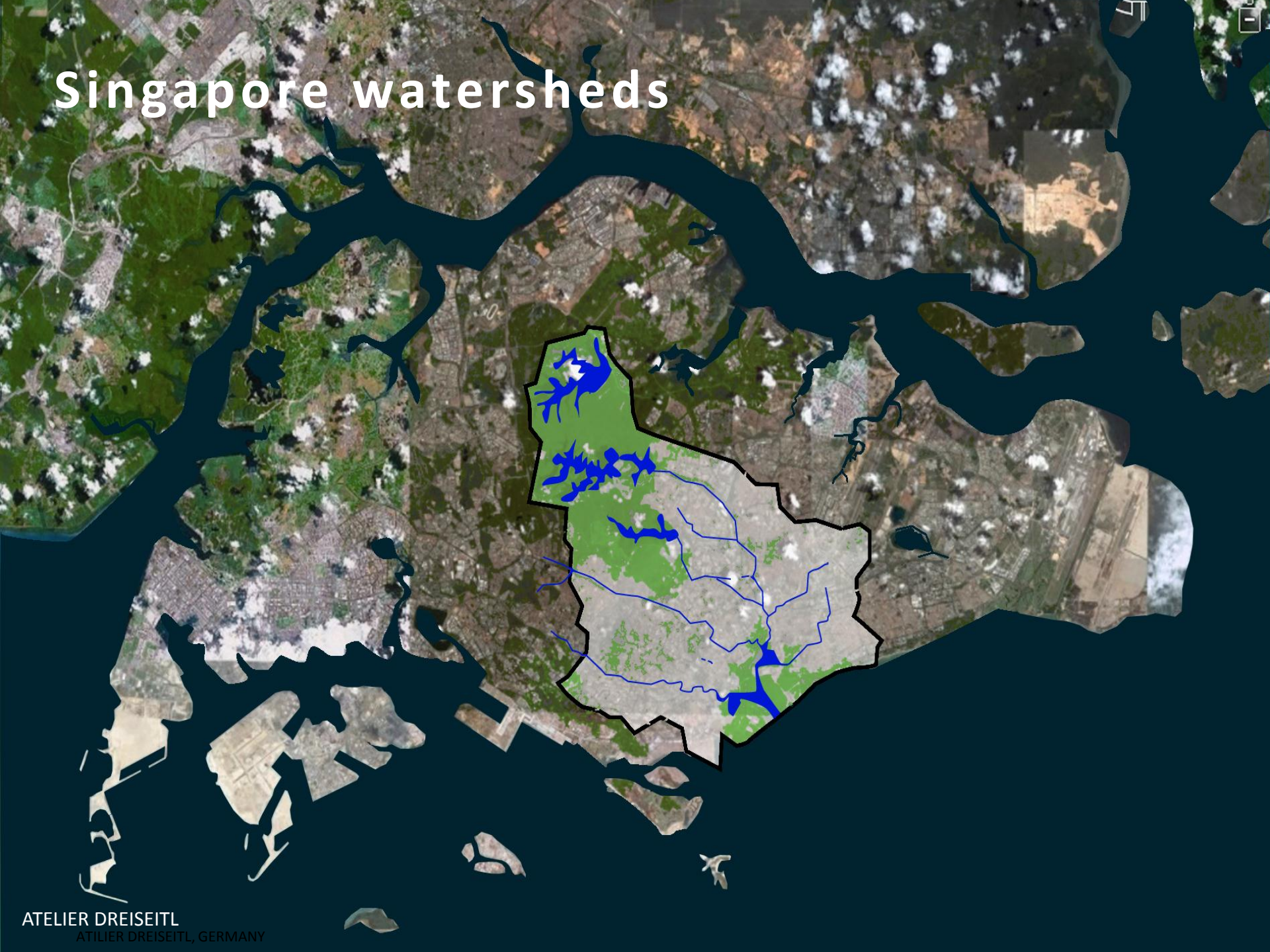
Image: Q-book Albano 4



# Singapore Watersheds



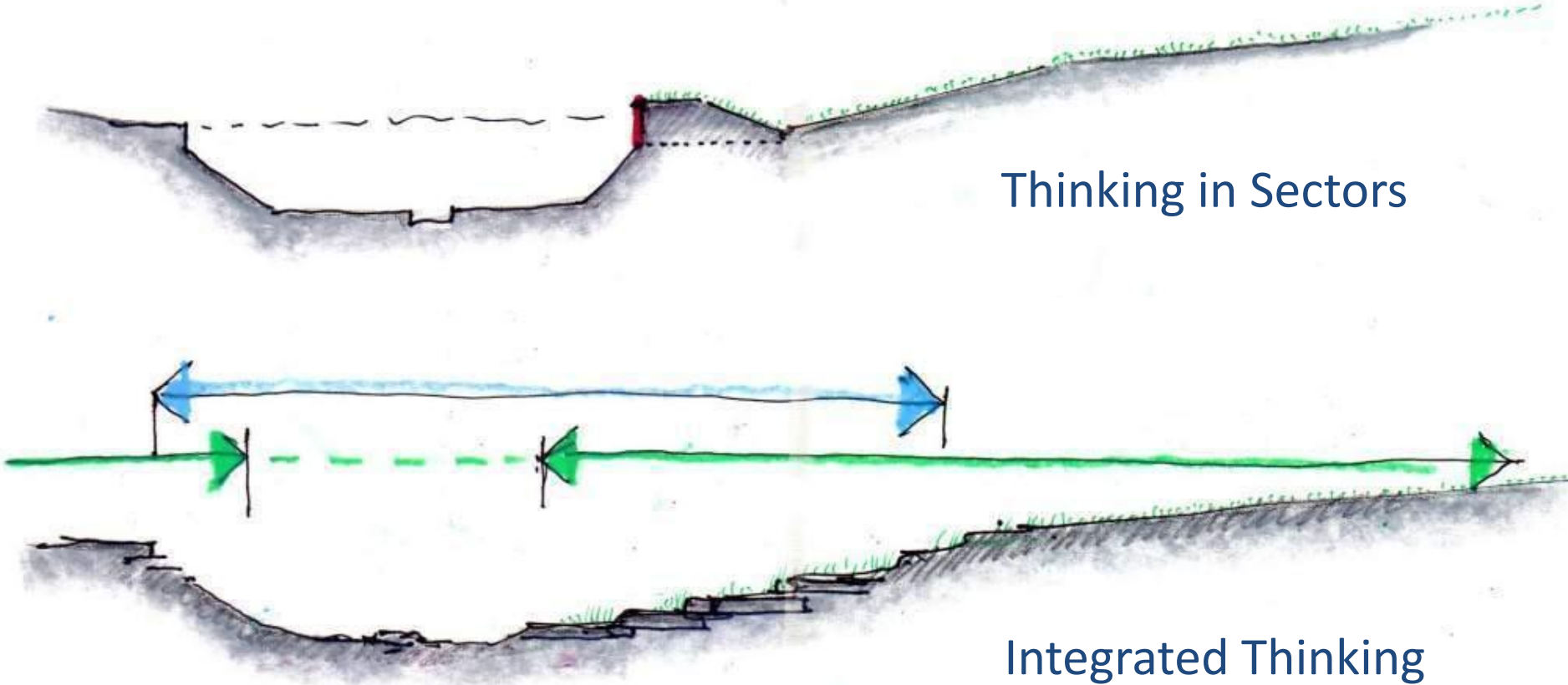
# Singapore watersheds







Thinking in Sectors



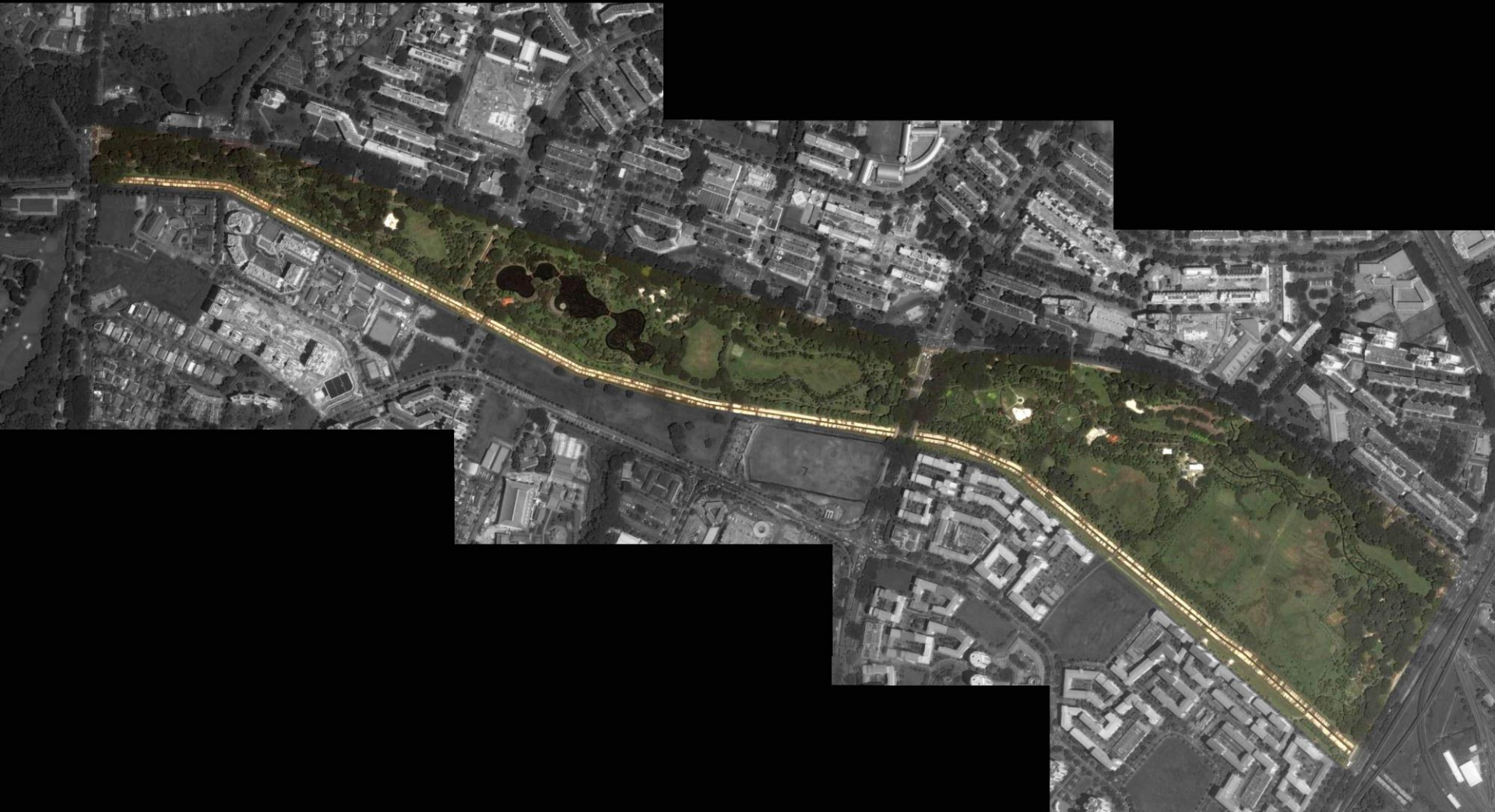
Integrated Thinking

This means:

Overlapping of Territories River – Park

Overlapping of Responsibilities PUB - NP

Overlapping of Maintenance and Service PUB - NP







20 Years Later

Today

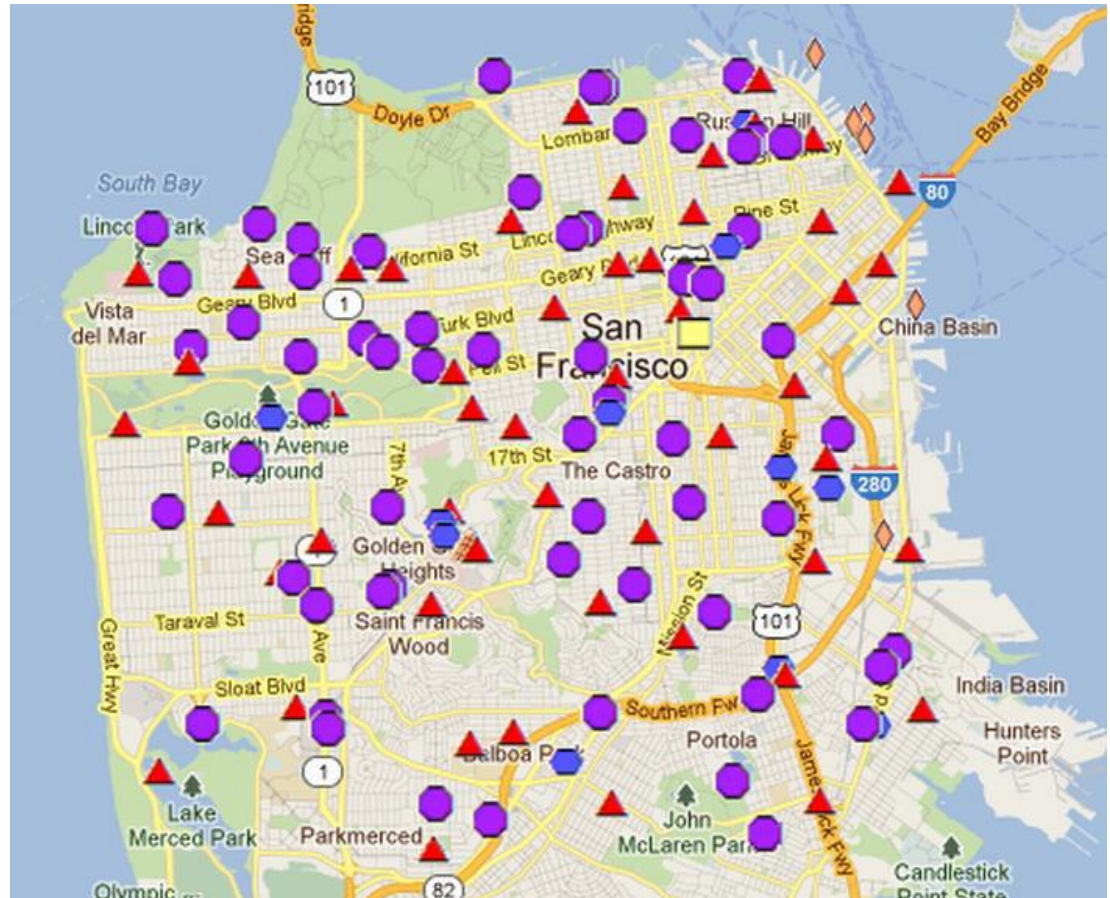
Bishan Park 2031





# 6. CAN WE CREATE A CITY THAT IS RESILIENT TO ALL KINDS OF CHANGE?

CAN WE  
LEVERAGE  
SEISMIC  
RESILIENCE TO  
CREATE CITY-  
WIDE  
RESILIENCE TO  
ALL KINDS OF  
CHANGE?



# LEVERAGING RISK-BASED STRATEGIES

## RISK-BASED

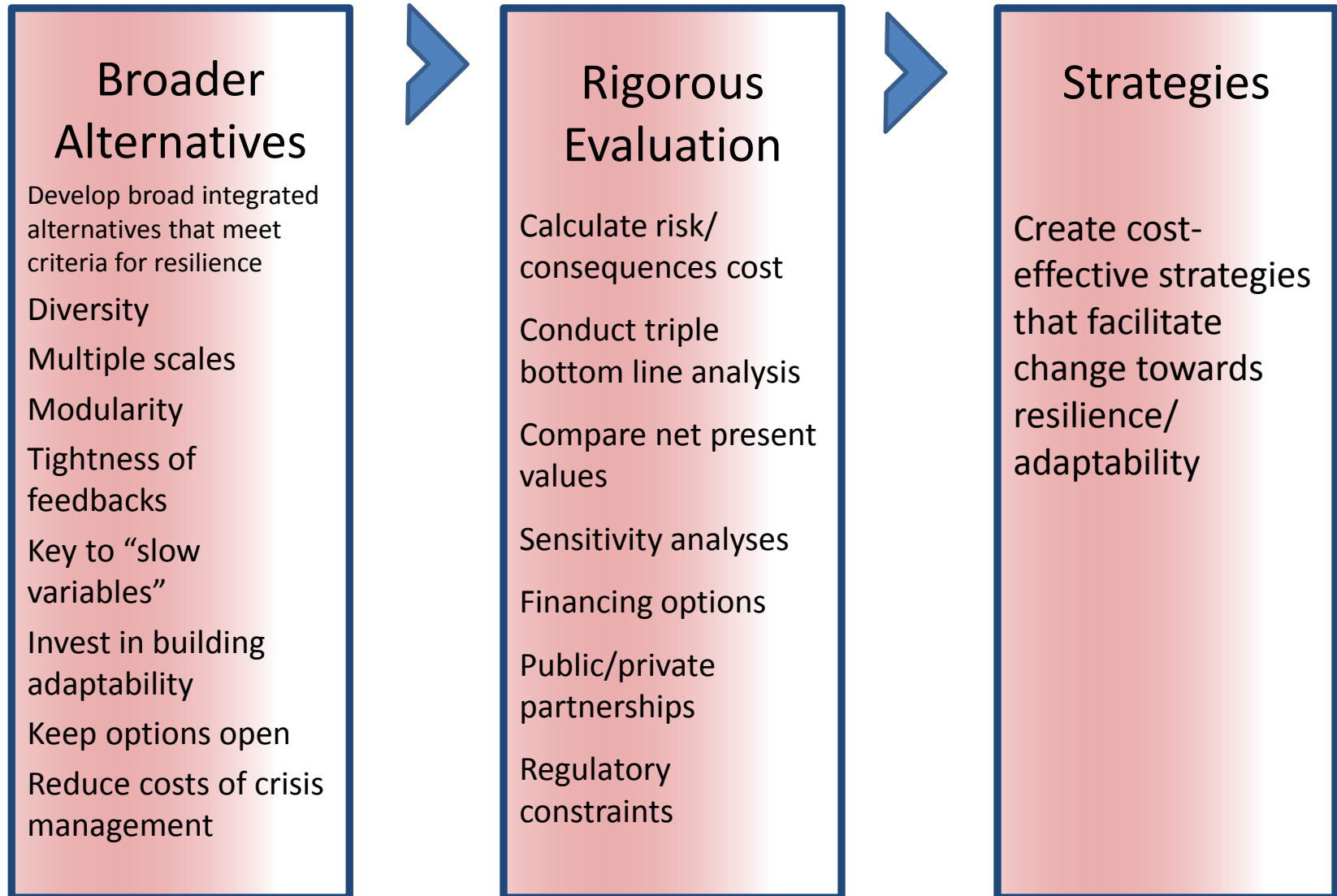
- Identify and model risks
- Set a design standard (San Andreas M7.9 or sea level rise of x feet by xx date)
- Develop a range of mitigation strategies before, during and after an event

Keep driving towards city-wide resilience?

## RESILIENCE-BASED

- Identify attributes of resilient systems
- Apply these attributes to all capital spending
- Include design risk *and* residual risks
- Use full array of risks to identify strategies that transcend any particular risk
- The Triple Bottom Line: Social resilience, ecological resilience, economic resilience

# PROCESS APPROACH



# RISK, DESIGN, AND RESIDUAL RISK

*Create robust strategies that help to mitigate all kinds of risk and uncertainty:*

- *Climate change*
- *Sea level rise*
- *Earthquake*
- *Severe weather*
- *Landslide*
- *Liquefaction*
- *Disease outbreak*
- *Economic shifts*
- *Social instability*
- *Technological risk*
- *Systemic failures of any kind*
- *Obsolescence*

# HOW TO PLAN FOR RESIDUAL RISK

## RISK

## RESPONSE

**0-1FT RISE:**  
No changes necessary

- Monitor situation



**1-3FT RISE:**  
Occasional flooding at high tide 1- 10x/yr;  
occasional disruption  
minor damage

- Consider enhanced drainage
- Reinforce most vulnerable areas
- Consider seawall height increase
- Develop adaptive response strategies



*Design risk*

*Residual risk*

**3-6FT RISE**  
Regular flooding at high tide 11-30x/yr;  
moderate damage to facilities and cargo

- Raise seawall
- Raise operating areas
- Consider elevated storage options
- Routine flood warning sirens (like in Venice)







**6FT+ RISE**  
Major disruption to operations  
Major flooding of service and public roads

- Relocate port facilities
- Increase throughput to minimize onsite storage
- Raise operating area
- Multi-level ship off-loading?
- Floating facilities







# COMPARE STRATEGIES FOR VARIOUS RESIDUAL RISKS





## Flooding

RISK	RESPONSE
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## Sea level rise

RISK	RESPONSE
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## Storm surge

RISK	RESPONSE
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## Earthquake

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## Drought

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## Landslide

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## Disease outbreak

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## Economic shifts

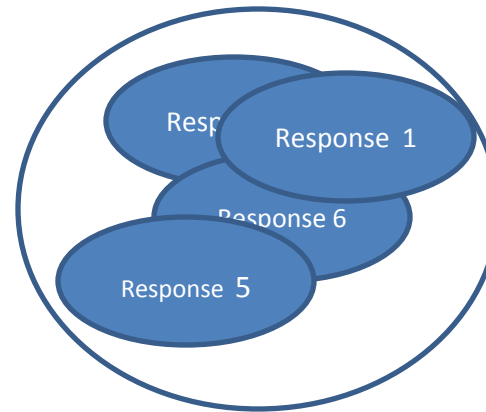
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## Social instability

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<b>0-1FT RISE:</b> No changes necessary	<ul style="list-style-type: none"> <li>Monitor situation</li> </ul> 
Occasional flooding at high tide 1-10x/yr; occasional disruption; minor damage	<ul style="list-style-type: none"> <li>Reinforce most vulnerable areas</li> <li>Consider seawall height increase</li> <li>Develop adaptive response strategies</li> </ul> 
<b>3-6FT RISE:</b> Regular flooding at high tide 11-30x/yr; moderate damage to facilities and cargo	<ul style="list-style-type: none"> <li>Raise seawall</li> <li>Raise operating areas</li> <li>Consider elevated storage options</li> <li>Routine flood warning sirens (like in vessel)</li> </ul> 
<b>6FT+ RISE:</b> Major disruption to operations; Major flooding of service and public roads	<ul style="list-style-type: none"> <li>Relocate port facilities</li> <li>Increase throughput to minimize onsite storage</li> <li>Raise operating areas</li> <li>Multi-level ship off loading?</li> <li>Floating facilities</li> </ul> 

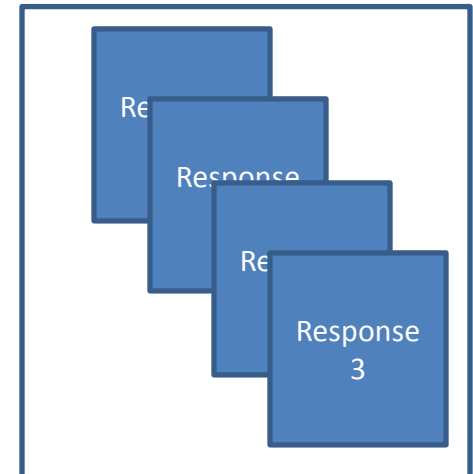
# CATEGORIZE RESIDUAL RISK RESPONSES

- Assemble responses to residual risk into clusters based upon similar attributes
- Identify common attributes residual risk responses
- Turn these attributes into criteria to evaluate the robustness of near term risk mitigation strategies.



LIST OF COMMON ATTRIBUTES

- A. ATTRIBUTE
- B. ATTRIBUTE
- C. ATTRIBUTE



LIST OF COMMON ATTRIBUTES

- A. ATTRIBUTE
- B. ATTRIBUTE
- C. ATTRIBUTE



# USE RESIDUAL RISK CRITERIA TO MAKE INCREMENTAL INVESTMENTS THAT KEEP OPTIONS OPEN

- Apply criteria developed in residual risk strategies to near-term incremental investments
- Prefer those incremental investments that do not foreclose responses to residual risk

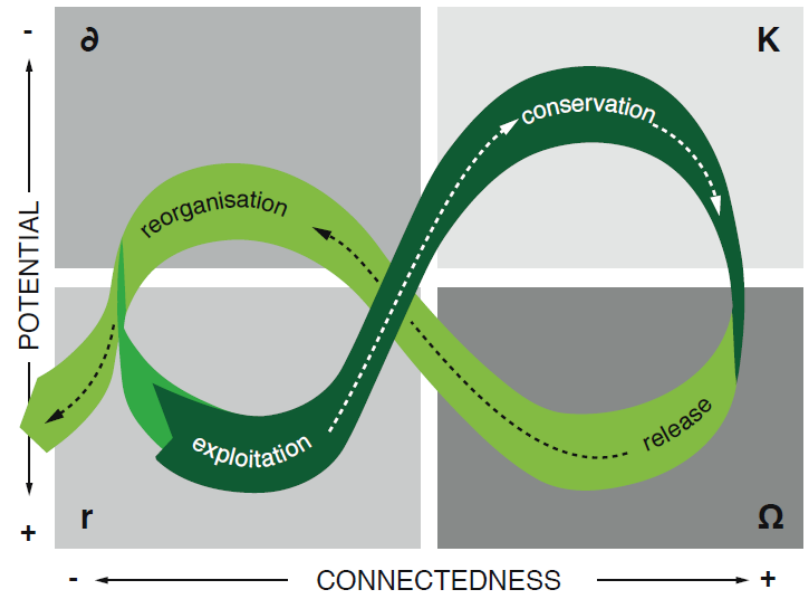
# PLANNING FOR RESILIENCE AT THE LOCAL LEVEL

- Comprehensive plan updates
- Neighborhood plan updates
- Transit Oriented Development
- Disaster mitigation planning
- Campus planning
- Master planned developments
- Utility/infrastructure planning
- Climate change strategies
- Capital planning (10-year CIP)

# COMP PLAN UPDATE

## *Add resilience:*

- Show how we will accommodate growth AND how we will shorten the time for recovery
- Prioritize strategies that increase our capacity to bounce back



# RESILIENT COMP PLAN GOALS & POLICIES

NEIGHBORHOOD GOAL Increase the neighborhood's capacity to recover from sudden or long-term change

POLICY Reduce demand for outside infrastructure services

POLICY Encourage cost effective neighborhood systems that work with onsite renewable resources such as sun, rain, vegetation, and ecological habitats

POLICY Encourage social networks

POLICY Manage landscapes and install infrastructure in support of local food policies

EXAMPLE

# RECAP

1. Cities of the Future must adapt
2. Uncertainty is high
3. Shift to incremental investments with a portfolio of options
4. Plan for resilience - both growth and disturbance
5. Learn from good examples and create more
6. Can we create a city that is resilient to all kinds of change?
7. Recommendations

# THREE RECOMMENDATIONS

1. Leverage seismic resilience achievements to create city-wide resilience and sustainability
2. Plan for all kinds of change – sudden and long-term, residual risk and “Black Swan” events
3. Add city-wide resilience criteria to all planning and capital investments

# DISCUSSION

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